



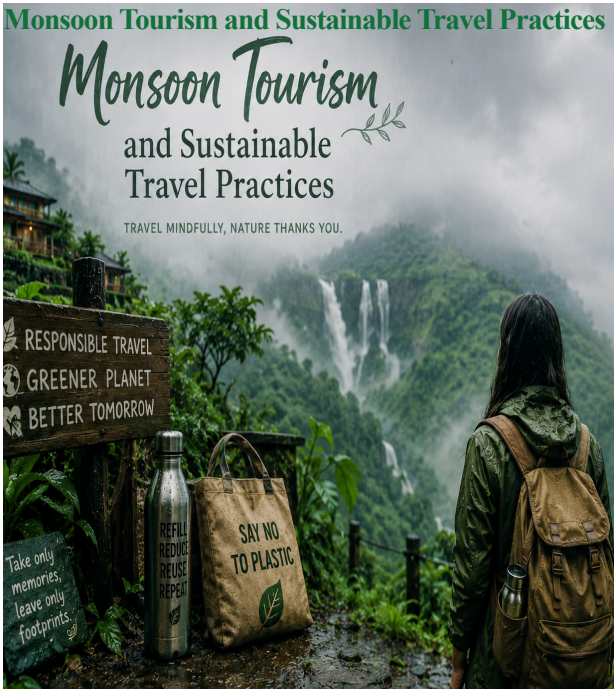
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I.M.S TODAY



AI ki Duniya

Keshav

Navigating the Frontier

The pace of artificial intelligence development has shifted from a sprint to what feels like a perpetual marathon. As we navigate the mid-year of 2026, 'AI Ki Duniya'—the world of artificial intelligence—is no longer just about generating text or images. It has moved into a phase of deep integration, agentic workflows, and unprecedented reasoning capabilities.

The Rise of Agentic AI

The most significant shift this year is the move toward 'Agentic AI.' We are transitioning from AI models that simply respond to prompts to AI agents that can perform tasks. Tools like Gemini Spark represent this new paradigm: an AI that does not just talk, but acts. These agents can manage complex, multi-step goals—like coordinating schedules across apps, drafting documents, and managing digital infrastructure—with minimal human intervention.

"The era of the 'passive chatbot' is closing. The future belongs to AI systems that act as autonomous agents, orchestrating our digital lives behind the scenes."

Reasoning and Scientific Breakthroughs

On the technical front, models like Gemini Pro are pushing the boundaries of what is possible in deep reasoning and multi-step problem solving. These state-of-the-art models are becoming essential partners for scientists and engineers. By analyzing massive datasets and identifying patterns beyond human scale, they are accelerating discoveries in material science, medicine, and climate modeling.

The Democratization of Creativity

AI is also fundamentally changing how we tell stories. With platforms like Storybook, the barrier between a fleeting idea and a polished, illustrated digital narrative has vanished. Whether it is transforming complex memories into structured books or converting abstract concepts into illustrated educational material, the integration of multi-modal AI—text, voice, and imagery—is creating new forms of personal and professional expression.

Looking Ahead: The Ethical Horizon

As these tools become more powerful, the conversation in 2026 has matured. It is no longer just about 'what can it do?' but 'how do we ensure it serves humanity?' Privacy, data security, and the alignment of AI goals with human values remain the most critical challenges. We are seeing a move toward more transparent, explainable AI, ensuring that as these systems make decisions, the logic behind them remains accessible.

IMS Ghaziabad (University Courses Campus) Receives Platinum Rating for Teaching & Learning in QS I-GAUGE Assessment

IMS News Service

Ghaziabad: Continuing its 36-year legacy of excellence, innovation and quality education, IMS Ghaziabad (University Courses Campus) has achieved another significant milestone by earning a Platinum Rating in the prestigious QS I-GAUGE assessment. This recognition reinforces the institution's commitment to academic excellence, student-centric education and social responsibility, further strengthening its reputation at the national level.

Under the QS I-GAUGE evaluation framework, the institution was assessed across multiple performance parameters. IMS Ghaziabad (University

Courses Campus) was awarded the Platinum Rating in Teaching & Learning, Facilities, and Governance & Structure. The institution also secured the Diamond Rating in Academic Development. Additionally, it received Gold Ratings in Diversity & Accessibility, Faculty Quality, Employability, and Social Responsibility, while being awarded a Bronze Rating in Arts & Culture. It is noteworthy that QS I-GAUGE is one of India's leading independent higher education rating systems, developed using the expertise and global quality benchmarks of QS (Quacquarelli Symonds), United Kingdom (UK).

The rating framework evaluates Indian uni-



IMS Ghaziabad (University Courses Campus)

Proudly Rated

by **QS I-GAUGE**



versities and higher education institutions on key parameters such as teaching quality, research, employability, governance, social responsibility, diversity, and overall institutional excellence.

Expressing his delight over this remarkable achievement, CA (Dr.) Rakesh Chharia, General Secretary, IMS Ghaziabad, said, "This accomplishment is the

result of the collective efforts of our students, faculty members, and staff. Our unwavering commitment to quality education, innovation, and value-based learning continues to inspire us to reach new milestones. We are confident that IMS will continue to set new benchmarks of excellence at both the national and global levels in the years to come."

On this occasion,

Prof. (Dr.) Jaskiran Kaur, Director, IMS Ghaziabad (University Courses Campus), remarked, "The recognition received in the QS I-GAUGE assessment is a testament to our academic excellence, innovative teaching practices, and unwavering commitment to holistic student development. This achievement motivates us to strive for even greater standards

of excellence. In today's competitive world, success depends not only on academic qualifications but also on skills, leadership qualities, and a strong sense of social responsibility. Our goal is to nurture students who contribute meaningfully to society and nation-building while excelling in their chosen professions."

This prestigious recognition further reflects IMS Ghaziabad (University Courses Campus)'s long-standing commitment to academic excellence, quality education, and holistic institutional development, reaffirming its position as one of the leading higher education institutions in the country.

A Greener Tomorrow Starts Today: Small Actions, Big Environmental Impact

Yashika Agarwal

New Delhi: With the year 2026 fast approaching, our collective attention has turned to reaching certain global climate targets. We have always recognised that large-scale changes in government policy and industrial practices are important, but an increasing number of studies suggest that the way individuals make everyday decisions plays a significant role – in many cases an under-recognised one – in producing broad, systemic change. The belief that an individual can have no impact on the world around them has been replaced by a growing realisation that the "ripple effect" can result in significant global consequences from millions of individuals mak-



ing small, incremental changes in consumption and energy usage. In addition to bringing environmental benefits

now, these habits also provide important value to the individual and society.

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Major Sources of Sustainable Consumer Fit

- Market Signal - Changes in your lifestyle (ex., going vegan) send a strong message to businesses and help motivate industries to make changes in their operations to be more sustainable.
- Possible Reduction of Emissions - The World Economic Forum estimates that changes in how we consume could reduce our global emissions by nearly 70% by 2050 through consumer behaviour change.
- Behaviour Change Areas - Behavioural areas to focus on are:
 1. Vegetarianism
 2. Active transport
 3. Appliances that save energy
- Youth Influence - 73% of young people would be prepared to change their buying habits. As a result, companies are more pressured to include transparency in their production methods and take care of environmental issues in order to stay competitive in the marketplace.

Rainwater Harvesting: Turning Every Drop into a Valuable Resource

Harshi Goel

New Delhi: Water is the foundation of life, yet its availability is becoming increasingly uncertain due to rapid urbanization, population growth, and climate change. While millions of litres of rainwater fall across the country every year, a significant portion flows into drains and rivers without being utilized. Rainwater harvesting offers a practical and sustainable solution to conserve this precious natural resource and ensure water security for future generations. Rainwater harvesting is the process of collect-



ing and storing rainwater from rooftops, open spaces, or other catchment areas for future use. The stored water can be used for irrigation, gardening, household cleaning, flushing toilets, and, after proper filtration and treatment, even for drinking. By reducing dependence on groundwater, rainwater harvesting helps maintain the balance of underground

water reserves and promotes groundwater recharge.

One of the greatest advantages of rainwater harvesting is its ability to address water scarcity. Many regions experience severe water shortages during summer months despite receiving adequate rainfall during the monsoon. Proper storage systems enable communities to use rainwater throughout the year, reducing pressure on municipal water supplies. In urban areas, rainwater harvesting also plays a crucial role in flood management.

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Facts at a Glance

- Every Drop Counts: Harvest Rain, Secure Tomorrow
- Rainwater Harvesting: A Sustainable Answer to Water Scarcity
- Recharge Groundwater, Reduce Water Crisis
- Smart Water Conservation Begins on Every Rooftop
- Harvest Rain Today for a Water-Secure Future
- Save Rainwater, Protect the Environment, Preserve Life

My Job Is Not Just to Report Crime, but to Raise Awareness Among People : Shrivardhan Trivedi

Harsh Vardhan Tripathi is an accomplished actor, writer, director, and a well-known face on Indian television. An alumnus of the National School of Drama (NSD), he has built a distinguished career in the entertainment industry through his versatility and compelling screen presence. He holds a remarkable record that reflects his consistency, professionalism, and enduring popularity. His journey stands as an inspiring example of passion, dedication, and excellence. Jhalak, a reporter from IMS Today, interviewed Harsh Vardhan Tripathi. Presented below are some of the key excerpts from their conversation.

Jhalak

Why did you choose to host crime-based shows? Was it a conscious decision to work only in this genre?

Not at all. I never planned to work exclusively in crime-based shows. I wanted to do something different, and I always believed in going with the flow of life. When I was offered my first crime show, I accepted it as a new experience.

At that time, no professionally trained actor, especially an alumnus of the National School of Drama (NSD), had hosted such a show. I felt it could mark the beginning of something unique. What started with a single episode gradually turned into a journey that has spanned thousands of episodes.

The immense love and trust of the audience encouraged me, and most importantly, I genuinely

began to enjoy the work. Today, many young people want to follow their passion but hesitate to take risks. What would you like to say to them? Taking risks is essential in life. After completing my M.Sc. in Electronics, I had several secure career opportunities, including a lectureship, pursuing a Ph.D., working as an Assistant Geologist, and even joining the defence services. However, I chose to fol-

low my passion for acting.

Theatre had been an integral part of my life since childhood, and over time, that passion became my profession. I consider myself fortunate that what I loved eventually became my career. When you truly love what you do, hard work never feels like a burden.

Many members of Gen Z measure success through followers and popularity.



In your opinion, what is the key to long-term success?

Achieving success is difficult, but sustaining it over the long term is even more challenging.

The key is to be deeply passionate about your work. Honesty, dedication, and the willingness to learn something new every day are what keep you moving forward.

The moment you stop looking at your work with a fresh perspective, your growth also comes to a halt. That is why it is important to improve yourself and your work every single day.

Crime-based shows are often debated for balancing public awareness and sensationalism. How do you view this issue?

My objective has never been to create sensationalism. My job is not just to report crime, but to

create awareness among people. Some crimes are so horrifying that their seriousness must be conveyed to the public with the impact they deserve. At the same time, every story requires a different approach. When dealing with sensitive cases, we present them with the utmost responsibility and ensure that they do not encourage criminal thinking or glorify crime in any way.

The Green Shield: Protecting Cities from Monsoon Fury

Vanshika Verma

New Delhi: As the monsoon season arrives, it brings much-needed relief from the summer heat and replenishes rivers, lakes, and groundwater. However, for many Indian cities, heavy rainfall also leads to flooded roads, water-logged neighbourhoods, traffic jams, and damage to public infrastructure. With climate change causing more frequent and intense rainfall, developing climate-resilient urban spaces has become an urgent priority.

Rapid urbanisation has transformed natural landscapes into concrete jungles. Roads, buildings, and parking areas prevent rainwater from seeping into the ground, resulting in excessive surface runoff and urban flooding. In addition, the



destruction of wetlands, lakes, and green spaces has reduced cities' natural ability to absorb excess rainwater. These challenges highlight the need for green cities that integrate sustainable infrastructure with urban development.

Green cities use nature-based solutions such as parks, urban forests, wetlands, rain gardens, green roofs, and permeable pavements to manage stormwater effectively. Rainwater harvesting systems collect and store rainwa-

Singapore: A Global Model
Another successful example is Singapore, which has become a global model for climate resilience. Through its integrated water management system, green parks, reservoirs, and sustainable drainage infrastructure, Singapore effectively manages heavy rainfall while conserving water resources and maintaining a clean urban environment.

Chennai : A Remarkable Example
A remarkable example is Chennai, which faced devastating floods in 2015 after record rainfall overwhelmed the city's drainage system. Encroachment on wetlands and water bodies worsened the disaster, causing widespread loss of life and property. Following the floods, the government undertook major restoration projects by desilting canals, improving stormwater drains, reviving lakes, and promoting rainwater harvesting. These initiatives have improved the city's preparedness for heavy rainfall and demonstrated the importance of sustainable urban planning.

ter for future use while also reducing pressure on drainage systems. Trees and green spaces improve air quality, lower temperatures, and help recharge groundwater. Together, these measures reduce flood risks while making cities healthier and more sustainable.

Technology also plays a crucial role in monsoon management. Smart sensors, Geographic Information Systems (GIS), satellite mapping, and Artificial Intelligence (AI) help authorities monitor rainfall, identify flood-prone areas, and issue early warnings. Regular maintenance of drainage systems, protection of natural water bodies, and strict enforcement of building regulations further strengthen urban resilience.

Creating climate-re-

silient cities requires the combined efforts of governments, urban planners, and citizens. People can contribute by conserving water, avoiding littering in drains, supporting tree plantation drives, and maintaining rainwater harvesting systems.

As climate change continues to challenge urban life, investing in green infrastructure is no longer an option but a necessity. By working with nature rather than against it, cities can transform the monsoon from a recurring challenge into an opportunity for sustainable development.

“A resilient city is not one that prevents every disaster, but one that prepares for, adapts to, and recovers from them sustainably.”

GEM Demo Day Celebration - An initiative by GMA

IMS News Service

Ghaziabad: Ghaziabad Management Association celebrated GEM Demo Day at AKGIIM, Ghaziabad. From 4,000 Aspirants to Future Founders: The Entrepreneurial Spirit of Ghaziabad. In a remarkable celebration of innovation, entrepreneurship, and youth leadership, the Ghaziabad Management Association (GMA) successfully organized the Ghaziabad Entrepreneurship Mission (GEM) Demo Day & Graduation Ceremony 2026 at Ajay Kumar Garg Institute of Management (AKGIM), Ghaziabad.

Launched with the vision of “Transforming Job Seekers into Job Creators,” GEM has emerged as a pioneering initiative to nurture entrepreneurial talent among the youth of Ghaziabad. More than 4,000 students and aspiring entrepreneurs applying from colleges and institutions across the district, following a structured screening process, the Top 100 participants were selected for the cohort, where they



underwent months of entrepreneurship training, mentoring, start-up validation, industry exposure and pitch preparation.

After successfully completing the program, over 40 emerging founders took the stage on Demo Day to present their start-up ideas before an eminent jury panel comprising successful entrepreneurs and industry leaders.

The event was graced by Mr. I.C. Agarwal, Chief Guest and Founding Member of GMA, along with Mr. N.K. Dhand, Founding Member of GMA, Mr. T.R. Pandey, President, GMA, Mr. Rahul Agarwal, Executive Director, GMA, and Ms. Madhuri Mukherjee, Council Member, GMA. The dig-

nitaries appreciated the vision behind GEM and emphasized the importance of creating more entrepreneurs who can contribute to employment generation and India's journey towards a developed nation.

The start-up ideas were evaluated by an accomplished jury comprising Swapnil Raaj (Co-Founder & CEO, Auctor Media), Priyaranjan Tiwari (Founder & CEO, Medantrik), Sarita Rawat Singh (Founder & CEO, Deebaco, Bugand-Bees & Amanush), and Sandeep Kumar Vyas (Founder & CEO, Mild Cares).

The jury members appreciated the confidence and quality of presentations while providing valuable feedback and practical guidance

to help participants strengthen their ventures further.

One of the most inspiring highlights of the cohort was the enthusiastic participation of young women entrepreneurs, with more than 70% of the graduating founders being female. Participants showcased innovative ideas across sectors including healthcare, fashion, food, education, sustainability, agriculture, and technology, reflecting the creativity, problem-solving ability, and entrepreneurial mindset emerging among the region's youth. The event reinforced GMA's vision of empowering students to move confidently from the classroom to the boardroom.

The top honours of the first GEM Demo Day were awarded to Amritansh Pandey from Raj Kumar Goel Institute of Technology, who secured the First Prize. The Second Prize was awarded to Anshika Singh from RCCV, while the Third Prize was jointly won by Ashvi and Vrinda Garg from RCCV.

Plastic-Free Monsoons: Reducing Waste to Prevent Flooding



Anshika

New Delhi: Every monsoon, many cities face severe waterlogging and urban flooding that disrupt daily life, damage property, and pose serious health risks. While heavy rainfall is a major cause, plastic waste significantly worsens the problem. Discarded plastic bags, bottles, wrappers, and single-use packaging often clog drains, sewers, and waterways, preventing rainwater from flowing freely. Even moderate rainfall can lead to flooded streets and neighbourhoods. Reducing plastic waste is one of the simplest and most effective ways to minimise urban flooding. Single-use plastics are lightweight and easily carried by wind and rain into drainage systems. Once trapped, they block the movement of water and create breeding grounds for mosquitoes and bacteria, increasing the risk of diseases such as dengue and malaria.

Individuals can play an important role by adopting eco-friendly habits. Carrying reusable cloth bags, steel or glass water bottles, and reusable food containers helps reduce dependence on disposable plastics. Proper waste segregation at home also ensures that recyclable materials are processed correctly instead of ending up in drains or open spaces. Avoiding littering and participating in neighbourhood clean-up drives before and during the monsoon can make a no-

ticeable difference.

Local authorities also have a crucial responsibility. Regular cleaning and maintenance of stormwater drains, strict enforcement of bans on certain single-use plastics, and improved waste collection systems can help keep drainage networks clear. Public awareness campaigns in schools, offices, and residential communities can encourage responsible waste disposal and promote sustainable alternatives.

Businesses can contribute by reducing plastic packaging, offering biodegradable options, and encouraging customers to use reusable products. Innovation in eco-friendly packaging and recycling technologies can further reduce the amount of plastic entering the environment.

Creating plastic-free monsoons requires collective action from citizens, governments, and businesses. Small changes in daily habits, combined with effective waste management and strong environmental policies, can significantly reduce the risk of urban flooding. Cleaner streets and unclogged drains not only improve the city's ability to handle heavy rainfall but also create healthier and more sustainable communities.

A plastic-free monsoon is not just an environmental goal—it is a practical step toward safer cities, better public health, and a more resilient future.



Prachi Mehra

SCI-TECH WORLD

Green Technology and Renewable Energy Transforming the World

In recent times, pollution and climate change are rapidly increasing, and scientists and researchers are working hard to find solutions that can protect the Earth and create a sustainable future. The recent discoveries are helping people understand nature better and reduce harm to the planet.

Scientists are developing advanced solar panels, wind turbines, and hydroelectric systems that will produce clean energy without making harm to the environment. Modern solar technology is becoming more efficient and affordable, encouraging people to use renewable energy instead of depending more on fossil fuels such as coal and petroleum. Researchers have been working to make transparent solar panels that can be installed on windows and buildings, allowing easy ways to generate energy in urban areas.

Advanced batteries for energy storage have been developed. As renewable energy depends on sunlight and wind conditions, these batteries can store extra energy for later use. Also, recent advancements have been made in electric vehicle batteries to reduce air pollution caused by fuel-powered vehicles. Scientists are working on green hydrogen, produced using renewable electricity instead of fossil fuels. This hydrogen fuel can power vehicles, industries, and aeroplanes while producing little or no pollution.

To make the environment less polluted, scientists are developing certain eco-friendly materials like biodegradable plastics made from plant and natural substances like corn starch, sugarcane and plant fibres, which can easily decompose and help reduce plastic pollution in oceans and landfills. Many companies like AMCOR PLC, Sonoco Products Company, and many others have been working to make recyclable packaging to minimise environmental waste. The use of eco-friendly construction materials has been created, such as sustainable bricks, bamboo structures, recycled steel and environmentally friendly cement that reduces carbon emissions during construction. Green buildings designed with these materials consume less energy and help protect natural resources.

The Monsoon Promise: Conserving Water for the Future



Deeksha

New Delhi: The monsoon is a season of hope and renewal. It replenishes rivers, lakes, ponds, and groundwater, providing the water needed for agriculture, ecosystems, and daily life. However, despite receiving abundant rainfall, many regions still experience water shortages because most rainwater is allowed to flow into drains and eventually into the sea instead of being conserved.

Rapid urbanization has worsened the problem. Concrete roads and buildings prevent rainwater from soaking into the ground, reducing groundwater recharge while increasing the risk of urban flooding. At the same time, pollution from sewage, plastic waste, and industrial discharge is degrading rivers, lakes, and wetlands, threatening biodiversity and making clean water increasingly scarce. Climate change further intensifies these challenges through irregular rainfall and extreme weather events.

Sustainable rainwater management is the need of the hour. Rainwater harvesting systems should be installed in homes, schools, and public buildings to collect and store water for future use. Recharge pits, restored ponds, protected wetlands, permeable pavements, and increased tree plantation can significantly improve groundwater levels and reduce flooding.

Every citizen has a role to play by conserving water, reducing plastic waste, and protecting local water bodies. By valuing every drop of rain, we can secure clean water, strengthen agriculture, protect biodiversity, and build a greener, healthier, and more sustainable future for generations to come.

Continue Page 1 Rainwater Harvesting...

Heavy rainfall often overwhelms drainage systems, causing waterlogging and property damage. Harvesting systems capture a substantial amount of runoff, minimizing flooding while allowing excess water to seep into the ground and replenish aquifers. The installation of rainwater harvesting systems is both affordable and cost-effective. Residential buildings, schools, colleges, offices, and commercial establishments can easily install rooftop collection systems connected to storage tanks or recharge pits. These systems not only reduce water bills but also contribute to environmental sustainability.

Beyond its practical benefits, rainwater harvesting fosters responsible water management and environmental awareness. It encourages individuals and communities to value every drop of water and adopt sustainable living practices. Governments, educational institutions, and local communities can further promote this initiative through awareness campaigns, incentives, and policy support. Every drop of rain is a gift of nature. By embracing rainwater harvesting, we can transform rainfall from a seasonal occurrence into a dependable water resource. Conserving rainwater today will strengthen our resilience against future water crises and help build a cleaner, greener, and more water-secure world.

A Greener Tomorrow Starts Today...

By making homes more energy-efficient—for example, using LED light bulbs, which consume 70% to 90% less energy than standard light bulbs—individuals can save money on utility bills and create more stable finances. In addition to reducing an individual's carbon footprint by choosing to walk or bike for short-distance trips, they also improve their health and reduce traffic congestion in urban areas. Experts agree that the most successful climate solutions are those that encourage positive behaviour, showing that the act of living in a sustainable way is a form of long-term care for both the individual and the planet.

The ultimate goal is not to achieve perfection, but rather to make steady, cooperative advances toward that goal. With cities generating 70% of the world's greenhouse gases, urban residents have removed the barriers to this transition. Every time a person says “no” to single-use plastic, opts to repair their items rather than replace them, or demands that businesses be more ecologically sustainable, they are voting for a different type of future. By adding these small, achievable actions to their daily lives, individuals are not only waiting on top-down changes; They are dismantling the world as they know it and demonstrating that a more sustainable future is being created through the many small actions of today's society.

Community-Led Environmental Initiatives During the Monsoon Season

Yashika Agarwal

New Delhi: There are many local groups developing their own environmental projects to protect the environment, such as water-harvesting initiatives and forest protection programs. This development is the basis for building long-term climate resilience throughout India, and it's happening as part of a broader community-led movement.

Local stewardship is critical in an era where climate change is disrupting traditional systems of water management. In India, the monsoon has given both life and death to communities for centuries, but with changing climate patterns altering rainfall regimes, vulnerable communities must seek alternative ways to secure their water supplies."The monsoon is our

most important resource and it isn't just a weather event," said Dr. Aravind Menon, a noted environmentalist and advocate for localised climate adaptation, water management and climate change mitigation, "community ownership of local watersheds and forests builds biological barriers to climate change more effectively than any government mandate because it relies on our local understanding of geography."

Many communities throughout the world use traditional methods for conserving water supplies. Following longstanding practices, many communities in the Alwar area of Rajasthan have conserved many thousands of hectares of protected forests as "sacred groves." During the monsoon, the communities work together to help prevent soil erosion



on these protected lands by planting indigenous species of vegetation and removing sediment from small dikes. This enables large amounts of rainwater to recharge the aquifer and be retained rather than washed off the land as surface runoff.

The efforts being made by these communities are real and quantifiable. Studies examining the success of community-led water conservation initia-

tives show that successful community management results in measurable reductions in deforestation and pollution levels. This data demonstrates that communities are able to successfully manage their natural resources in an economically viable manner using local indigenous knowledge along with contemporary data collection methods. Community Action aids communities in taking the

Caution Needed

Environmental experts give a lot of credit to the spirit of volunteerism. However, they urge that monsoon activities such as tree planting or clearing clogged drainage be undertaken with utmost caution. The nature of the monsoon season presents numerous hazards that may create risks.

Municipal Safety Risk: Activities like tree planting and clearing clogged drainage pose huge risks for slip or fall accidents if done during times of heavy rainfall.

Infrastructure Hazards: Many clogged drainage systems contain open manholes and/or exposed electric wires. Therefore, residents should pay close attention to the conditions of the safety gear required and should avoid any areas at high risk of flooding.

Health Risks: Stagnant water, if improperly maintained through conservation efforts, can quickly become a breeding ground for mosquitoes which can lead to outbreaks of vector born illnesses (such as dengue fever and malaria).

initiative and developing social capital but requires the support of government agencies to provide the tools necessary for them to succeed. These grassroots organizations need

the governments they work with to provide legal structures, technical assistance, and training in how to prepare for disasters as they continue to deal with the ongoing

The Importance of Tree Cover in Managing Monsoon Impacts

Prachi Mehra

New Delhi: Monsoon rains are a blessing for India, bringing water for agriculture, rivers, and daily use. However, in recent years, these monsoon rains have come with heavy rainfall and have caused floods, landslides, soil erosion and waterlogging in many regions. As such, these harmful impacts of monsoon rains can be reduced by maintaining and increasing the tree cover.

Trees have always played a vital role in balancing the environment during the monsoon season. Their roots hold the soil firmly, which prevents soil erosion caused by heavy rains. In hilly areas, forests are a major saviour from landslides by strengthening the ground. Without trees, loose soil is easily washed away, leading to landslides, damaging farms, roads and homes.

Tree cover also helps in controlling floods by absorbing most of the rainwater in its roots like a sponge and allowing the water to slowly seep into the ground. This process also increases groundwater levels and reduces the sudden surface run-



off. When there are fewer trees, rainwater flows rapidly into the rivers and drains, which then leads to flash floods and waterlogging in cities and villages. Trees also play an important role in maintaining the water cycle.

Through transpiration, trees release moisture into the atmosphere, supporting rainfall patterns and helping to regulate climate conditions. Areas with rich forests often experience a more balanced climate and healthy environment as compared to barren regions. Increasing tree plantations in urban areas can be very beneficial for reducing pollution in urban areas. Cities with limited green spaces suffer from poor drainage systems and excessive flooding during monsoons. Planting trees along roadsides, parks

and residential areas can improve water absorption into the ground and reduce heat and pollution levels at the same time.

Despite their huge importance, forests are relentlessly being destroyed due to rapid urbanisation, increasing industrial projects and illegal cutting of trees. This environmental loss is increasing the severity of monsoon-related disasters.

And to decrease the continuous destruction of trees, the government, communities and individuals must work together to protect forests and promote large-scale tree plantation drives. Students and young citizens must contribute by planting saplings, spreading awareness and participating in environmental campaigns. Saving trees today means, saving lives, property and nature for the future.

The Importance of Regular Exercise for a Healthy Life

Anshu Kumari

New Delhi: In today's technology-driven world, many people spend long hours sitting at desks, using computers, or scrolling through mobile phones. This inactive lifestyle has reduced physical activity, making health problems such as obesity, diabetes, high blood pressure, and stress increasingly common.

While modern technology has made life more convenient, it has also highlighted the importance of staying physically active. Regular exercise is one of the simplest and most effective ways to maintain good health. It keeps the body fit, improves muscle strength, and helps maintain a healthy weight. Physical activity also improves blood circulation, strengthens the heart, and supports healthy bones and joints.

People who exercise regularly are less likely to develop many lifestyle-related diseases. The benefits of exercise are not limited to physical health. It also plays an important role in improving mental well-being. Activities such as walking, jogging, cycling, yoga, or dancing help reduce stress and

anxiety by releasing feel-good hormones known as endorphins. Regular exercise improves mood, boosts self-confidence, and helps people sleep better at night. It also enhances concentration, memory, and overall productivity, making it beneficial for students as well as working professionals.

Health experts recommend at least 30 minutes of moderate physical activity on most days of the week. Exercise does not always mean spending hours in a gym. Simple activities such as taking the stairs, walking instead of using a vehicle for short distances, stretching in the morning, or playing outdoor games can also contribute to a healthy lifestyle. The key is to stay consistent and make physical activity a daily habit.

Maintaining good health requires a balanced approach that includes nutritious food, adequate sleep, proper hydration, and regular exercise.

Even small changes in daily routine can make a significant difference over time. A healthy body supports a healthy mind, enabling people to perform better in every aspect of life.



Health Tips for Regular Exercise

- Start with simple exercises and increase the intensity gradually.
- Walk for at least 30 minutes every day.
- Stay hydrated before, during, and after physical activity.
- Choose an activity you enjoy to stay motivated.
- Wear comfortable clothing and appropriate footwear.
- Include both strength and flexibility exercises in your routine.
- Avoid skipping exercise for long periods.
- Take enough rest to help your body recover.
- Stay consistent, as regular exercise brings long-term health benefits.

Sustainable Farming Practices During Rainy Season

Vanshika Chauhan

New Delhi: During the rainy season, countries like India, where 50 to 60% of the population depends on farming, mostly rely on monsoon rainfall for good crop yields. Rainfall provides a substantial quantity of water for crops, and farmers store this water through rainwater harvesting processes for future use. However, these practices can also lead to waterlogging, soil erosion, pest attacks, nutrient loss, etc. Sustainable farming practices help farmers make the best use of monsoon rainfall while protecting the environment.

An important sustainable farming practice during the rainy season is rainwater harvesting, which enables farmers



Harvesting the Monsoon: Storing rainwater in ponds and tanks ensures sustainability during the dry season, reducing groundwater reliance.

to store water in tanks, ponds, etc., for the dry period. This reduces their dependency on groundwater. Another sustainable farming practice is crop rotation; excessive rainfall can deplete soil nutrients, and the crop rotation process helps prevent pests. Additionally, crop rotation balances soil nutrients.

Soil conservation is another essential practice during the monsoon. Excessive rainfall can wash away the top layer of soil, reducing soil quality. Farmers cover crops with organic materials like leaves or crop residues to protect against soil erosion caused by heavy rain. Another practice involves pro-

tecting crops from pest attacks, as the rainy season increases the risk of such attacks. Farmers use both chemical and organic methods, such as chemical fertilisers and cow dung. They also grow a variety of crops and utilise crop rotation. Moreover, farmers combine trees with crops to support sustainable

farming, as trees help reduce soil erosion and improve soil fertility; their roots hold the soil together during excessive rainfall. Nowadays, farmers should regularly monitor weather forecasts and adopt modern technology to inform decisions about sowing, irrigation, and pest control.

Smart Practices for Sustainable Monsoon Farming

- Rainwater harvesting conserves excess monsoon water for future use.
- Crop rotation maintains soil fertility and reduces pest infestation.
- Mulching prevents soil erosion and conserves soil moisture.
- Proper drainage systems help prevent waterlogging in agricultural fields.
- Integrated pest management reduces crop damage during the rainy season.
- Agroforestry improves soil stability and enhances biodiversity.
- Weather-based farming decisions increase crop productivity and reduce risks.

University News

Anushka

IIT Madras and IIT Kanpur Launch Practice-Oriented Bachelor of Cybersecurity

The Indian Institutes of Technology (IIT) Madras and IIT Kanpur have jointly launched India's first practice-oriented Bachelor of Cybersecurity (B.Cyber.) programme. Starting from July 2026, the four-year programme combines classroom learning with a two-year field deployment and extensive laboratory training to prepare students for real-world cybersecurity challenges.

IIT Delhi Showcases AI and Healthcare Innovations at Bharat Innovates 2026

IIT Delhi showcased its latest innovations in artificial intelligence, defence, and healthcare at Bharat Innovates 2026. The institute also signed new international research collaborations to accelerate innovation in AI, digital technologies, and advanced manufacturing, strengthening its global research partnerships.

BHU Launches 142 New SWAYAM Online Courses

Banaras Hindu University (BHU), the National Coordinator for Institutes of National Importance (INI) on the SWAYAM platform, has launched 142 new online courses for the July 2026 academic session. The initiative aims to promote digital learning and make quality higher education more accessible to learners across the globe.

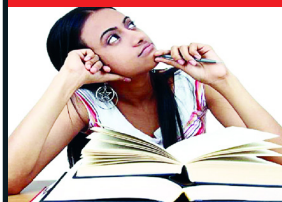
Delhi University Starts Admission to One-Year Postgraduate Programmes

The University of Delhi (DU) has started admissions for its one-year postgraduate programmes for the 2026-27 academic session. Students with a four-year undergraduate degree under the FYUP framework are eligible to apply. The university is offering 46 one-year PG programmes alongside its existing two-year PG programmes.

SUDOKU - 135

					8			4
5						2		
			5	2				7
2				6			4	
		7		5	1			
	6			4				5
7			4	1				
		9		5				1
4			8					

Knowledge

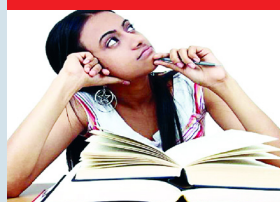


Solve the following quiz and reply promptly through email. Names and photos of students who answer correctly will be published in IMS TODAY. IMS Engineering college students can provide reply through personal submission-Editor. Email imstoday.imsec@gmail.com

- Which group is not concerned with the solar system
a)Nebulae
b)Asteroids
c)Nervous system
d)Planets
- Electric transformers are used to
a)Filter current
b)Regulate current
c)Serve as a fuse
d)Change voltage
- Evaporation of water is
a)A process accompanied by a chemical reaction
b)An endothermic change
c)An exothermic change
d)A process of in heat exchange reaction
- A north- west wind would be from a compass direction of
a)45 Degree
b)135 Degree
c)225 Degree
d)315 Degree
- Early morning heavy dew is most likely to be the result of
a)Cloudy sky and strong wind
b)Clear sky and calm wind
c)Cloudy sky and calm wind
d)Clear sky and strong wind

Solve Quiz No. 141

Knowledge



- The production of excess pigment in the skin is stimulated mainly by
a)Infra-red rays
b)Vitamin C
c)Ultraviolet rays
d)Vitamin D
- At sun rise or sun set the sun appears red because
a)Scattering of light
b)Diffraction
c)Sun is hottest at these times
d)Refraction
- Which of the following synthetic fibers was discovered first
a)Nylon
b)Terylene
c)Polythene
d)Rayon
- Sound waves above 20,000Hz are called
a)Overtones
b)Infrasonic
c)Supersonic
d)None of these
- Stainless steel is an alloy of steel and
a)Strontium
b)Copper
c)Platinum
d)Chromium

Participation Format

Quiz No.....
Name of Student.....
(also attach your PP size Photo)
Class.....Year.....
College name.....
Mobile number.....
Email.....
Present Address.....
Permanent Address.....

Answers (QUIZ-140) April, 2026 issue:
1 2 3 4 5 6 7 8 9 10
d c a c a b a d a c
Prepared By: Prof. Pradeep Kumar, Assistant Professor (AS&H)



Monsoon: Nature’s Gift, Our Responsibility

The arrival of the monsoon in India is much more than a seasonal change. It is a reminder of nature’s extraordinary ability to nurture life. The first showers replenish rivers, revive forests, recharge groundwater, and breathe new life into agricultural fields. For a country where millions depend on rain-fed agriculture, the monsoon is not merely a weather phenomenon; it is the foundation of food security, economic stability, and ecological balance. Yet, in an era of climate change, the monsoon also reminds us of our responsibility to embrace sustainability.

India receives nearly three-fourths of its annual rainfall during the southwest monsoon. This rainfall supports agriculture, drinking water supplies, hydropower generation, and biodiversity. However, rapid urbanization, deforestation, encroachment on wetlands, and indiscriminate exploitation of natural resources have weakened the environment’s capacity to absorb and conserve this precious gift. As a result, many regions experience floods and waterlogging, while others face droughts within the same season.

Sustainability demands that we move beyond celebrating the rains and begin managing them wisely. Every drop of rain should be viewed as a valuable resource rather than a temporary occurrence. Rainwater harvesting, groundwater recharge, watershed development, restoration of lakes and ponds, and scientific irrigation practices such as drip and sprinkler systems must become integral to our development strategy. Equally important is promoting afforestation, protecting biodiversity, and encouraging climate-resilient agriculture that conserves both water and soil.

Cities, too, have a critical role to play. Urban planning should prioritize permeable surfaces, green spaces, and efficient drainage systems to reduce flooding and improve groundwater recharge. Educational institutions, industries, and local communities can transform the monsoon into a nationwide movement for environmental stewardship through plantation drives, waste management, and water conservation initiatives.

The monsoon is nature’s annual investment in our future. Whether this investment yields prosperity or crisis depends on the choices we make today. By aligning development with ecological responsibility, India can transform seasonal rainfall into long-term resilience. A greener tomorrow will not be built by the monsoon alone; it will be built by citizens who recognize that protecting water, forests, and the environment is a shared responsibility. If we nurture nature today, the monsoon will continue to nurture generations to come.

Jigyasa

New Delhi: Water entering your home, furniture floating away, and roads disappearing under floodwaters imagine this view just after waking up. Well, This is not a imagination for millions of people living in flood-prone areas—it’s reality. Due to drastic change in climate the chance of floods has increased, with that one question arises: Can our homes be designed to fight back against floods? The answer is yes.

Sustainable housing is about creating homes that are safe, environmentally friendly, and resilient and can be designed beautifully.

In flood-prone areas, architects and engineers are working on structure. The floodwater need to allow to flow beneath the houses, raised platforms or stilts designs can be one of the smartest solution which will also prevent causing major damage. This is simple yet effective design and has protected communities for generations.

A further key feature is the use of eco-friendly and water-resistant materials. We need something sturdy, tough and doesn’t harm environment. E.g ; Bamboo, recycled plastic composites, treated wood, and reinforced concrete, these materials help homes recover faster after floods while promoting sustainable development

Sustainable housing is more than just strong walls it works with nature not against it. Methods like rainwater harvesting systems,

permeable pavements, rooftop gardens, and restored wetlands absorbs excess rainwater and re-



Jigyasa

duce flooding. Trees and green spaces act like natural sponges, slowing down water flow and preventing soil erosion.

Flood sensors, early warning systems, and solar-powered backup electricity provide safety and durability during emergencies; technology turned home smarter. Families gets alerts in time to relocate, while green energy ensures that vital services continue even when power lines fail.

Yet, building homes that are safe is not the responsibility of architects alone. Governments, planners, and communities have to work together to avoid construction in high-

risk zones and adapt flood-resistant building standards. Sustainable housing succeeds when people, technology, and nature work as a team.

We have two choices: rebuild after every flood or build smarter from the beginning. Sustainable housing designs are hope for a future where homes are not destroyed but symbolize strength. After all, the strongest homes are not only those that stand tall—they are the ones that protect both people and the planet.

Sustainable Development : Need of the Hour

Prashant Kumar Taank

New Delhi: Continuous development is the utmost requirement for the growth of a nation and its people. Government of a nation is mainly responsible for the development of its nation. The Government works in a planned way to bring better development to its nation. It develops certain cities, places and new areas on priority for faster growth.

Fast developing areas remain at top priority to get quick attention for development as these areas usually have already become demanding areas. For this reason, Government also takes these areas on priority for developmental activities.

Often the Government seems to focus on creating more and more facilities in particular areas first. It puts into a lot of resources for the development of these

areas making them point of attraction. High-level development attracts more business, employment opportunities and more people too. Now, more people start migrating to these areas either for living or sake of livelihood. Actually this is the point from where another problem is born.

These areas become highly dense where more numbers of people start living than the capacity. After some time, these areas face various problems due to overcrowd burden upon the natural resources like,

- i)Shortage of water resources
- ii)Water pollution
- iii)Environment pollution
- iv)Shortage of energy
- v)Shortage of land area
- vi)Overcrowd
- vii)Traffic Congestion
- viii)Rising rates of properties

Now, the Government tries again to increase/multiply facilities and puts into more resources. To some extent, it seems to have solved



Prashant Kumar Taank

the problems but the government is not able to increase the natural resources which are in fact limited and the condition goes on worsening.

Here, a feeling arises that the Government seems to be committed to make some particular areas like Tokyo, London, New York etc. whereas other areas keep waiting for their development. Differences are quite visible if we go just 50 or 100 kms away and see the areas which look very backward compelling us to feel whether we are in the same country or state or area. The condition may be more pa-



thetic if we go to some more distant areas. Expending such a huge amount at some particular areas only does not fit into the condition of a developing country like India where so many under-developed areas are striving for development which can convert several other places into developed ones with the same budget.

For example, it is seen that often quite fit and fine footpaths in developed cities are broken just to make new ones, quite fit street light poles are changed just to put new ones, roads are build and rebuild whereas this budget amount could have been trans-

ferred to some needy areas for their development. It is obvious now that expending more than required resources in some particular areas results in neglecting the development of other areas and people. This makes our development uneven depriving many areas and people striving for the development.

Let us now focus on the topic, requirement of the ‘distribution of development’. The development rather be scattered at different places instead of multiplying facilities at certain places only. Carrying out developmental activities at different places simultaneously can ease our

problems in two ways - on one hand it will make more and more areas developed areas and on the other hand it will ease the unwanted burden on our natural resources solving above problems.

Now, we come to conclusion that bringing development, improving living condition, creating employability, health facilities, educational facilities, improving law and order etc. in sub-urban or rural areas can minimise migration of people to developed cities.

Moreover, it is obvious that the people migrating from rural or less developed areas are abandoning behind large land area which is otherwise sufficient for their living if they have required facilities nearby to them.

In view of above, balancing, if not equal, the development activities i.e. distribution of development is a need of the hour.

A Single Tree, Infinite Lessons

At first glance, it appears to be an entire forest. However, this remarkable sight is actually a single banyan tree in India that has spread across more than 4.67 acres, stands nearly 80 feet tall, and has survived for over 250 years through its extensive network of aerial roots.

This extraordinary tree serves as a powerful example of nature’s resilience and the importance of sustainable growth. Unlike the fast-paced development often seen in today’s world, nature demonstrates that true growth is built on patience, adaptability, and strong interconnected systems.

A mature tree is much more than a part of the landscape. It plays a vital role in maintaining:

- 1.Balance by absorbing carbon dioxide,
- 2.Releasing oxygen,
- 3.Improving air quality, conserving groundwater, enriching soil, providing habitat for birds and other wildlife,
- 4.reducing urban temperatures, and creating healthier environments for people.

As cities continue to expand through new infrastructure, transportation networks, commercial developments, and smart city initiatives, conserving mature trees must become a key aspect of urban planning. Development and environmental



Dr. Nidhi Ahuja Nigam

conservation should go hand in hand, ensuring that progress does not come at the expense of nature.

Choosing between advancement and conservation is not the future of sustainable development. It is about creating cities that allow both to prosper



together.

Protecting biodiversity, strengthening climate resilience, ESG commitments and promoting green infrastructure are essential steps toward building sustainable communities. They are starting to serve as the cornerstone of ethical business practices and future-ready urban design.

While planting new saplings is important, they cannot immediately replace the ecological value of trees that have taken centuries to mature.

This magnificent banyan tree reminds us that sustainability is not only about creating something new but also about preserving the invaluable natural heritage that already exists. By protecting such living ecosystems, we contribute to a healthier environment and a more sustainable future for generations to come.

भारत में मानसून: सतत कृषि की सबसे बड़ी ताकत

पुलकित

जब भी भारत में पहली बारिश होती है, तो सिर्फ मौसम ही नहीं बदलता, बल्कि लाखों किसानों के चेहरों पर भी उम्मीद लौट आती है। शहरों में रहने वाले लोग मानसून को ठंडी हवा और चाय-पकौड़ों से जोड़ते हैं, लेकिन गाँवों में यही बारिश पूरे साल की मेहनत और आजीविका तय करती है। यही वजह है कि भारत में मानसून को खेती की रीढ़ कहा जाता है।

भारत की लगभग 46 प्रतिशत कार्यशील आबादी प्रत्यक्ष या अप्रत्यक्ष रूप से कृषि पर निर्भर है। देश के कुल कृषि क्षेत्र का लगभग 52 प्रतिशत हिस्सा आज भी वर्षा आधारित (Rainfed Agriculture) है। धान, मक्का, सोयाबीन, कपास, बाजरा, ज्वार और दालों जैसी खरीफ फसलें समय पर होने वाली वर्षा पर निर्भर करती हैं। यदि मानसून सामान्य रहता है, तो किसानों की सिंचाई लागत कम होती है, उत्पादन बढ़ता है और खाद्य सुरक्षा मजबूत होती है।

मानसून केवल खेती तक सीमित नहीं है। अच्छी वर्षा से नदियाँ, जलाशय, तालाब और भूजल स्रोत भरते हैं। इससे पीने के

पानी, बिजली उत्पादन और औद्योगिक गतिविधियों को भी लाभ मिलता है। यही कारण है कि भारतीय अर्थव्यवस्था में मानसून की भूमिका अत्यंत महत्वपूर्ण मानी जाती है।

हाल के वर्षा में जलवायु परिवर्तन(Climate Change) के कारण मानसून का स्वरूप बदल रहा है। कहीं अत्यधिक वर्षा (Cloudburst ,oa Flash Flood) तो कहीं लम्बे समय तक सूखे की स्थिति देखने को मिल रही है।

भारतीय मौसम विभाग तथा विभिन्न जलवायु अध्ययनों के अनुसार अत्यधिक वर्षा की घटनाओं में लगातार वृद्धि दर्ज की जा रही है। इससे कृषि जोखिम बढ़ रहा है।

ऐसे समय में केवल मानसून पर निर्भर रहना पर्याप्त नहीं है। किसानों को वर्षा जल संचयन (Rainwater Harvesting), ड्रिप एवं रिंक्रलर सिंचाई, फसल विविधीकरण, प्राकृतिक खेती, जैविक खेती तथा मृदा स्वास्थ्य प्रबंधन जैसी टिकाऊ कृषि तकनीकों को अपनाना होगा। इससे पानी की बचत होगी, लागत कम होगी और उत्पादन अधिक टिकाऊ बनेगा।

भारत सरकार भी प्रति बूंद अधिक फसल (Per Drop More Crop), प्रधानमंत्री कृषि सिंचाई योजना (PMKSY) तथा मृदा

स्वास्थ्य कार्ड योजना जैसी पहलों के माध्यम से जल संरक्षण और सतत कृषि को बढ़ावा दे रही है।

आज विज्ञान और तकनीक किसानों की बड़ी मदद कर



पुलकित

रहे हैं। भारतीय मौसम विभाग (IMD) के मौसम पूर्वानुमान, मोबाइल ऐप, सैटेलाइट आधारित निगरानी, कृत्रिम बुद्धिमत्ता (AI) और ड्रोन तकनीक किसानों को



समय पर बुवाई, सिंचाई और फसल प्रबंधन के निर्णय लेने में सहायता दे रहे हैं। यदि आधुनिक तकनीक और पारंपरिक

कृषि ज्ञान का समन्वय हो, तो भारतीय कृषि और अधिक सशक्त बन सकती है।

तथ्य एक नजर में

- ▶भारत में औसतन 880 मिमी वार्षिक वर्षा होती है।
- ▶देश की लगभग 75% वार्षिक वर्षा जून से सितंबर के बीच दक्षिण-पश्चिम मानसून से होती है।
- ▶भारत के 52% कृषि क्षेत्र की सिंचाई आज भी वर्षा पर निर्भर है।
- ▶कृषि क्षेत्र का भारत की ळक में लगभग 16–18% योगदान है।
- ▶कृषि एवं संबद्ध क्षेत्रों में 46% से अधिक कार्यबल कार्यरत है।

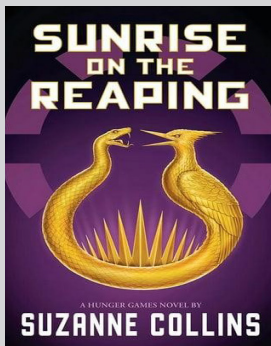
जलवायु परिवर्तन से जुड़े तथ्य

- ▶भारत में पिछले कुछ वर्षों में अत्यधिक वर्षा की घटनाओं में उल्लेखनीय वृद्धि दर्ज की गई है।
- ▶संयुक्त राष्ट्र के अनुसार वर्ष 2050 तक जलवायु परिवर्तन कृषि उत्पादकता को गंभीर रूप से प्रभावित कर सकता है, यदि अनुकूलन उपाय नहीं अपनाए गए।
- ▶भारत विश्व का सबसे बड़ा भूजल उपयोगकर्ता है, इसलिए वर्षा जल संरक्षण की आवश्यकता और भी अधिक है।



BOOK NOOK

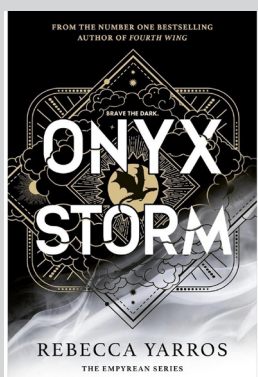
•**Book Name:** Sunrise on the Reaping
•**Author:** Suzanne Collins
•**Publisher:** Scholastic Press
•**Year of Publication:** 2025



Sunrise on the Reaping is the latest addition to The Hunger Games universe and tells the story of Haymitch Abernathy during the Fiftieth Hunger Games. Suzanne Collins once again combines thrilling action with thought-provoking themes such as political oppression, survival, courage, and sacrifice.

The novel explores how difficult experiences shape Haymitch into the mentor readers know from the original series. Collins' storytelling is fast-paced, emotionally engaging, and filled with suspense, making it difficult to put the book down. The characters are well-developed, and the novel successfully expands the history of Panem while offering fresh perspectives on power and resistance. Fans of dystopian fiction will appreciate its emotional depth, social commentary, and exciting plot twists. Overall, Sunrise on the Reaping is a compelling and unforgettable novel that successfully enriches the Hunger Games series and stands among the most popular fiction books of 2025.

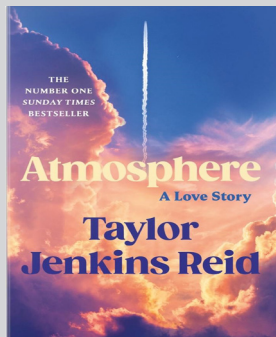
•**Book Name:** Onyx Storm
•**Author:** Rebecca Yarros
•**Publisher:** Red Tower Books
•**Year of Publication:** 2025



Onyx Storm is the third installment in Rebecca Yarros' bestselling Empyrean fantasy series. The novel follows Violet Sorrengail as she faces dangerous enemies, political conspiracies, and powerful magical forces while strengthening her leadership skills. Yarros creates an exciting world filled with dragons, adventure, romance, and intense battles that keep readers engaged throughout the story. One of the book's greatest strengths is its balance between action and emotional character development.

Themes of loyalty, courage, sacrifice, and trust are explored through memorable characters and unexpected plot twists. The vivid descriptions and engaging writing style make the fantasy world easy to imagine, even for new readers. Although reading the previous books enhances the experience, Onyx Storm delivers an unforgettable adventure on its own. Overall, it is a thrilling fantasy novel that has become one of the most celebrated and bestselling books of 2025.

•**Book Name:** Atmosphere
•**Author:** Taylor Jenkins Reid
•**Publisher:** Ballantine Books
•**Year of Publication:** 2025



Atmosphere is a captivating historical novel by bestselling author Taylor Jenkins Reid, set during NASA's Space Shuttle program in the 1980s. The story follows ambitious astronauts whose professional dreams are tested by personal relationships, challenges, and sacrifices. Reid masterfully blends historical facts with emotionally rich storytelling, creating characters who feel realistic and inspiring.

The novel explores themes of determination, equality, friendship, ambition, and resilience while highlighting the human side of space exploration. The writing is elegant, engaging, and accessible, making scientific concepts easy to understand for general readers.

The well-paced narrative keeps readers invested from beginning to end, balancing emotional moments with exciting developments. Atmosphere celebrates courage, innovation, and the pursuit of extraordinary dreams.

Overall, it is a beautifully written novel that combines history, science, and human emotion, making it one of the most acclaimed and widely read books published in 2025.

Timeless Grace of the Indian Classical Dances

MAhi Nehra

New Delhi: If culture were ever to find its way into the visual form, then dances would be art itself. And in the case of a nation like India, with a cultural bounty on all sides, the classical dance forms serve as the peak of artistic representation. India's classical dances are a blend of history, divinity and narrative and have, over centuries, preserved culture through movement, emotion, and rhythm. Each movement is packed with ancient knowledge.

Indian Classical Dances all originated from the scripture, Natya Shashtra, which was written over two thousand years ago. The script discusses dance as an effective tool that can combine music, dance, and drama to convey

vey messages and narratives. It has given rise to eight classical Indian dance forms, including Bharatanatyam, Kathak, Kathakali, Kuchipudi, Odissi, Manipuri, Mohiniyattam, and Sattriya, each one representing the culture, custom and style of a specific Indian state.

The Kathak form is especially renowned in the Northern regions. The word "Kathak" has originated from the Sanskrit term 'Katha,' which signifies "story." Kathak used to be a practice of travelling storytellers or 'Kathaks' in temples before finding a place in the Mughal courts during the Mughal Empire. Its spins, fluid footwork, and expressive hand gestures have captivated audience members throughout the world for centuries, conveying mythological



tales, historical episodes or the complexities of human relationships.

However, classical dancing is something more than the mere practice of steps. It requires many hours of dedication and commitment.

Dancers have to learn and master every gesture, as well as keep time with the music as well as emotion. This level of training, hard work and expression teaches one discipline, hard work, and respect for tradition.

Indian Classical Dances are on the verge of fading into the past as more and more students get attracted to other types of dancing from global or more popular culture. Although Western and many popular dance styles hold their

importance in society, a bit more attention should be directed towards such classical forms, as these arts represent centuries of history in themselves. Schools, colleges and societies of culture need to hold events that feature this wonderful art of classical dance, to attract attention to the art form and to its artists. Digitising these arts and using other modern approaches to spread awareness about these dances would also be of a great advantage.

Classical Dance isn't really a performance but the reflection of history; the past is connected to the future by the dancers that continue this lineage through the centuries of their practice and devotion for arts; these dances preserve history with their moves and expressions.

Never be Afraid to Ask Questions: Alumni

Vanshika Verma

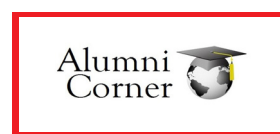
Sakshi is a proud alumna of IMS Ghaziabad (University Courses Campus), where she pursued her Bachelor of Business Administration (BBA) from the 2008–2011 batch. During her academic journey, she built a strong foundation in business management, leadership, and entrepreneurial thinking, which inspired her to pursue her passion for creating and managing her own venture.

Today, Sakshi is a successful entrepreneur, leading her business with innovation, determination, and a customer-centric approach. In her interview with Vanshika Verma, Sakshi shared her entrepreneurial journey, the challenges she encountered, the lessons she learned, and her valuable advice for the next generation of business leaders.

How did your BBA shape your career?

From a very young age, I knew one thing with complete certainty- I wanted to become an entrepreneur. I didn't know what business I would build or how I would start, but I knew I wanted to create something of my own rather than follow a conventional path.

Choosing BBA was the first step towards that dream. It gave me exposure to the real world of business beyond textbooks. We worked on case studies, presentations, live projects, assignments, and practical problem-solving. These weren't just academic exercises; they taught me how businesses actually function and how decisions are made. More importantly, they gave me the confidence to think independently, ask questions, and believe that I, too, could build something meaningful.



Which BBA skills have helped you the most in your entrepreneurial journey?

Some lessons from BBA have stayed with me even today. The concepts of the 4 Ps of Marketing, SWOT Analysis, understanding risk factors, and strategic planning have helped me make better business decisions. But beyond the theories, BBA taught me something even more valuable- the habit of analysing every challenge

before jumping to a solution. As an entrepreneur, every day brings a new problem to solve, and that mindset has become one of my biggest strengths.

What's your favourite IMS memory?

Without a doubt, it's the relationship I shared with my teachers. Coming from a small town, I had always looked at teachers with respect, but also with fear. We rarely felt comfortable asking too many questions. IMS completely changed that experience for me. For the first time, I found teachers who genuinely encouraged curiosity. They welcomed every "Why?", "What?", and "How?" without making me feel hesitant. They believed in me, guided me, and supported me during one of the most important phases of my life. I will always be thankful

How did your peers, faculty, or networking support you?

My classmates were wonderful, but it was the faculty who played the biggest role in shaping my confidence. One incident remains very close to my heart. After graduating, I went back to meet my Head of Department with an unusual request. I told them that I wanted to start an event management business and that I wanted my very first project to be at IMS itself. Naturally, they were a little sceptical. Finally, they trusted me.

That single opportunity became my first professional assignment-the PGDM Freshers' Party. I gave it everything I had. I worked tirelessly to make it successful, and by the end of the event, I had earned my very first profit. I will always be thankful

to IMS for believing in me before the world did.

What's your top advice for current BBA students?

Never be afraid to ask questions. Be curious. Experiment. Try ideas that may sound crazy. Share your thoughts, even if they feel unconventional. You might fail-and that's perfectly okay. Every single day gives you another chance to begin again. If someone tells you, "That's impossible," don't let that become your reality. Believe that you can create something extraordinary.

Carry that spirit with you. Stay fearless, keep learning, and keep building. Success, recognition, and wealth don't come from chasing them-they follow those who keep creating value and refuse to give up.

The Final Stretch: Managing Stress in Your Pre-Final and Final Years

The pre-final and final years of college are often the most demanding stages of a student's academic journey. In addition to completing coursework, students must prepare for placements, internships, higher studies, final-year projects, and important career decisions. The pressure of balancing multiple responsibilities can make this phase overwhelming, leaving many students feeling anxious about their future.

Understanding the Pressure

As graduation approaches, every assignment, examination, and interview begins to feel significant. Many students believe that their CGPA, projects, or placement results will define their entire career. At the same time, seeing classmates secure internships or job offers can create unnecessary comparisons and self-doubt. Uncertainty about career choices, higher education, or adapting to professional life further in-



Sagar Pratap Singh
Soft Skills Trainer and Psychology Professor

creases stress and mental fatigue. Building Healthy Coping Strategies

Managing stress begins with focusing on one step at a time. Breaking large goals into smaller, achievable tasks makes responsibilities feel more manageable and reduces anxiety. It is equally important to avoid comparing your journey with others, as every student progresses at a different pace. Maintaining a healthy routine through regular exercise, adequate sleep, hobbies, or spending quality time with family and friends can help restore emotion-

al balance. Seeking guidance from seniors, mentors, or faculty members can also provide valuable insights and practical solutions during challenging times. Looking Ahead with Confidence

Success is not determined by one examination or one placement opportunity. What matters most is consistent effort, continuous learning, and the willingness to improve every day. Remember that this phase is temporary, and the challenges you face today are preparing you for future professional responsibilities.

If stress ever becomes difficult to manage, do not hesitate to seek support from your college counsellor or a trusted mentor. Asking for help reflects maturity and strength, and taking care of your mental well-being is just as important as achieving academic success.

If you have any query email to head.cdc@imsuc.ac.in

IMS GHAZIABAD
(UNIVERSITY COURSES CAMPUS)
Status of 12(B) by UGC

IMS Ghaziabad
(University Courses Campus)

Ranking

2nd in placements amongst top private institutes in India

4th in Northern India/Delhi NCR

By **Times3School** Survey - 2025

Highest Package - 41.0 LPA

Average Package - 11.5 LPA

IMS Salient Features

Domain Specializations	Innovative Pedagogy	45000+ Alumni Network	Maximum University Toppers
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WE HAVE NO BRANCH IN NOIDA

News Brief.....

Recognition Ceremony for VIB-GYOR 2K26 Coordinators

Ghaziabad (IMS News Service): A recognition ceremony was organized to acknowledge a recognition ceremony was organized to acknowledge and appreciate the dedicated efforts of the Event Coordinators, Volunteers, Anchors and the Hospitality Management Team, whose commitment and hard work played a vital role in the grand success of VIB-GYOR 2K26.



The ceremony was graced by the worthy presence of Dr. Kavita Saxena, Cultural Convener and Dr. Indu Bhatt, along with the Dr. Sapna Kumari coordinators of cultural society and entire event management team of the Advitiya Cultural Society.

The occasion was further enriched by the inspiring words and heartfelt congratulations conveyed by our esteemed Director Prof. (Dr.) Anil K. Ahlawat. His encouragement added great value to the event, making it a memorable celebration of teamwork, dedication, and the spirit of cultural excellence.

The ceremony served as a token of gratitude and recognition for all those who contributed tirelessly to making VIBGYOR 2K26 a remarkable success.

Signing of a Memorandum of Understanding

Ghaziabad (IMS News Service): IMS Engineering College, Ghaziabad is delighted to announce the signing of a Memorandum of Understanding (MoU) between IMS Engineering College, Ghaziabad and Quaere Etechnologies Pvt. Ltd.



The MoU was signed in the presence of our esteemed Director, Prof. (Dr.) A.K. Ahlawat, Ms. Yashi Asthana, Director Quaere Etechnologies Pvt. Ltd. and Dr. Kavita Saxena, Head, Department of MCA, IMS Engineering College. This collaboration aims to strengthen industry-academia engagement through skill development, internships, professional training, innovation and enhanced career opportunities for students, preparing them for the evolving demands of the industry.

Memorandum of Understanding with TheZift -RBY Technologies Pvt Ltd.

Ghaziabad(IMS News Service): The Department of Computer Science, IMS Engineering College, Ghaziabad, signed a Memorandum of Understanding (MoU) with TheZift (RBY Technologies Pvt Ltd.), marking the beginning of a strategic collaboration aimed at bridging the gap between academia and industry.



The MoU was formally signed in the presence of 1. Prof. (Dr.) Anil K. Ahlawat, Director, IMS Engineering College 2. Dr. Sonia Juneja, Head of the Department of Computer Science, IMS Engineering College 3. Mr. Roshan Dubey, Director, TheZift, 4. Mr. Suraj Singh, Director, TheZift. The partnership will primarily focus on 1. Skill Empowerment 2. Standardized Skill Measurement 3. Placement and Talent Acquisition

Empowering Future IT Professionals with Linux Skills

Ghaziabad(IMS News Service): Dr. Abhishek Bhushan Singhal Professor Area Chair (Business Analytics), IMS Ghaziabad, brought this vision to life at Janki Devi Memorial College through his session — “Beyond Algorithms: The Future of AI at Work.” Students at Janki Devi Memorial College engaged deeply, questioning, debating, and envisioning a world where AI collaborates with creativity. At IMS Ghaziabad, we take pride in turning conversations like these into catalysts for change.



IMSEC & CEPTA Hold Industry–Academia Session

Ghaziabad: (IMS News Service) IMS Engineering College, Ghaziabad successfully hosted an enriching industry-academia engagement on 10 June 2026, bringing together students, industry experts, and academic leaders for a day of learning, innovation, and professional development.



The college warmly welcomed the distinguished dignitaries from CETPA Infotech, including Mr. Nitin Babbar, Manager – Corporate Relations; Mr. Mohd. Bilal, Industry Expert; Ms. Bhavna Singh, Manager – Skilling and Employability; and Mr. Iftisam Ri-

yaz, Project Coordinator. On the occasion, Director Dr. Anil Ahlawat encouraged students to actively participate in the training programme and continuously upgrade their skills to meet evolving industry demands.

The inaugural session was held in the C-Block Auditorium in the esteemed presence of Prof. (Dr.) Sonali Mathur, Head

of the Department (CSE), Dr. Vaishali Bhargava, and Ms. Meenu Sharma, marking the beginning of an enriching learning journey for the students. The initiative aimed to bridge the gap between academia and industry by providing students with valuable exposure to emerging technologies, career opportunities, and industry expectations.

2-Week Summer Internship cum Skill Development Training Program Organized

IMS News Service Ghaziabad: The Department of Biotechnology, IMS Engineering College, Ghaziabad, successfully conducted a 2-Week Summer Internship cum Skill Development Training Program in Applied Biotechnology from 27 May 2026 to 10 June 2026.

The program was designed to provide B.Tech. Biotechnology students transitioning from second to third year in their graduate program with hands-on exposure to modern biotechnology tools, laboratory techniques, computational biology, and industrial applications.

Through expert-led sessions, practical demonstrations, case studies, and interactive discussions, participants gained valuable insights into emerging trends and career opportunities in biotechnology.

The training covered key domains including: Plant Biotechnology, Bioprocess Engineering, Bioinformatics Advanced & Applied Biotechnology and Career Development and Project Presentation.

The program aimed to strengthen practical competency, research aptitude, problem-solving skills and industry readiness among students.



IMS Ghaziabad Hosted Padma Shri Awardee Ustad Wasifuddin Dagar

IMS News Service Ghaziabad: IMS Ghaziabad created a memorable milestone by hosting an enriching cultural session featuring Padma Shri awardee and renowned Dhrupad vocalist, Ustad Wasifuddin Dagar, under the aegis of the SPIC MACAY Heritage Club.

The two-hour performance offered students a rare opportunity to experience one of India's oldest and most revered traditions of classical music. The session was coordinated by Dr. Anchal Mishra, who facilitated the interaction and introduced students to the rich heritage and philosophy of Dhrupad music.



Ustad Wasifuddin Dagar captivated the audience with his soulful renditions, sharing not only his exceptional artistry but also valuable insights into the history, discipline, and cultural significance of the Dhrupad tradition.

Students, faculty, and staff were mesmerized by the performance and thoroughly enjoyed the immersive musical experience.

The session broadened their appreciation of India's rich cultural heritage while highlighting the timeless relevance of classical arts in contemporary life. The event reflected IMS Ghaziabad's commitment to the holistic development of its students by providing opportunities.

Three-Day MDP on Judgement Augmented by AI, Data & Emotional Intelligence

IMS News Service Ghaziabad: IMS Ghaziabad successfully organized a three-day Management Development Programme (MDP) on “Judgement Augmented by AI, Data & Emotional Intelligence (JADE)” at Sterling Resort, Puri, during the middle of June 2026.

The programme brought together more than 20 officials from various Government of India (GoI) departments, providing them with valuable insights into leveraging Artificial

Intelligence, data-driven decision-making and emotional intelligence to enhance professional judgment and leadership effectiveness. Through expert-led sessions, interactive discussions and practical applications, participants explored contemporary approaches to integrating AI with human judgment while strengthening analytical and emotional competencies required in today's dynamic governance landscape. The enthusiastic participation and positive feed-



back from the attendees reaffirmed the relevance and effectiveness of the programme. Over the past two years, the Management Development Programmes (MDPs) offered by IMS Ghaziabad have consistently earned

Live Talk Show SACH with Zee on Responsible AI



IMS News Service

Ghaziabad: IMS Ghaziabad hosted an engaging live talk show, “SACH with Zee,” featuring Mr. Subhash Chandra, Chairman of the Essel Group, as the host.

The interactive session provided students with a unique platform to engage in meaningful discussions on the responsible use of Artificial

Intelligence (AI), human memory, and the evolving relationship between technology and society.

The event witnessed enthusiastic participation from students, who actively shared their perspectives and responded to thought-provoking questions during the live discussion.

The session encouraged critical thinking on the ethical and responsible

application of AI while highlighting the importance of balancing technological advancement with human intelligence and values.

A proud moment for IMS Ghaziabad came when two IMS students were recognized for their exceptional prompt responses and impressive presentation skills during the talk show.

Induction for the MBA Batch 2026–28

IMS News Service

Ghaziabad: Following the successful Registration Day, IMS Ghaziabad welcomed the incoming MBA Batch 2026–28 with a week-long induction programme featuring a wide range of events, sessions and activities scheduled throughout the day.

The inaugural ceremony of the induction programme was graced by Former DGP, Uttar Pradesh, Mr. Vikram



Singh, who is also the Vice Chancellor of Noida International University.

His presence added great significance to the occasion and inspire the new batch as they begin their two-year jour-

ney of learning, growth and professional development. The induction week included interactive sessions, expert talks, team-building activities and engaging experiences.

Tree Plantation on World Environment Day 2026



News Service

Ghaziabad:IMS Ghaziabad organized a tree plantation drive to reinforce its commitment towards environmental sustainability and ecological conservation. As part of the initiative, 10 saplings of evergreen plants were planted within the campus premises by faculty and staff members.

Addressing the gathering, He emphasized

that tree plantation is not merely an annual activity but a continuous responsibility towards preserving the environment for future generations.

Dr. Tripathi also highlighted that planting a sapling is only the first step; its regular care and maintenance are equally essential to ensure healthy growth and long-term environmental benefits.

Celebrated International Day of Yoga



IMS News Service

Ghaziabad: The International Day of Yoga was celebrated with great enthusiasm at the IMS University Courses Campus, Dasna (Ghaziabad), Lal Kuan Campus.

The event created a remarkable milestone as more than 2,000 yoga practitioners came together to perform yoga

in a single lawn, reflecting a strong commitment to health, wellness and holistic living.

The mass yoga session witnessed enthusiastic participation from students, faculty members, staff and guests, who practiced various yoga asanas and breathing exercises under expert guidance.



Dr. Johari Represents IMS Ghaziabad at International Research Conference in the USA

IMS News Service

Ghaziabad: Dr. Surabhi Johari represented IMS Ghaziabad (University Courses Campus) at the prestigious Next Generation Conversations, hosted by Louisiana Tech University, USA, from 9-13 June 2026.

As part of the international conference, Dr. Johari delivered an insightful research presentation before a distinguished gathering of globally renowned scientists, academicians, and researchers. Her participation reflects the institution's unwavering commitment to promoting excellence in research, innovation and international academic collaboration.

The conference served as an outstanding platform for intellectual exchange, interdisciplinary discussions and collaborative networking in the fields of bio-molecular sciences, computational biology and biotechnology. It enabled participants to explore emerging scientific advancements, share innovative research, and establish meaningful global partnerships that

advance scientific knowledge and innovation. Dr. Johari's representation on this esteemed international platform is a matter of great pride for the institution and underscores the growing global recognition of its academic and research contributions. We extend our heartfelt congratulations to Dr. Surabhi Johari on this significant accomplishment and wish her continued success in her future academic, research, and professional pursuits.



Peer Enrichment Session on Research Applications of Multi Criteria Decision Analysis approaches

IMS News Service

Ghaziabad: The Department of Management at IMS Ghaziabad (University Courses Campus) organized a Peer Enrichment Session on "Research Applications of Multi Criteria Decision Analysis (MCDA) Approaches" in association with the Research Cell on 26th May, 2026.

The session was conducted by Dr. Chhavi Luthra, faculty in the area of Marketing, to familiarize faculty members with advanced research method-

ologies applicable across management disciplines. The session focused on Interpretive Structural Modelling (ISM) and MICMAC analysis, highlighting their conceptual foundations, research applications and interdisciplinary relevance in areas such as Marketing, HRM, Finance, Operations, Supply Chain and Strategy.

The resource person also demonstrated the use of ISM software application through a practical example and conducted a short hands-on activity

to enhance participants' understanding of variable interrelationships and model development. Research papers employing ISM and MICMAC approaches were discussed to establish their growing academic relevance and evolving application in contemporary research. The session enabled faculty members from different domains to explore the usefulness of MCDA approaches for conducting structured and impactful research.



IMS Ghaziabad (UC Campus) Organizes Grand Celebration of the 12th International Yoga Day

IMS News Service

Ghaziabad: IMS Ghaziabad (University Courses Campus) in collaboration with the Ghaziabad District Administration, organized a grand celebration of the 12th International Yoga Day.

The event witnessed enthusiastic participation from more than 3,000 students, faculty members, administrative staff, government officials and citizens, reflecting the growing awareness and importance of yoga in promoting a healthy lifestyle.

The programme was graced by Shri Sunil Kumar Sharma, Hon'ble Minister for Electronics and Information Technology, Government of Uttar Pradesh, as the Chief Guest. Renowned yoga expert Dr. Yash Parashar conducted the yoga session and guided the participants through various yoga practices while explaining the physical, mental and spiritual benefits of yoga.



The event commenced with the ceremonial lighting of the lamp and the administration of the Yoga Pledge by the Chief Guest, Shri Sunil Kumar Sharma, CA (Dr.) Rakesh Chharia, General Secretary, IMS Group of Institutions, District Magistrate (DM) of Ghaziabad, Ravindra Kumar Mandar and Shri Kumar Saurabh, Chief Development Officer, Ghaziabad. During the programme, all participants watched the live telecast of the address by Hon'ble Prime Minister Shri Na-

rendra Modi. Inspired by his message, the participants resolved to make yoga an integral part of their daily lives. Addressing the gathering, Shri Sunil Kumar Sharma said, "Yoga is not only India's ancient heritage but also the art of living a healthy and balanced life. By dedicating a small amount of time to yoga every day, we can remain physically fit and mentally strong. Yoga teaches us discipline, positivity, and self-confidence." On the occasion, Shri



Kumar Saurabh, Chief Development Officer, Ghaziabad, remarked, "Yoga represents India's rich cultural heritage that leads us towards a healthy body, a peaceful mind and a stronger society. In today's fast-paced lifestyle, embracing yoga has become a necessity. Regular practice of yoga not only keeps us healthy but also enables us to contribute towards building a positive and aware society." He encouraged all participants to make yoga a part of their daily routine.

In his address, CA (Dr.) Rakesh Chharia, General Secretary, IMS Group of Institutions, said, "Yoga is not merely a one-day celebration but a lifelong practice. In today's demanding and fast-moving world, yoga provides balance, energy and mental peace. We should embrace it as an integral part of our everyday lives." More than 3,000 participants enthusiastically took part in the mass yoga session.

Department of Computer Science organized the Farewell Ceremony ADIEU-2026

IMS News Service

Ghaziabad: The Department of Computer Science at IMS Ghaziabad (University Courses Campus), organized the Farewell Ceremony "ADIEU-2026" to bid a heartfelt farewell to the outgoing batch of BCA students.

The event was conducted in the college auditorium with great enthusiasm and witnessed the participation of 210 students, faculty members and staff. The ceremony provided an opportunity for students to celebrate their achievements, cherish memorable moments and express gratitude towards their teachers and peers.

The program commenced with the traditional lamp lighting ceremony followed by a warm

welcome address by the Master of Ceremony. The Head of the Department welcomed the gathering and congratulated the graduating students on successfully completing an important phase of their academic journey.

The students were encouraged to uphold the values of integrity, professionalism and lifelong learning while pursuing their future careers. The cultural program began with an energetic group dance performed by the junior students, followed by melodious singing performances, solo and group dances and entertaining skits. These performances created a joyful atmosphere and reflected the creativity and talent of the students.

The farewell celebration included an award and recognition ceremony where students were appreciated for their remarkable contributions in various academic and extracurricular activities. Contribution to the Department Interactive games and fun-filled activities were



organized by the junior students, encouraging active participation from the graduating batch. One of the most awaited segments of the event was the Mr. Farewell and Ms. Farewell competition, which included a ramp walk, talent showcase, and question-answer round judged by the faculty members. The winners were

felicitated with trophies and certificates. The event concluded with a heartfelt vote of thanks, followed by cake cutting and a memorable photo session. A buffet lunch was arranged for all participants, providing an opportunity for students and faculty members to interact, share experiences and create lasting memories.

BID Adieu 2026 : MIB Farewell

IMS News Service

Ghaziabad: The farewell ceremony "Bid Adieu 2026" was organized by the Department of Management, IMS Ghaziabad, University Courses Campus, to bid a warm and heartfelt goodbye to the graduating batch of Master in International Business (MIB), 2024-2026.

The programme commenced with a formal and respectful welcome extended to the esteemed dignitaries present on the occasion, including the Director of Institution, Dean Academics and the faculty members were invited to address the outgoing batch, offering their heartfelt words of wisdom, encouragement and best wishes as the students prepared to step into the next chapter of their lives.

The cultural segment of the evening was vibrant and showcased the diverse talents of the students. The outgoing batch



presented a series of engaging performances, including energetic and graceful dance performances, heartfelt poetry recitations expressing gratitude and nostalgia and various other artistic and creative functions. The performances were widely appreciated by all those present and added a truly memorable dimension to the farewell event. One of the most anticipated segments of the evening was the Title Ceremony, wherein each

graduating senior was conferred with a unique and affectionate title. The titles were thoughtfully assigned based on each student's individual personality, distinctive characteristics and memorable qualities observed throughout their two-year journey at the institution. This segment was celebrated with great enthusiasm, laughter and fondness, creating cherished memories for the entire batch. Following

the title ceremony, trophies and academic excellence awards were presented to students who had demonstrated outstanding performance and dedication throughout the MIB programme, recognising their consistent hard work and meritorious contribution over the two years. The prestigious titles of Mr. Farewell 2026 and Miss Farewell 2026 were subsequently announced and awarded to two exceptional students of the batch, selected on the basis of their personality, confidence, academic performance and overall contribution to campus life. The announcement was received with tremendous applause and cheer from all attendees. The formal proceedings concluded on a joyful note with a DJ party held within the campus premises.

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वन महोत्सव कार्यक्रम का आयोजन

गाजियाबाद : प्रदेश सरकार के निर्देशानुसार 1 से 7 जुलाई 2026 तक आयोजित वन महोत्सव के अंतर्गत पर्यावरण संरक्षण एवं हरित प्रदेश के संकल्प को साकार करने के उद्देश्य से आईएमएस गाजियाबाद (यूनिवर्सिटी कोर्सस कैम्पस) में वृक्षारोपण कार्यक्रम आयोजित किया गया। कार्यक्रम का शुभारंभ संस्थान की निदेशिका प्रो. (डॉ.) जसनकिरण कौर द्वारा पौधारोपण कर किया गया। उन्होंने अपने संबोधन में पर्यावरण संरक्षण, जैव विविधता के संवर्धन तथा वृक्षों के संरक्षण के महत्व पर प्रकाश डाला और सभी छात्रों एवं शिक्षकों से अधिक से अधिक पौधे लगाने तथा उनकी नियमित देखभाल करने का आह्वान किया। राष्ट्रीय सेवा योजना (छः) इकाई द्वारा आयोजित इस कार्यक्रम में स्वयंसेवकों, छात्रों, शिक्षकों एवं कर्मचारियों ने उत्साहपूर्वक भाग लिया। संस्थान परिसर में कुल 15 पौधों का रोपण किया गया, जिनमें आम, नीम, आंवला, करीपत्ता तथा जामुन जैसी क्षेत्रीय प्रजातियाँ शामिल थीं। सभी प्रतिभागियों ने लगाए गए पौधों के संरक्षण एवं नियमित देखभाल का संकल्प लिया।

कार्यक्रम का उद्देश्य छात्रों में पर्यावरण के प्रति जागरूकता बढ़ाना, हरित परिसर का विकास करना तथा प्रकृति संरक्षण के प्रति सामाजिक उत्तरदायित्व की भावना को प्रोत्साहित करना था। यह आयोजन उत्तर प्रदेश सरकार के वन महोत्सव (1-7 जुलाई 2026) अभियान के उद्देश्यों के अनुरूप सफलतापूर्वक संपन्न हुआ तथा सभी प्रतिभागियों ने पर्यावरण संरक्षण के प्रति अपनी प्रतिबद्धता व्यक्त की।

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Monsoon Warriors: When Ordinary People Become Nature’s Greatest Hope

Arya Kumari

New Delhi: Every monsoon, the first rain washes away months of dust and breathes life into the earth. Rivers swell, trees turn greener, and fields prepare for another harvest. Yet, the same season also exposes a darker reality (plastic-clogged drains, polluted rivers, urban flooding, and disappearing forests) which devastating monsoon aesthetics. While governments introduce policies and environmentalists raise awareness, the real battle for the environment is often fought by ordinary citizens who quietly step forward when nature needs them the most.

They are not scientists with advanced laboratories or officials with powerful positions. They belong to us, teachers, students, farmers, lawyers, and labourers who believe that protecting the environment begins with individual action. These are the actual Monsoon Warriors people who transform concern into commitment and inspire change through simple yet extraordinary acts. One such warrior is Ja-



Jadav “Molai” Payeng Jadav “Molai” Payeng, popularly known as the Forest Man of India. He began planting bamboo saplings one by one. What started as a single act of compassion gradually turned into a lifelong mission. For more than forty years, he nurtured	Rajendra Singh the land every single day. Today, that once-empty sandbar has grown into Molai Forest, covering nearly 1,360 acres and providing a home to elephants, rhinos, deer, birds, and Bengal tigers. His work stands as proof that one individual.	Tulsi Gowda Payeng’s story made a remarkable history which is not only shows the number of trees he planted but also the mindset he represents. He never waited for applause, funding, or recognition. He simply believed that if humans were responsible for harming	Saalumarada Thimmakka
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Jadav “Molai” Payeng
One such warrior is Jadav “Molai” Payeng, popularly known as the Forest Man of India. In 1979 his story started on a sandbar of the Brahmaputra River in Assam. After devastating floods, Payeng noticed hundreds of snakes lying dead because the barren land offered them no shade or shelter, and here the teenage Payeng chose to act.

Rajendra Singh – The Waterman of India
Known as the “Waterman of India,” Rajendra Singh transformed hundreds of drought-hit villages in Rajasthan through traditional rainwater harvesting structures such as johads. His community-led efforts revived dried-up rivers, restored groundwater levels, and improved agriculture and livelihoods. His work demonstrates that conserving rainwater can change the future of entire communities.

Tulsi Gowda – The Encyclopedia of Forests
Popularly known as the “Encyclopedia of Forests,” Tulsi Gowda from Karnataka has devoted her life to nurturing and protecting forests. Despite having little formal education, she possesses extraordinary knowledge of native plant species and has helped plant and conserve thousands of trees. Her lifelong commitment has significantly contributed to biodiversity conservation and ecological restoration.

Saalumarada Thimmakka – The Green Crusader
Saalumarada Thimmakka, often called the “Green Crusader of India,” is celebrated for planting and nurturing hundreds of banyan trees along highways in Karnataka with her late husband. Her dedication transformed barren stretches into lush green avenues that provide shade, improve air quality, and support wildlife. Her work proves that consistent individual efforts can leave an environmental legacy for generations.

nature, they were equally capable of healing it. Across India, countless others follow the same spirit. In Mumbai, volunteers spend weekends removing tonnes of plastic from beaches before the monsoon washes it into the Arabian Sea. In drought-prone villages of Maharashtra, farmers revive traditional rainwater harvesting techniques to conserve every drop of rain. School children across cities plant native trees during the rainy season and continue caring for them long after the celebrations end. None of these efforts may make national headlines every day, yet together they shape a

healthier environment. The true strength of these Monsoon Warriors lies in their consistency. They remind us that environmental protection is not about one grand campaign but about small actions repeated every day. A planted sapling, a cleaned riverbank, a rainwater harvesting pit, or a plastic-free neighbourhood may seem insignificant in isolation, but collectively they create lasting change. As climate change intensifies floods, heatwaves, and unpredictable weather, the need for such citizens has never been greater.



Movie Name: Mai Wapas Aaunga
Release date : 12 June 2026
Director: Imtiaz Ali
Writers: Imtiaz Ali, Nayanika Mahtani
Producers: Sameer Nair,Deepak Segal,Mohit Choudhary,Shibasish Sarkar

Main Wapas Aaunga is one of Imtiaz Ali’s most emotional and mature films. Set against the backdrop of the Partition of India, it tells a deeply moving story about love, memories, separation, and the longing to return home. Instead of focusing on politics, the film highlights the human emotions and lifelong pain caused by Partition. The biggest strength of the movie is its outstanding performances. Naseeruddin Shah delivers a powerful and heartfelt performance as an elderly man haunted by memories of his lost love. Diljit Dosanjh brings warmth and sincerity to his role, while Sharvari and Vedang Raina impress in the flashback sequences with natural chemistry and emotional depth. A.R. Rahman’s soulful music beautifully enhances the film’s emotional impact, and Imtiaz Ali’s sensitive direction creates a poetic atmosphere throughout.

Monsoon Tourism and Sustainable Travel Practices

Anushka Khurana

New Delhi: Monsoon tourism is all about going on vacation during the rainy season, which in India falls between June and September. Some people generally hate rain, while some people are even attracted to its charm. The villages become verdant, the waterfalls are splendid, and the misty mountains offer a dreamy and rejuvenating environment. In India, monsoon holidaying has become quite a fashion as people are looking for a nice, cool getaway from the summer heat. Places get adorned with bright greenery, which makes it an excellent time for fans of nature and also photography. Monsoon tourism also has many advantages. It is a great way to help local economies in areas that usually get very few visitors, or almost none, in other seasons. A lot of tourists are drawn to hill stations like Munnar, Mahabaleshwar, and Darjeeling, the forests and waterfalls in Coorg, and the backwaters of Kera-

la. Such visits indirectly support various other es-

On the other hand, monsoon tourism creates a

tion of essential resources like water and power at the locations. Landslides plus soil erosion may cause the destruction of not only the roads but also the dwellings of living beings. In addition, unregulated tourism activities might upset the fauna and damage the forest and the hills’ ecosystems.

That is the reason sustainable travel habits have to be promoted. Tourists can lessen their footprint by not using single-use plastic and having reusable bottles and bags with them. Being considerate of wild animals means not feeding them, not playing loud music in the woods, either. Saving water and electricity in hotels, taking the green way to get around - e.g. public buses or electric vehicles and also giving a hand to local businesses contribute a lot. Adherence to “leave no trace” rules is the best

way to enjoy our natural environment without damaging it.

In fact, governments, tourism authorities, local communities, and travellers are key players. Most countries have made an effort to integrate green tourism through the adoption of nature-friendly policies, the installation of waste disposal systems, and the implementation of various conservation efforts.

Apart from that, awareness drives are also used as a means of educating tourists on the importance of being responsible while travelling. Besides, following the example of the Western Ghats, which have plastic-free zones and community-led tours, other places are coming up with their own ways of promoting sustainability.

Similarly, some of the well-known spots for experiencing the monsoon, like Lonavala, Mount Abu, and the hills of the Northeast, are gradually becoming models of responsible tourism where visitor indulgence and nature conservation are given equal importance.

Monsoon Plantation Drives: Growing Forests for a Better Future

Sonakshi Gupta

New Delhi: As the rains from the monsoons make the land fertile, thousands of people from across India are planting trees in plantation drives that are aimed at making their surroundings greener and healthier. Rains offer favourable conditions for the saplings to grow; hence, this is the most appropriate season to increase the forest area and revitalise the degraded areas.

Forests have been referred to as the “lungs of the earth” since they take in carbon dioxide and give out oxygen. Forests cover almost 30% of the surface of the earth, which provides habitat to about 80% of terrestrial biodiversity on the planet while absorbing almost 30% of carbon emissions made by man each year.

Environmental specialists emphasise that planting campaigns are not only ceremonial acts but essential processes for battling against global warming. Kenyan environmentalist and Nobel



Peace Laureate Wangari Maathai, before her death, once stated, “When we plant trees, we plant seeds of peace and hope.” The words have inspired millions of people all across the globe to conserve their environment.

The United Nations Environment Program (UNEP) has also emphasised that trees are useful in minimising the effects of heat waves, preventing soil erosion, recharging groundwater, and protecting from natural disasters. Nonetheless, environmental experts warn against using the number of plantations as the yardstick of the success of plantation drives, but rather the number of trees surviving. It is suggested that native species of trees be planted, and that watering and protecting them be done continuously for the next few years. If these trees are not

taken care of, many do not make it.

The Food and Agriculture Organisation (FAO) maintains that forests regulate the climatic conditions of the planet through their carbon storage capacity in trees and soil. Healthy forests also help in creating favourable rainfall patterns and conserving water for millions of people around the world.

In various parts of the country, there are initiatives taken by schools, colleges, resident welfare societies, and even voluntary organisations to encourage people to plant a tree and look after it. Considering the dangers posed by climate change, global warming, and deforestation to our ecosystems, monsoon plantation drives remind us that every little tree counts.

Spotify



FIFA World Cup 2026: Knockout Stage Delivers High-Voltage Action



The FIFA World Cup 2026, jointly hosted by the United States, Canada, and Mexico, entered its most exciting phase in June with thrilling knockout matches. Football giants battled for a place in the quarterfinals, keeping fans around the world on the edge of their seats. Brazilian superstar Neymar achieved another milestone by becoming one of the few players to score in four different FIFA World Cup editions. Following Brazil’s exit from the tournament, Neymar announced his retirement

from international football, marking the end of an illustrious international career. India Begins Preparations for the England Limited-Overs Series

The Indian cricket team intensified its preparations for the upcoming limited-overs series against England. Fast bowler Jasprit Bumrah began his comeback after a challenging IPL season, while several promising young players were included in the squad. The series is considered an important step in India’s preparations for future international tournaments and offers youngsters an opportunity to establish themselves on the global stage.



Busy International Sports Calendar Keeps Fans Engaged



June 2026 proved to be an action-packed month for sports enthusiasts across the globe. Along with the FIFA World Cup, prestigious tournaments in badminton, athletics, boxing, and tennis attracted worldwide attention. The Indonesia Open Super 1000, Diamond League athletics meets, and major international boxing events witnessed exceptional performances from leading athletes. These competitions also served as important preparatory events for upcoming global championships.

Vaibhav Sooryavanshi Creates History for Indian Cricket

Fifteen-year-old batting sensation Vaibhav Sooryavanshi from Bihar made history in June 2026 by becoming the youngest male cricketer to represent India in international cricket. After a sensational IPL 2026 season for Rajasthan Royals, where he scored 776 runs and smashed 72 sixes, he earned his maiden call-up to the national team. With his debut, he surpassed Sachin Tendulkar’s 37-year-old record as India’s youngest men’s international cricketer. Although he scored only 14 runs in his first T20 International against England, his fearless batting style impressed cricket experts and fans alike, making him one of India’s brightest young cricketing prospects.

