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TION-  
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College



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# IMS TODAY

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## UGC Considers Scrapping Rule On Publishing Research For Ph.D.

**NEW DELHI:** The UGC is currently making amendments to the UGC Regulations, 2016. The rule mandated Ph.D. scholars to publish at least one research paper in a UGC refereed/peer-reviewed journal before the submission of the dissertation/thesis for adjudication.

The University Grants Commission (UGC) plans to do away with the mandatory requirement of publishing research papers in peer reviewed journals for the submission of Ph.D. thesis, officials said. The commission will allow higher education institutions to formulate their own rules and regulations on the matter. The reason for doing so is because many Ph.D. students were resorting to publishing their articles in so-called predatory journals, basically the ones who publish articles in return for a fee, without having adequate due-diligence.



The commission is currently making amendments to the UGC (Minimum Standards and Procedures for Award of Ph.D. Degree) Regulations, 2016. Under the 2016 regulations, it was mandatory for Ph.D. scholars to publish at least one research paper in a UGC refereed or peer reviewed journal before the submission of the dissertation/thesis for adjudication. Under the new, 2022 regulations, the commission will replace the term mandatory with “strongly recommended”. The quality assessment of Ph.D. degrees will

be a responsibility of the universities and they are free to come up with their own guidelines in this regard. “This mandatory requirement led to a ‘journal business’ in India. Making anything mandatory does not improve the quality of research. Therefore, UGC is now considering doing away with this requirement while strongly recommending research scholars to publish the research outcomes of their Ph.D. in peer reviewed journals, apply for patents, and present in conferences,” UGC Chairperson, M Jagadesh Kumar

told HT. Kumar said that the commission may now ask the universities to frame their own guidelines regarding publication in research journals. “The higher education institutions may be allowed to decide if they want to keep this as a mandatory requirement or not, while maintaining the quality of research.” HT reported that the draft UGC (Minimum Standards and Procedure for Award of Ph.D. Degree) Regulations, 2022, proposed several changes including undergraduates who have been under the four-year programme and with a minimum CGPA (Cumulative Grade Point Average) of 7.5 eligible for Ph.D. admissions. The draft was made public in March seeking suggestions from stakeholders. UGC is now compiling the suggestions and finalizing the regulations. Members of the academic fraternity expressed concerns over UGC’s proposal.

## Consider Opening School Playgrounds For Public: HC

**New Delhi:** Delhi High Court has asked the Delhi Government, Municipal Corporation of Delhi and Kendriya Vidyalaya Sangathan to consider if playgrounds of government schools can be made available to children and sports enthusiasts, more so during summer vacations. The court pointed out the lack of access to sports facilities for common citizens in the capital and asked the authorities to act.

“At this stage, the court would take into consideration that all over



the city, the lack of easy access to stadia, sports fields and other sports facilities for the ordinary citizens is well known. This could well be remedied and facilitated, in the first instance, by making available playgrounds of government

schools or other schools owned or managed by statutory authorities. Such neighbourhood sports facilities would be convenient for children and sports enthusiasts,” a bench of Justices Najmi Waziri and Vikas Mahajan stated in a recent

order. The HC also underlined the need for authorities to be flexible with timings of sports centres, adding that they must bear in mind that the opening of stadia and sports facilities is primarily for the benefit of sportspersons. The duration for which such facilities would be kept open requires it to be structured around the needs of sportspersons and the climatic conditions. The HC was hearing a plea by lawyer Rahul Mehra seeking compliance of Sports Code by several National Sports Federation.

### Guest Editor of this issue



**Dr. Nitesh Kumar Singh**  
PRINCIPAL  
Azad Public School  
Bulandshahr

### From the Editor's desk

I am very honored to serve as a guest editor for this Issue of IMS Today. I am sure that this issue would be definitely useful to all the readers. This collection will also offer a window for new perspectives and direction to the readers' mind for long.

*“Thank you to the team IMS Today and comment moderators who work so hard for the newspaper on the frontline of audience engagement.”*

The Editorial Committee of IMS Today wishes to acknowledge and thank Dr. Nitesh Kumar Singh who contributed his time to review manuscripts as Guest Editor of this Issue. Without his help, We could not fulfill our mission.

## Policymakers Must Look into The Problem

Education can make people easy to lead, but difficult to drive. Also, it makes easy to govern, but impossible to enslave.

This is true, that without education a man is a shade better than an animal. Thus true education is the drawing out of the mental faculties and it is essential for leading a happy life.

It is a fact that our education system in India is not the best one. Lack of reforms and improvements are making it quite boring and ineffective. Students are not taking much interest in studies. There are many factors that are leading this problem of students' disinterest in education. Education is more exploration than slogging for passing examinations and tests. The schools and

teachers must not corrupt the joy-giving pursuit of education by putting unnecessary burdens of unnecessary rules. Teachers must intrigue the students towards the charms of education and learning as well as gaining the knowledge.

Teachers must expose and reveal to the students the thrill involved knowledge imparting process. Classroom learning must be more interesting than a boring experience. Teachers must make the learning experience very thrilling at school. Education is much more charming and intriguing than the temptations of distractions unnecessary. Our education policymakers must look into the problem to make a better system that is more practical and provides hands-on learning to the students.

UPSC Civil Services Final Result 2021: 685 Qualify Civil Services Exam, Shruti Sharma Tops

**NEW DELHI:** Shruti Sharma, Ankita Agarwal and Gamini Singla have secured the first, second and third ranks respectively in the Civil Services Examination 2021, results of which were announced by the Union Public Service Commission (UPSC) on Monday, May, 30, 2022. As many as 685 candidates have qualified the prestigious test. Of the successful candidates, 244 are from general category, 73 from Economically Weaker Sections, 203 of Other Backward Classes, 105 Scheduled Caste and 60 from the Scheduled Tribes, the Commission said. The Civil Services Examination is conducted annually by the UPSC in three stages – Preliminary, Main and Interview, to select officers of the Indian Administrative Service (IAS), Indian Foreign Service (IFS) and the Indian Police Service (IPS) among others. The written or main part of the UPSC CSE exam 2021 was held in January 2022, and the interviews for final selection were held in April and May this year. The candidature of 80 candidates is provisional while the result of one candidate has been kept withheld.

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# Annual National Convention Organised

**Ghaziabad:** Ghaziabad Management Association organised its 32nd Annual National Convention on 7th May 2022. The theme of the convention was Redefining Growth - The ESG Way.

The Chief Guest was Dr. Indrajeet Ghosh Global Chairman, MSME Chamber of Commerce and Industry of India and the Keynote speaker was Mr. Vikram Kasbekar, Executive Director and Board Member, Hero MotoCorp Limited. Mr. Dharmendra Singh, President, GMA, welcomed the guest and the delegates. Mr. Kasbekar explained how their organization is maintaining sustainability in the environment along with the growth of the Company. Dr. Ghosh, in his inaugural address shared that MSME Chamber of Commerce is doing great to help the Enterprises for ensuring sustainable growth. The guests released a souvenir which was printed on this occasion.

After the Inaugural Session, there were three technical sessions



which were linked to the main theme. These were Role of Corporate Governance; Role of Technology and Role of Academia in redefining the growth. The distinguished speakers in the Role of Corporate Governance were Mr. Anup Kumar Mittal, Former CMD of National Building Construction Company and Mr. Sameet Gambhir, Vice President (Corporate Law) and Company Secretary, DCM Shriram Limited. This session was Chaired by Mr. Amit Agarwal, Managing Director of Ghaziabad Precision Products

Limited, Ghaziabad who is also a Past President of GMA. During the session, both the distinguished speakers shared their experience on how to ensure sustainability in growth for all stakeholders including environment. Mr. Mittal shared the story of GMR Company, how they ensured proper governance specially by rotating their CEO's from one company to the other at regular interval. Mr. Sameet Gambhir shared his experience of the social responsibility of an organization and how as a Company Secretary



he made sure that the growth is environmentally and socially sustainable. The session on Role of Technology was chaired by Mr. SK Tiwari, General Manager, Godfrey Phillips India Limited and Senior Vice President GMA and the distinguished speaker was Mr. Ashok Goel, Associate Vice President, Vendor Development and Supply Chain in Hero Motocorp Limited. Mr. Goel shared his views on how he has been able to use Technology for sustainable development. The distinguished Speaker in the Role

of Academy was Professor Dr. Kamal Kant Dwivedi, Senior Vice President, Amity Group of Universities and the session chair was Dr. TR Pandey, Director, AKG Institute of Management, Ghaziabad and Hon. Secretary, GMA. In the session the speaker emphasized on how Academia can play a role in ensuring a sustainable growth in industrial world by preparing and equipping the people to deal with it.

In the end, there was a Valedictory session which dealt with the Impact of Growth on



Environment. The Municipal Commissioner, Ghaziabad was the Chief Guest which was Chaired by CA. (Dr.) Rakesh Chharia, General Secretary, IMS Group of Institutions, Ghaziabad and Immediate Past President of GMA. The Municipal Commissioner made this session a highly interactive one after he initially explained to the people on how he has tried to make Ghaziabad a clean and green city. He also shared his expectations from the industries and the citizens of Ghaziabad on how they can help

in their own ways to keep the environment clean and green. The Municipal Commissioner explained how he made use of plastic waste into useful material. The delegates asked many questions about the environment in Ghaziabad and how he plans to take it further. He answered everything and in the end, it was told that the Association will organize a special session with the Municipal Commissioner where both can find out ways and means to co-operate with each other for a better environment in Ghaziabad.

## MDP on Enhancing Workplace Productivity



**Ghaziabad:** Ghaziabad Management Association collaborated with Institute of Professional Excellence & Management, Ghaziabad and organised two days MDP on Enhancing Workplace Productivity through Neuro Linguistic Programming and Emotional Intelligence on 25th and 26th May.

In this MDP around 25 members participated from Various Corporate and Educational Institutions. The MDP on 'Enhancing workplace productivity through Neuro Linguistic Programming and Emotional Intelligence' was a sincere attempt to provide

solutions to many personal and professional issues that hamper employees' workplace productivity. Dr. N.K. RAI, a certified trainer from IDPM, Manchester Univ. (U.K.) and Consultant with NIE Times of India and Mr. Ved Prakash, Founder and CEO of 'NLP Technologies Pvt. Ltd' were the expert external resource persons. Dr. Mona Sahay, Certified Master Coach, Neuro Linguistic Programming and Associate Professor, IPEM, Ghaziabad & Mr. Tejendra Singh, Assistant Professor, IPEM, Ghaziabad were the internal resource persons.

## Master's Class Certification Course on Changing Landscape of Finance and Accounting in Industry 4.0 Age



**Ghaziabad:** A vital Master's Class Certification Course on 'Changing Landscape of Finance and Accounting in Industry 4.0 Age' was organized by IMS Ghaziabad for PGDM students on May 19, 2022.

The Expert Resource Speaker were Dr. Satish Kumar, Associate Professor, Department of Management Studies, Malaviya National Institute of Technology, Jaipur. Welcoming the speaker, Dr. Urvashi Makkar congratulated him for his remarkable journey from being her student in yesteryears' to becoming a name to reckon with

in academics and research across the globe. She inspired the students to inculcate the right attitude to excel in different roles in their lives and be self-driven to lap up the myriad of opportunities offered by the institute for enhancement of their skills and corporate readiness.

Using an interactive pedagogy replete with practical exercises, corporate examples and anecdotes, Dr. Satish enriched the knowledge and skills of the inquisitive students in the diverse domains of Financial Management.

## 'MANTHAN 2022'- RKG Business Quiz Organised

**Ghaziabad:** Ghaziabad Management Association and Department of Management Studies -RKGIT organised a business quiz competition "MANTHAN 2022" on 21st May 2022 at RKGIT Campus.

'MANTHAN 2022' was graced by the esteemed presence of Dr. Sunaina Dutta, Corporate Head-HR, Hettich India Pvt. Ltd. as Chief Guest. There was an overwhelming response from various colleges throughout various regions across the country. In all 45 teams from 21 colleges turned up on the final day. The quiz took place in three phases. First phase was a written round out of which 20 teams got selected for the 2nd Phase.

Second phase, the semi-finals was a business question answer



POSITION	NAME OF WINNERS	College
WINNER	1. Shaikh Ubaid	LPU, Punjab
	2. Ashish	HRIT
I Runner Up	1. Akshat	
	2. Aryan Sharma	INMANTEC
II Runner Up	1. Suraj Kr. Tiwari	Lloyd Business School
	2. Monika Rajput	

round and seven teams were selected. These seven teams

competed for the grand finale. This phase also had various



rounds related to different aspects of business. It consisted of questions related to economy, brands, audio-visual recognition, product related questions.

After a very tough competition, the last round i.e., 'RAPID FIRE ROUND' changed the whole scenario, which gave us the final winners for 'MANTHAN 2022'.

**The prizes for the winners were as follows:**

- 1) Winners – Cash prize of Five Thousand rupees
- 2) 1st runner up – Cash prize of Three Thousand rupees
- 3) 2nd runner up - Cash prize of Two Thousand rupees
- 4) Trophies for the winners were sponsored by the Ghaziabad Management Association.

## Yash Sisodia selected as a National member of India-Chile Youth Forum

**Ghaziabad:** Yash Sisodia, student of ECE third year, was selected as a National member of India-Chile Youth Forum as well as India-Singapore Youth Forum for the year 2021-22. He has worked as a Graphic Designer in India-Chile Youth Forum.

On 6 April 2022, a case study competition was held Analysis De Ases on Renewable Energy Startups at Embassy of Chile, New Delhi. He was awarded with the second prize. In the first round of the competition, entries were invited from the participants all over India, out of which the best 3 applicants were selected and invited to the Venue

to present their proposals and Yash Sisodia was one of them. The competition was adjudged by the Ambassador of Chile in India, his excellency H.E. Mr. Juan Angulo M. along with Programme Director of the International Solar Alliance, Mr. Philippe Malbranche, Commercial Attache of Chile in India, Mrs. Marcela Zuniga Algeria and Head of the CDRI's Power Sector Resilience Programme, Mr. Sammer Pethe. This event was regulated by Mrs. Amaranta Vandepierre, third secretary Political Affairs, Embassy of Chile, New Delhi. Nearly 45 participants attended the session from all over India

along with the representatives from International Council, the ICYF Union, National Team, participating teams along with attendees from the Global Youth. He was also chosen by Google Experts for Google Cloud Computing Foundation Course training last year. He was one of the chosen few throughout India. He also has a YouTube Channel 'Yash Sisodia' with 1.5k+ subscribers on YouTube where he talks to people who are currently working with Big Tech Companies like Google, Microsoft, D.E Shaw etc through podcast about productivity, work-life balance and career related queries.



Adjudged by Ambassador from Chile to India Mr. Juan Angulo Monslave at the Análisis De Ases: A Case Study and Business Plan Competition on Renewable Energy Start-Ups at Embassy of Chile, New Delhi.

# 2 N D WINNER

## विवेक और सतर्कता से बनेगा सौहार्दपूर्ण माहौल

पूजा स्थलों से लाउडस्पीकर हटाए जाने, मथुरा में श्री कृष्ण जन्म भूमि और बनारस में ज्ञानवापी मस्जिद का सर्वे कराए जाने जैसे मुद्दों पर जिस तरीके से हिंदू और मुस्लिम संप्रदाय के लोगों ने एकजुटता दिखाई है, वह अत्यंत दूरगामी एवं सराहनीय है। इन दोनों ही मुद्दों पर होने वाली सियासत को अगर दरकिनार कर दिया जाए तो दोनों ही समुदायों के बीच कोई वैमनस्य नहीं दिखता। देश के सबसे बड़े राज्य उत्तर प्रदेश में लाउडस्पीकर हटाने अथवा स्पीकरों की आवाज कम करने का काम जिस तरीके से दोनों ही समुदाय के लोगों ने पहल कर किया, वह अत्यंत प्रशंसनीय कदम है।

हालांकि वाराणसी स्थित ज्ञानवापी मस्जिद और श्रृंगार गौरी मंदिर के वीडियोग्राफी मामले में सिविल कोर्ट के आदेश के बाद वीडियोग्राफी कराने के मामले का कुछ सियासी दल समर्थित समुदायों ने विरोध किया लेकिन वाराणसी के लमही स्थित मुस्लिम फाउंडेशन की महिलाओं ने वीडियोग्राफी का समर्थन किया। उन्होंने कहा कि ज्ञानवापी मस्जिद में होने वाले सर्वे सच सामने आ जाएगा। साथ ही उन्होंने ज्ञानवापी मस्जिद को मंदिर बताया और स्पष्ट

किया कि ये इतिहास में दर्ज है कि औरंगजेब ने मंदिर तोड़कर मस्जिद बनवाया था। ऐसे में इस वीडियोग्राफी से सच सामने आ जाएगा। इन मुस्लिम महिलाओं ने इसके साथ ही मुस्लिम भाइयों से भी अपील की कि वे सर्वे का विरोध करने की जगह उसका समर्थन करें।

वास्तविकता तो यह है कि लाउडस्पीकर संबंधी विवाद महाराष्ट्र से शुरू हुआ, जहां मनसे प्रमुख राजठाकरे ने घोषणा की थी कि महाराष्ट्र सरकार मस्जिदों में लगे लाउडस्पीकरों को उतारे। साथ ही यह चेतावनी भी दी कि अगर अज्ञान लाउडस्पीकरों के माध्यम से जारी रहती है अथवा 3 मई तक लाउडस्पीकर नहीं उतारे जाते हैं तो वे मस्जिदों के समक्ष लाउडस्पीकर लगाकर हनुमान चालीसा का पाठ करेंगे। उन्होंने देश भर के हिंदुओं से इसके लिए तैयार रहने की अपील भी की।

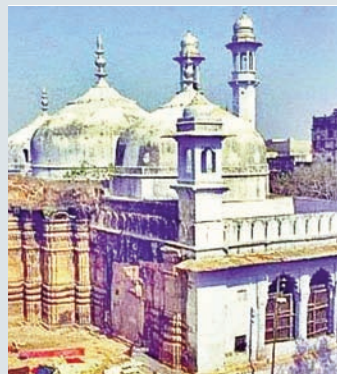
उनकी इस घोषणा के साथ ही महाराष्ट्र ही नहीं बल्कि देश भर की राजनीति में उबाल आ गया। इसी बीच अभिनेत्री से राजनेत्री बनी अमरावती से सांसद नवनीत राणा और उनके

विधायक पति रवि राणा ने महाराष्ट्र के मुख्यमंत्री उद्धव ठाकरे के आवास-मातो श्री के समक्ष हनुमान चालीसा का पाठ शुरू कर दिया। महाराष्ट्र पुलिस ने राणा दंपति को गिरफ्तार कर जेल भेज दिया। यही नहीं, पुलिस ने हनुमान चालीसा पढ़ने के आरोप में दोनों के खिलाफ

न केवल शांतिभंग करने बल्कि देशद्रोह का केस भी दर्ज कर दिया।

इसके चलते यह मुद्दा संपूर्ण देश के विभिन्न राज्यों में बहुत तेजी से फैल गया। इसके अलावा देशद्रोह कानून के दुरुपयोग पर देश भर में बकस छिड़ गई। सर्वोच्च अदालत सुप्रीम कोर्ट को इस पर हस्तक्षेप करना पड़ा और अब केंद्र सरकार भी इस कानून को संशोधित करने पर विचार कर रही है। यही नहीं, राणा दंपति को सबक सिखाने के उद्देश्य से मुंबई नगर निगम को अचानक याद आ गया कि उनके निज आवास पर अतिक्रमण है।

लाउडस्पीकरों का मुद्दा गरमाता देखकर उत्तर प्रदेश के मुख्यमंत्री योगी आदित्यनाथ ने प्रदेश में पुलिस को निर्देश दिए कि ध्वनि



प्रदूषण को रोका जाए। और मंदिर, मस्जिद, चर्च अथवा गुरुद्वारों में लगाए गए अनावश्यक लाउडस्पीकरों को उतारा जाए अथवा उनकी आवाज को कम कर दिया जाए। उत्तर प्रदेश के एडीजी कानून-व्यवस्था प्रशांत कुमार ने अनुसार प्रदेश में 40,000 ऐसे प्रकरण हैं जिसमें लाउडस्पीकरों की ध्वनि को कम किया जाए। 18,000 लाउडस्पीकर हटा दिए गए। इसमें महत्वपूर्ण बात यह है कि ज्यादातर लोगों ने यह काम अपनी मर्जी से किया है। सभी धर्मगुरुओं ने भी इस आदेश का स्वागत किया।

उधर लाउडस्पीकर लगाकर नवाज पढ़े जाने की मांग को लेकर बदयू की नूरी मस्जिद के मौलवी की दायर एक याचिका को इलाहाबाद हाईकोर्ट ने यह कहकर खारिज

कर दिया कि अज्ञान के लिए लाउडस्पीकरों का अधिकार मौलिक अधिकार नहीं है। उत्तर प्रदेश में जिस तरीके से हिंदू और मुस्लिम दोनों समुदायों ने लाउडस्पीकरों को हटाने अथवा उनकी आवाज कम करने में उदारता दिखाई है, वह देश भर के लिए सप्रदायिक सौहार्द की बहुत बड़ी नजिर है।

फिलहाल मथुरा में कृष्ण जन्म भूमि को लेकर जिस तरीके से अदालत में कई मामले चल रहे हैं और वाराणसी स्थित ज्ञानवापी मस्जिद और श्रृंगार गौरी मंदिर के वीडियोग्राफी मामले में 12 मई को वाराणसी सिविल कोर्ट ने फैसला सुना दिया है। कोर्ट इस फैसले के बाद मुस्लिम फाउंडेशन की महिलाओं का बयान खासा चर्चा का विषय बना रहा, जिन्होंने ज्ञानवापी मस्जिद के अंदर वीडियोग्राफी के विरोध के बीच इसका समर्थन किया बल्कि वीडियोग्राफी का काम शांतिपूर्वक संपन्न हो गया। निस्संदेह, ये दोनों ही पुजा और आस्था से जुड़े मामले हैं। दोनों की समुदाय के लोगों को सियासत दालों से दूरी बनाने की जरूरत है। यही नहीं, मामलों की संवेदनशीलता को देखते हुए दोनों समुदायों को अत्यंत सतर्क और विवेकपूर्ण कदम उठाने की आवश्यकता है। अगर इस मामले में अदालत के फैसले का सम्मान करते हुए सतर्कता बरती जाएगी तो समाज में सौहार्दपूर्ण माहौल बना रहेगा।



# जेकेजी इंटरनेशनल स्कूल में 305 बालिकाओं को वितरित की गई साइकिल

रोटरी डिस्ट्रिक्ट 3012 द्वारा आयोजित कार्यक्रम में केंद्रीय राज्यमंत्री एवं स्थानीय सांसद जनरल वीके सिंह रहे मुख्य अतिथि

**गाजियाबाद।** शहर के सरकारी स्कूलों की 305 बालिकाओं की आंखों में 9 मई को उस समय उज्ज्वल भविष्य के सपने तैरने लगे जब विजय नगर के जेकेजी इंटरनेशनल स्कूल में आयोजित समारोह में उन्हें साइकिल मिली। साइकिलों का वितरण रोटरी डिस्ट्रिक्ट 3012 द्वारा किया गया। समारोह के मुख्य अतिथि स्थानीय सांसद व केंद्रीय राज्यमंत्री जनरल वीके सिंह ने 305 बालिकाओं को साइकिलों का वितरण किया। इस अवसर पर जनरल वीके सिंह ने कहा कि कोई भी व्यक्ति या संस्था अपने कार्यों से ही जाना जाता है और रोटरी ने अपने सेवा कार्यों से ही पूरे विश्व में अपनी पहचान बनाई है।

रोटरी डिस्ट्रिक्ट 3012 द्वारा वैसे तो आए दिन ही ना जाने कितने सेवा कार्य किए जा रहे हैं, मगर 305 बालिकाओं को निशुल्क साइकिल दिया जाना ऐसा कार्य है, जो हमेशा याद रहेगा। जिन बालिकाओं को वे साइकिलें मिली हैं, उन्हें अपने स्कूल तक



जाने के लिए योजना कितनी दिक्कतों का सामना करना पड़ता था। साइकिल मिल जाने से अब उनकी सारी दिक्कतें खत्म हो जाएंगी और वे साइकिलें उनके भविष्य को संवारने का काम करेगी क्योंकि स्कूल आने-जाने

में उनका जो समय बचेगा, उसका इस्तेमाल वे अपनी पढ़ाई में कर सकेंगी, जिससे उनका भविष्य संवरने में मदद मिलेगी। रोटरी के डिस्ट्रिक्ट गवर्नर अशोक अग्रवाल ने बताया कि वे सोनीपत में एक गांव में एक कार्यक्रम

में गए थे। वहां 21 बालिकाओं को साइकिलें दी गईं तो उनके चेहरों पर जो खुशी छाई, उसने ही उन्हें इस बात के लिए प्रेरणा दी कि ऐसी बालिकाएं जिन्हें स्कूल जाने में दिक्कत आती है, उन्हें साइकिल दी जाएं। इस कार्य

में रोटरी के सभी क्लबों ने पूरा साथ दिया और उनका सह सपना सोमवार को जेकेजी इंटरनेशनल स्कूल के परिसर में आयोजित समारोह से पूरा हो गया जिसमें सरकारी स्कूलों में पढ़ने वाली 305 बालिकाओं को

निशुल्क साइकिलों का वितरण किया गया। विशेष अतिथि एडीएम सिटी विनय कुमार, एसडीएम लोनी नितिन चक्रवर्ती व डीआईओएस प्रदीप कुमार द्विवेदी ने कहा कि रोटरी डिस्ट्रिक्ट 3012 का यह कार्य ऐसा

है, जो अन्स संस्थाओं व लोगों को भी समाज सेवा के लिए प्रेरित करेगा। रोटरी के डिस्ट्रिक्ट ट्रेनर जे के गौड़ ने बताया कि बालिका सशक्तिकरण योजना के तहत गाजियाबाद एनएडाए ग्रेटर नोएडा, दनकोर, हापड़, मोदीनगर, लोनी व हरियाणा के सोनीपत की 2175 बालिकाओं को साइकिल वितरण के लिए चर्चित किया गया है। इनमें से 305 बालिकाओं को सोमवार को जेकेजी इंटरनेशनल स्कूल में आयोजित समारोह में साइकिलों का वितरण कर दिया गया। अन्य बालिकाओं को भी जल्द ही साइकिलों का वितरण कर दिया जाएगा। समारोह का संचालन सचिन बत्स व रवि बाली ने किया। सरदार जोगेंद्र सिंह, धीरज भार्गव, डिस्ट्रिक्ट रोटरी फाउंडेशन कमिटी चेयरमैन शरत जैन, रोहित दुबे, प्रोजेक्ट कमिटी चेयर के अध्यक्ष संजय सिंघानिया, हरी साइकिल लिमिटेड के जनरल मैनेजर मार्केटिंग नारायण, शांका अग्रवाल, तृप्ति गुप्ता आदि भी मौजूद रहे।

## धूमधाम से मनाया विश्व मजदूर दिवस



**गाजियाबाद।** विजयनगर स्थित जेकेजी इंटरनेशनल स्कूल में (World Labor Day) विश्व मजदूर दिवस धूमधाम से मनाया गया। स्कूल के बच्चों ने रंगारंग कार्यक्रम प्रस्तुत किए। समारोह का उद्घाटन स्कूल के निदेशक डॉ. करुण गौड़ ने दीप जलाकर किया।

निदेशक डॉ. करुण गौड़ ने कहा कि किसी भी देश के विकास की रीढ़ उसके मजदूर ही होते हैं। मजदूरों के बिना विकास की कल्पना भी नहीं की जा सकती है। उनके करना हम सभी का कर्तव्य है। उन्होंने कहा कि विश्व में आज तक जो भी विकास हुआ

है, उसमें अहम योगदान मजदूरों का ही है। घर, इमारत हो या बांध-पुल सब मजदूरों की मेहनत का ही नतीजा है।

कोई भी समाज या देश बिना मजदूरों के आगे बढ़ ही नहीं सकता है। उन्हें विश्व निमार्ता भी कहा जा सकता है। उन्होंने यह भी कहा कि यदि स्कूल के पांच ड्राइवर एक दिन में छुट्टी कर ले तो सोचिए कि स्कूल कैसे खुलेगा शायद इसकी कल्पना भी नहीं की जा सकती। अतः उन्हें सुविधाएं देकर ही समाज, देश व विश्व का कल्याण किया जा सकता है। छात्र-छात्राओं ने चतुर्थ श्रेणी के सम्मान में रंगारंग कार्यक्रम पेश किए जिसका उन्होंने भरपूर आनंद उठाया।

## Inter House Poetry Competition



**Ghaziabad:** Inter house poetry competition was conducted in YPS on 13 May 2022. Prithvi, Agni, jal, Ravi participated in this competition. Khushi 12C, suhani 8, madhu 12C were winners. The entire completion

was organised by Ms. Shweta Mahajan. Judges for the event were Mr. Sanjiv, Ms. Swati Hood, Ms. Dorothy. Ms. Mrinalini Singh congratulated all winners and motivated them to continue their literary skills.

## सिल्वर लाइन प्रेस्टीज स्कूल में दो दिवसीय प्रतियोगिताएं आयोजित

**गाजियाबाद।** सिल्वर लाइन प्रेस्टीज स्कूल में डिस्ट्रिक्ट स्पोर्ट्स-डॉस चैंपियनशिप की दो दिवसीय प्रतियोगिता का समापन 19 मई 2022 हुआ। उल्लेखनीय है कि इस प्रतियोगिता में 12 प्रकार की डॉस कैटेगरी की स्पर्धाएं हुईं जिसमें कलाकारों ने अपनी उत्कृष्ट प्रतिभा का प्रदर्शन किया जिसको उपस्थित दर्शकगणों ने मुक्त कंठ से प्रशंसा की।

इस प्रतियोगिता में मुख्य अतिथि के रूप में श्री गुलशन कुमार सांबरी (प्रतिनिधि-सांसद राज्य सभा, सेंक्रेटरी इंडीपेंडेंट स्कूल फेडरेशन ऑफ इण्डिया) तथा श्री अन्जुल अग्रवाल (प्रेसीडेंट शूटिंग बॉल फेडरेशन ऑफ इण्डिया, वाइस प्रेसीडेंट यूओपीओ ओलंपिक एसोसिएशन) उपस्थित थे। उन्होंने प्रतियोगियों को प्रोत्साहित करते हुए कहा कि इस तरह के आयोजनों में भाग लेने से प्रतिभा निखरने



के साथ-साथ आत्मविश्वास में भी वृद्धि होती है। इस प्रतियोगिता में 27 विद्यालयों के छात्र/छात्राओं ने हिस्सा लिया जिसमें गुरुकुल स्कूल, ठाकुरद्वारा कन्या विद्यालय, न्यू रेनो स्कूल, सेंट मैरी, सेंट

पॉल स्कूल, शिलर सैकेण्डी स्कूल एवं हाईटेक स्कूल के प्रतिभागियों की विभिन्न प्रकार की डॉस कैटेगरी में अलग-अलग स्थान प्राप्त किया और ओवरऑल चैंपियनशिप ट्रॉफी सिल्वर लाइन प्रेस्टीज



स्कूल को प्रदान की गयी। इसी श्रृंखला में बेस्ट परफॉर्मर-अमावया शर्मा रही। विजेता प्रतियोगियों को पुरस्कार वितरित किए गए। विशेष अतिथिगण के रूप में श्री नरेन्द्र चैंपियनशिप ट्रॉफी सिल्वर लाइन प्रेस्टीज

शर्मा, श्री अनिल कौशिक, श्री नमन जैन, डॉ० मंगला वैद, श्री प्रणव जैन उपस्थित थे। सचिव सुधीर शर्मा एवं सह सचिव करुणा सिंह ने सभी प्रतिभागियों की प्रतिभा की सराहना करते हुए उपस्थित दर्शकगण को धन्यवाद दिया।

## Sudoku

					3		8	5
		1		2				
			5		7			
		4				1		
	9							
5			2		1			
					4			9

## राणा प्रताप स्कूल में मातृदिवस समारोह



**गाजियाबाद।** राणा प्रताप हायर सैकेण्डी स्कूल गाजियाबाद में दिनांक 7 मई 2022 को मातृदिवस समारोह का आयोजन किया गया। इस समारोह में विद्यार्थियों ने मातृ प्रेम के विषय में कविता एवं सांस्कृतिक कार्यक्रम प्रस्तुत किए।

विद्यार्थियों की माताओं को भी विद्यालय में आमंत्रित किया गया तथा उनके लिए खेल प्रतियोगिता जैसे म्यूजिकल चेयर, फूड मेकिंग तथा सरप्राइज इत्यादि का आयोजन किया गया। विजेता बनी माताओं को प्रथम द्वितीय तृतीय पुरस्कार से सम्मानित किया



गया। इस कार्यक्रम में प्रधानाचार्या पूनम शिषोदिया सहित विद्यालय के शिक्षकगण राजरानी अरोड़ा, रजनी चावला, संजीव सर, सैयद सुहैब, पौषित, वृजेश वर्मा, ऑल कौशिक, प्रतिभा शर्मा इत्यादि उपस्थित रहे। अन्त में प्रधानाचार्या ने

मातृशक्ति के विषय में विद्यार्थियों को बताया तथा सभी माताओं को पुष्पकामनाएं भी दी। सभी विद्यार्थियों के द्वारा प्रस्तुत किया गया कार्यक्रम बहुत आकर्षक रहा। जिसे देखकर उनकी माताएं भी बहुत खुश हुईं तथा इस प्रकार कार्यक्रम सम्पन्न हुआ।

## Yadu Public School Organized Interschool Cricket Tournament



**Ghaziabad:** Interschool cricket tournament was organised by YPS in first week of May 2022. 12 teams under 16 boys participated in this

tournament. The tournament was organised for 4 days and teams played very well. Entire tournament was organised by HOD physical education



department Mr Rajiv and school cricket coach Mr Praveen. The tournament started with flag hoisting and toss. Principal Mrinalini Singh

congratulated the winner team Bal bhavan and runner up team was Kothari international. Ahaansinghal was given man of the match trophy.

## Knowledge



## Solve Quiz No. 92

## For Students



Solve the following quiz and reply promptly through email. Names and photos of students who answer correctly will be published in IMS TODAY. IMS Engineering college students can provide reply through personal submission-Editor. Email imstoday.imsec@gmail.com

- What do we call when the sound of frequency will be below 20 Hz?
  - Audio sounds
  - Infra sonic
  - Ultra sonic
  - Supersonic
- Why impurities are added to a semi-conductor?
  - To increase its life
  - To enables it to withstand higher voltages
  - To increase its electrical conductivity
  - To increase its electrical resistivity
- When did Lunar Eclipse happen?
  - Half Moon
  - Full Moon
  - Equinox
  - None of the above
- During lunar eclipse, the visible red colour is because of?
  - Dust in space
  - Dust in moon's atmosphere
  - Dust in earth's atmosphere
  - None of the above
- During a calendar year, the maximum numbers of lunar eclipse that can occur are
  - 2
  - 3
  - 4
  - 5
- Diamond ring occurs in which type of solar eclipse?
  - Total Solar eclipse
  - Partial Solar eclipse
  - Annular Solar eclipse
  - None of the above
- Who had given the phenomena of Blood Circulation?
  - William Harvey
  - Louis Braille
  - Elmer A. Sperry
  - Joseph Lister
- Who had given the concept of Photovoltaic effect?
  - Alfred Wegner
  - Edmund Becquerel
  - Leucippus
  - Thomas Kibble
- Which command determines the amount of time it takes data to travel from source to destination?
  - Pan
  - Ping
  - Pile
  - None of the above
- URL Stands for
  - Universal Serial Locator
  - Uniform Runtime Link
  - Uniform Resource Locator
  - Universal Resource Link

### Participation format

Quiz No.....  
Name of Student.....  
(also attach your PP size Photo)  
Class.....Year.....  
College Name.....  
Mobile Number.....  
Email.....  
Present Address.....  
Permanent Address.....

### Answers (QUIZ-91) May, 2022 issue:

1	2	3	4	5	6	7	8	9	10
d	d	b	b	a	d	a	b	a	c

Prepared By: Prof. Pradeep Kumar, Assistant Professor (AS&H)



## पंजाब में अमनचैन के लिए सख्ती आवश्यक



पंजाब में सब कुछ ठीक नहीं चल रहा है। राज्य में खालिस्तानी गतिविधियों के बीच अपराधियों के हौसले बुलंद हैं। पंजाब में जिस तरीके से देश विरोधी गतिविधियाँ तेज हो गई हैं, वह देश हित में नहीं है। यह एक तरीके से पंजाब के लिए खतरे की घंटी है। पंजाब के मुख्यमंत्री भगवंत मान को प्रदेश में चल रही संदिग्ध अथवा आतंकी गतिविधियों पर पैनी नजर रखकर सख्ती करनी पड़ेगी। कुछ ही दिनों पूर्व पंजाब के तरनतारन जिले से आरडीएक्स से भरी एक आईईडी जब्त हुई। उसके एक दिन बाद 9 मई को मोहाली में पंजाब पुलिस इंटेलिजेंस मुख्यालय से पाकिस्तान के बनी रॉकेट-बालिस्ट ग्रेनेड विस्फोट की सूचना मिली थी। ये घटनाक्रम गंभीर रूप से भारत में अविश्वास के बीज बोने के लिए खालिस्तानी तत्वों के प्रयासों की ओर इशारा करते हैं और यह भारत की सुरक्षा के लिए एक चिंता का विषय है। दरअसल, एक शक्तिशाली प्रधानमंत्री की हत्या और उसके बाद हुए सिख विरोधी गंगों के भयानक दौर से त्रस्त होने के बाद खालिस्तान अतीत की बात बन गया था। लेकिन पिछले कुछ महीनों में पंजाब में कुछ घटनाओं से पता चलता है कि शरारती तत्व फिर सिर उठा रहे हैं। खालिस्तान आंदोलन एक सिख अलगाववादी आंदोलन के रूप में शुरू हुआ। सिख प्रवासी के राजनीतिक और वित्तीय सम्बन्ध के साथ पंजाब में खालिस्तान के लिए आंदोलन किया जाता रहा। यह 1970 के दशक तक जारी रहा और 1980 के दशक के अंत में अलगाववादी आंदोलन के रूप में अपने शिखर पर पहुंच गया। प्रारंभ में एक डेंटिस्ट, चौहान 1967 में पहली बार पंजाब विधानसभा के लिए चुने गए थे। वे वित्त मंत्री बने, लेकिन 1969 में, वे विधानसभा चुनाव हार गए। अपनी चुनावी पराजय के बाद चौहान 1969 में ब्रिटेन चले गए और खालिस्तान के निर्माण के लिए प्रचार करना शुरू कर दिया। 1971 में, वह पाकिस्तान में ननकाना साहिब गए और एक सिख सरकार स्थापित करने का प्रयास किया। पाकिस्तान के सैन्य तानाशाह याहया खान ने चौहान को एक सिख नेता घोषित किया। उन्हें कुछ सिख अवशेष सौंपे गए जिन्हें वह अपने साथ ब्रिटेन ले गए। इन अवशेषों ने चौहान को समर्थन और फौलोअर्स को मजबूत करने में मदद की। 13 अक्टूबर 1971 को, द न्यूयॉर्क टाइम्स ने एक स्वतंत्र सिख राज्य का दावा करते हुए एक पेज विज्ञापन किया। चौहान के इस विज्ञापन ने उन्हें विदेशी समुदाय से भारी धन इकट्ठा करने में सक्षम बनाया। 1970 के दशक के अंत में, चौहान पाकिस्तान में राजनयिक मिशन से जुड़े थे, जिसका उद्देश्य सिख युवाओं को तीर्थयात्रा और अलगाववादी प्रचार के लिए पाकिस्तान की यात्रा करने के लिए प्रोत्साहित करना था। चौहान ने कहा कि पाकिस्तान के तत्कालीन प्रधानमंत्री जुलिकार अली भुट्टो ने उन्हें 1971 के भारत-पाक युद्ध के बाद खालिस्तान बनाने में हर संभव सहायता का आश्वासन दिया था। जगजीत सिंह चौहान 1977 में भारत लौटा, और फिर 1979 में ब्रिटेन की यात्रा की और खालिस्तान राष्ट्रीय परिषद की स्थापना की। एक महीने बाद, चौहान ने लंदन की यात्रा की और खालिस्तान के गठन की घोषणा की। चौहान ने खुद को रिपब्लिक ऑफ खालिस्तान का अध्यक्ष घोषित किया। एक कैबिनेट की स्थापना की और खालिस्तान पासपोर्ट, टिकट और मुद्रा (खालिस्तान डॉलर) जारी किए। 13 जून 1984 को, चौहान ने निर्वासन में सरकार की घोषणा की और 31 अक्टूबर, 1984 को प्रधानमंत्री इंदिरा गांधी की हत्या कर दी गई। हाल के घटनाक्रमों के चलते खालिस्तान का एक बार फिर मुहो उठने लगा है। अगर केंद्र और राज्य सरकारें समय रहते नहीं चेती और अलगाववादियों की मंशा को नेस्तनाबूद नहीं किया तो पंजाब से अमन चैन फिर गायब हो सकता है।

# Impatience: A Matter of Concern

Growing impatience among people is a matter of concern. Impatience is a situation of restlessness which brings irritation to a person under its influence. It does not only hamper the dealing of a person with others but also creates several types of internal problems to the body of the person under its influence which further leads to several types of serious health problems. Although I am neither a medical practitioner nor having medical knowledge but what I can understand behaviour-wise is; when a person becomes restless his state of mind becomes very tense, unstable and irritating. He/she loses capacity to understand the situation around him/her. He/she gets irritated again and again and sometimes without any major issue, he/she doesn't want to give due course of time for the process to get the things done. This state of mind makes his/her internal system of body very tensed and thus creating abnormal situation to control for his body which ultimately creates several serious problems for his body like high blood pressure, hyper-tension, frustration etc. which may sometimes lead to several kind of serious diseases like heart-attack, brain haemorrhage etc. I am saying this because in a few cases I have seen such people severing badly under the influence of impatience by which we can easily understand that how much bad impact it leaves on the nervous system of our body. This kind of people creates frustration not only for themselves but also for their colleagues, family, friends etc. One more thing to take care of, when they do work without patience, it also increases the chances of mistakes and output may not be as desirous.

When we look into the modern lifestyle, we find that tendency of impatience is increasing day-by-day among people. People of almost every age are becoming habitual of losing patience even in case of minor matters of day-to-day dealing. They are becoming short tempered. This kind of impatience is creating a lot of problems in daily life which otherwise could have been avoided or resolved easily. A lot of examples may be taken from our daily life. People can be seen fighting on roads over silly issues due to their short temper and making the situation worst for them which otherwise could have been resolved very easily in a mannerly way. It is not only a simple argument/fight but such issues end in serious criminal cases just because of impatience of the people and are also against the humanity which compels us to think about whether these are civilized people of modern days. We can see many people driving in a hurry and reckless way or making situation of traffic jam at traffic lights or intersections of roads in the efforts of reaching early to their destinations just because of their impatience although they don't have any emergency as such. Often, People can be seen arguing/ fighting with others in queues at many places because they don't have patience to wait for their turn and try to cheat others. People can be seen fighting with their neighbours, relatives, family members on minor issues forgetting their relations because of the lack of patience. Even our children and youngsters are also not far behind on this issue. As we are aware that cases of children criminalities are also



Prashant Kumar Taank

increasing day-by-day because of lack of patience. They are also behaving the way they see their parents, seniors, teachers and people around them. They are also learning what they are being put forth by their seniors. Even parents are also not able to say anything to their children because they know that their children won't tolerate them. In general, we see that people don't want to tolerate any matter of others they are dealing with because they have less patience. This tendency is growing among people of every age group. The impatience has increased among people to such an extent that they search or go for shortcut way. For example, students don't want to study their syllabus in details and want to study & learning just to pass the examinations. This is also because of lack of the patience to undergo a thorough process of learning. Here, they can pass the examinations but what they will be missing is the thorough knowledge and process of learning which further will result in lack of perfection. Similarly, you must know some of the businessmen who seem to be in hurry to become rich men and for that they charge higher rates from their customers or sale poor quality of materials to gain higher profits. In this way, they can earn profit for the time being but slowly will lose their customers later. It is also because of the lack of patience to become rich men. So, here we can see that we can't have a long-term gain if we don't have patience to undergo proper process. Patience may take normal time to get the work done but on the other hand, it will

provide maximum perfection in output. You must have experienced that most of the people remain always in hurry and want to get the things done in no time. This is also because they don't have patience of the things getting done in due time. This undue hurry makes the situation tensed and creates an unstable state of mind and makes harm to their internal organs of body. It may sometimes create serious trouble as stated in the starting part of this article. Why people get so much impatient? There seem two most probable reasons, one when somebody is in emergency and second some people become habitual of making hurry always even if there is no emergency and having sufficient time. It seems normal in first situation when somebody is in some emergency because this kind of impatience is occasional only and under this state of affair these people remain in an understanding situation to some extent and other people dealing with them also understand the emergency hence cooperate to manage the situation but in case of second type of impatience i.e. habitual impatience is not good from any angle of the understanding as it is without any emergency and slowly become frequent in nature. Moreover, it also brings much damage to the mind and body of the people under its influence due to its frequency of occurrence. One thing more to remember is that it brings damage to the self of the person and not to the others. Thus, it is advisable to leave the habit of impatience for the goodness of self and not for the others. It will keep your mind calm and your body in a relaxed mode even after you are having heavy workload and working hard.

## What We Think We Become



What we think becomes a vital part of not only our personality but also our destiny. A single negative thought has its own ramifications, while a positive thought with right focus and action can work wonders. Imagine if a sixteen year old young kid could take a blow on the helmet, bleed from the nose, and still have the belief to play against one of the most potent bowling attacks in the world, then truly a lot can be achieved with the right mindset alone. Its none other than the batting maestro Sachin Tendulkar who had quite an unbelievable cricketing journey from 1989 to 2013, establishing himself as the



Saanuj Sood

God of cricket. What if he had let that blow on his nose or the fear of the fiery Pakistani bowling attack get to his head, we wouldn't have witnessed a career that would later on become an inspiration for a lot of budding cricketers to come. Neural pathways in our brain begin to develop through our thoughts, so there is a scientific basis of our thinking. Of course, actions matter more but every action begins with a thought, thus goes the saying, 'Thoughts form words, words form actions, and actions shape our destiny'. Hence we should consciously strive to choose thoughts which enrich our lives. There are two types of

mindsets, the fixed mindset and the growth mindset. The fixed mindset people believe that qualities and skills are innate while the growth mindset people believe that skills can be developed with time. Thus, in the long run, people with the growth mindset win the race of their life with ever learning attitude. Law of attraction is something many of us are aware of. According to this law, every thought has a positive or negative consequence which materialises into our reality. Hence, it will only be wise that we change our thought pattern into a happy, exuberant and convivial one, to fall in love with ourselves, as only then we become capable of loving and enriching the lives of others. Truly, what we think, we become!

## सेहत से भरपूर मोटा अनाज



1960 के आसपास जब से हरित क्रांति आयी है तब से गेहूँ और चावल को हम लोगों ने अपने थाली में सजा लिया है और तरह तरह के व्यंजन बना कर खाते रहते हैं और ऐसा प्रतीत होता है कि इसके अलावा कुछ और खाने को ही नहीं है। लेकिन विदेशों में एक superfood के नाम से अनाज प्रचलन में आया है वो अलग अनाज नहीं है। यह वही मोटा अनाज (coarse grains) है जिसको हम लोगों ने अपने थाली से निकाल दिया है और अघेड़ अवस्था में आते आते सब लोग बीमार हो जाते हैं। कारण यह है कि हमारी nutrients नहीं मिल पाता है गेहूँ चावल से। मोटे अनाज में ज्वार (Sorghum), बाजरा (Pearl millets), रागी (Finger millets) (मंडुआ), जौ (Barley Millets), कोदो (Kodo millets), सांवा (झोंगा) (Barnyard millets), कुटकी (Little millets), कंगनी (Foxtail millets), चीना (Proso millets), कूडू (Buckwheat millets), चोलाई (Amaranth) जैसे अनाज होते हैं। मोटा अनाज कहने के पीछे एक कारण है, इसमें उपजाने में ज्यादा मसक्कत नहीं करनी पड़ती है। ये कम पानी और कम उपजाऊ भूमि में भी उग जाते हैं। ज्वार, बाजरा और रागी की खेती में धान के मुकाबले 30 फीसदी कम पानी की जरूरत होती है। और तो और मोटे अनाज खराब मिट्टी या कम उपजाऊ भूमि में उग जाते हैं। आइए एक नजर डालते हैं मोटे अनाज के गुणों के ऊपर। सारे मोटे अनाज की पौष्टिकता बहुत अधिक होती है क्योंकि इसमें protein, carbohydrates, fiber और macronutrients की मात्रा सही होती है। मोटा अनाज मधुमेह के लिए



डॉ. अजय कुमार

अच्छा होता है इससे चीनी की मात्रा में सुधार होती है। रक्तचाप और गैस की बीमारी में भी राहत मिलती है। वही दूसरी तरफ जो हमारे रोज मरा की जीवन में खाने वाले अनाज है गेहूँ और चावल। इनको staple food भी बोला जाता है क्योंकि ज्यादातर लोग इसी को खाते हैं। लेकिन अब इसमें जरूरी पोशाक तत्वों का घनत्व उतना नहीं है जितना 50 साल पहले हुआ करता था। इसके पीछे कारण है पैदावार ज्यादा वो भी रासायनिक विधि द्वारा। बढ़ती हुई आबादी को भोजन की जरूरतों को पूरा करने के लिए पैदावार ज्यादा और जल्दी करना हमारी मजबूरी हो गयी है। और आवश्यक पौष्टिक नहीं मिलने से ये शरीर बीमार हो रही है। दक्षिण भारत में मोटे अनाज का चलन जोर पकड़ चुका है। आंध्र प्रदेश, तेलंगाना, उड़ीसा में रोज के खान पान में शामिल किया जा चुका है। अरब देशों में इसका उपयोग जोर शोर से हो रहा है। अंत में यही कहना पसंद करूंगा कि सेहत के बारे में सोचना जरूरी है और सेहतमंद रहना भी जरूरी है।

## Facebook-New Identity, Old Baggage

As Russia bombed Ukraine earlier this month, an overwhelming number of nations rushed to impose sanctions. With the hues of these sanctions what stood out were sanctions by corporations, especially top tech giants like Microsoft, Amazon, Facebook (Meta) and Google, echoing to the world how these technological powers are no less than the republics. This also overwhelmingly proves how these companies have proposed half hearted measures to tackle similar situations in the rest of the world. Last year, former employee Frances Haugen went public with evidence pertaining to Facebook's

leadership that had frequently chosen profit over positive force. Because it increased "engagement" on its platforms, mechanisms of Facebook polarized society, fostered hatred, and spread disinformation. Facebook has come under fire on more than one occasions- the Delhi Riots, Muzaffarnagar Violence, Rohingya crisis and the Capitol Hill Attacks. All found their links to the platform. The one common denominator of them all, the fact that makes it all worse is that Facebook knew all this while what its algorithms were doing. Not just that, according to the same whistle blower,



Kirti Saini

the platform also knew that hate speech was going to be a larger issue than what it was touted to be. Still, it made half-baked efforts to shield the platform against it. This is not to ascertain that posts might have caused the actual violence, but the crux of the matter and the most important question of our time is that how much has the platform actually done to address the issues? In India, the role of Facebook in manufacturing propaganda and hate has come under attack various times, yet time and again the matters have not been dealt with due seriousness.

As per Wall Street Journal report, WhatsApp was replete with 'rumors and calls to violence' during the Delhi riots of February 2020, and patrons who were surveyed said they were quite often exposed to 'a large quantity of information on WhatsApp and Facebook that incentivized conflict, hatred, and violence'. Researchers identified three 'massive upheaval events' in India between 2019 and 2020 in a July 2020 internal study titled 'Communal Conflict in India Part 1'. The first was the rallies against the Citizenship Amendment Act (CAA), during which misinformation, rumors, demonizing content, and hate speech

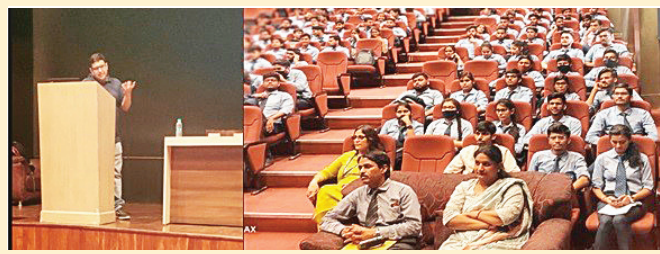
on Facebook platforms increased '300 percent over previous levels,' according to researchers. During the Delhi riots, misinformation and incitements, especially on WhatsApp, were also detected. The third problem began with the pandemic, when fear-mongering information on Facebook services implicated Muslims for the transmission of COVID-19. During a session with the groups 25,000 employees in June, Facebook CEO Mark Zuckerberg made a passing mention to Kapil Mishra's speech whilst discussing the deadly nexus involving social networking sites and violence. However, by the time Facebook pulled the post, it had already been extensively circulated, and riots erupted within hours. The platform has found criticism in

the nooks and corners around the globe, its alleged role in riots in Myanmar in 2018, followed by the violence in Sri Lanka, same year, to eventually the Capitol Hill attacks. Facebook has found itself in the conundrum with allegations affecting the very foundation on which the platform was built on. Facebook, which once provided optimism to proponents of free speech, is now facing accusations that it has done nothing to combat hate speech on its platform. The world's largest social network is facing difficult concerns around the world about its lenient attitude to hateful content and increasing role in manipulating the electoral. With the new identity Meta, what is to be seen is how does the platform maneuver back to its carefully crafted image!



## News Brief

Expert talk on 'Artificial Intelligence in E Commerce and retail industry, future of retail and employment opportunities in India'



**Ghaziabad:** Department of Computer Science and Engineering conducted an expert talk for 2nd and 3rd year students on the topic 'Artificial Intelligence in E Commerce and retail industry, future of retail and employment opportunities in India' on 4 May 2022. The talk was delivered by Mr. Sourabh Kapoor, alumni (Batch 2003-2007) of CSE department. Mr. Sourabh is currently working as a Consultant and Solution Architect, Digital Commerce and Retail, IBM India. 130 students attended the event.

## Workshop on React Native

**Ghaziabad:** The Department of Computer Science successfully organized a workshop on the topic 'REACT NATIVE' by Ujjwal Sharma, student coordinator of Mind Optimizers Club under the guidance of Ms. Megha Gupta (Assistant Professor) on 29 April 2022 for first, second and third year students of all Departments. Ujjwal Sharma motivated students towards web development. He shared his own story with other students and discussed about the recent scope and job opportunities of web developer. Total 156 students attended the session.



## Talent Hunt Organized



**Ghaziabad:** The Department of Computer Science & Information Technology successfully organized 'Talent Hunt' in which students of IT and CS showcased their talents in different fields like dancing, singing, painting, acting, poetry etc. The event was organized under the guidance of Ms. Megha Gupta, Assistant Professor of CS on 30 April 2022 for second and third year students.

## MBA Department of IMS Engineering College signed MOU with Yash Foundation



**Ghaziabad:** The Department of MBA feels proud to announce that Memorandum of Understanding has been signed between Yash Foundation and IMSEC during the inauguration of Aaghaaz 2022. Dr. Vikram Bali, Director, IMSEC, and Dr. Meenu Baliyan, HOD, MBA were felicitated by Yash Foundation on this occasion. The company would provide training and internship opportunities as well as an industry interface to our MBA and B.Tech students.

## 'Srajan' Club Organized Activities

**Ghaziabad:** Applied Sciences & Humanities Department organized creative activities for B. Tech first year students on 7 May 2022 under the club "Srajan". The activities included Aptitude Quiz and Just a Minute (JAM). It was a highly engaging, fun and learning environment with prizes and recognition with participation of students. The activities were overall coordinated by Dr. Arvind Sharma, Dr. Chetna Sharma and Dr. Raza Rasool.

## Shrishti Singh and Nidhi Mishra, secured 1st runner-up position in Inter Level Basketball Tournament



**Ghaziabad:** Shrishti Singh and Nidhi Mishra, students of ECE 3rd year participated in Inter Level Basketball Tournament at SRM University, Ghaziabad which was held from 9-10 May 2022. They secured 1st runner-up position and were awarded cash prize of rupees 1500.

# 13th CONVOCATION-22 at IMS Engineering College



**Ghaziabad:** Convocation is the most pious, prestigious academic event of any academic institution. The Institute named "IMS Engineering College - Ghaziabad" located at NH-24, Ghaziabad organized its '13th Convocation 2022' on 8 May 2022. Everybody, right from students who have successfully completed their courses, faculty members to parents witnessed a gala academic event.

The Institute is having post graduate and under graduate courses in Management and Engineering respectively. Altogether 602 students had been

conferred the Degree pertaining to these courses. There was a lot of enthusiasm and encouragement in the air of IMSEC campus. The ambience of the auditorium was intoxicated by the 'sure success' and 'academic' aroma. The students seemed promising and devoted towards their career.

The event opened by the permission of honorable VC Dr. Pradeep Kumar Mishra, AKTU Lucknow. The event initiated with the normal course of inauguration, i.e. lighting of lamp, paying homage to almighty by Saraswati Vandana and University Kulgeet. Shri Manoj Kumar, Chairman and

Managing Director of EdCIL (India) Ltd, A Government of India Enterprise, Under Ministry of Education, addressed the convocation. He congratulated students and advised all to maintain the dignity and authenticity of the knowledge that has been endorsed by that specific piece of paper so called as 'Degree', a student visualizes this dream since he gets enrolled in a course. He blessed students that one should try to see his career destination and pave a path to glory and success.

Prof. (Dr.) Vikram Bali, Director of IMSEC Ghaziabad

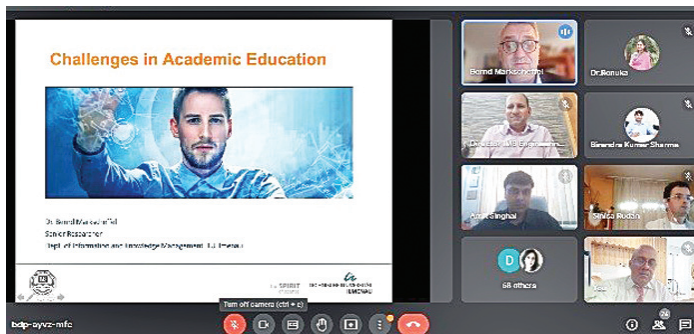
expressed his heartiest gratitude to the distinguished guests and presented an annual Progress Report of the Institute highlighting the alumni's achievements and contributions and the quality education provided by the Institute. The Director mesmerized the audiences by his art of unveiling the institute's milestones. The culmination of Director's speech was followed by the Oath Ceremony of the degree recipients.

Our honorable Chairman Shri Naresh Agrawal Ji bestowed his choicest blessings to the students. He said that a degree is merely a

gate pass to enter into an organization. Real true knowledge with the sprinkles of hard work and planning can structure an everlasting career. Dedication, patience and common sense can accelerate the career pace exponentially.

Dean Academics Dr. S. N. Rajan bestowed the vote of thanks and praised all faculty members for doing a remarkable job and for paving the career path for students. He further added that teaching is not the only task a faculty performs but propels them through motivation and generating interest for subjects in students.

## IMS EC Organized National Conference



**Ghaziabad:** National Conference on Recent Advancements in IT & Computing (NCRAITC-22) was organised on 14 May 2022 by Department of IT, Department of CSE, Department of CS and Department of ECE. Director Dr. Vikram Bali inaugurated the event, Dr. S N Rajan, Dean (Academic) introduced the keynote speakers and explained about the conference. Dr.

Renuka was the program moderator. The keynote speakers were Dr. Berned Markscheffle from Ilmenau, Germany, Prof. (Dr.) Suberna Shakya, Tribhuvan University, Nepal, Mr. Sinisa Rudan from Belgrad Serbia, and Prof. H S Sharma, Chairman, Computer Society of India, Ghaziabad Chapter. Around 100 research papers were presented by the students of IMSEC and other colleges.

## 'Aaghaaz-The Management Fest' Organized

**Ghaziabad:** The MBA Department at IMS Engineering College organised 'Aaghaaz: The Management Fest' on 13 May 2022. The programme started with the Inaugural Session in which Ms. Ayersha Ismail of Yash Foundation was the Chief Guest. The inaugural session began with Saraswati Vandana and lighting of the ceremonial lamp. Prof. Dr. Vikram Bali, Director, IMSEC declared the inaugural address and told the students that participating in an event was important and not winning or losing. He welcomed all the participants from various colleges and wished them good luck.

Dr. Meenu Baliyan, HOD, MBA delivered the welcome address. The Chief Guest of the Session, Ms. Ayersha Ismail in her address to the gathering briefly spoke about Yash Foundation and said that it was founded by a few like-minded



people, mainly with a background from the Army who were involved in carrying out various activities for the upliftment and education of the less privileged sections of the society.

More than 200 participants from around 10 prominent colleges of NCR spoke volumes about its grand success. There were management activities like

Adzap, Anveshan, business plan, movie making, corporate walk, 100 ka Dum and Jugaad management competitions. The attraction of the day was an hour workshop on basics of Excel. The event witnessed participants from colleges of IP University, CCS University, Delhi University and AKTU. The day-long program came to an end with the valedictory session.

## Workshop on 'Data Science' Organized



**Ghaziabad:** A workshop on 'Data Science' was organized by Department of Computer Science and Engineering at IMS Engineering College, Ghaziabad on 24 May 2022. The speaker was Mr. Rohit Pahwa, a Machine Learning Expert at Shape My Skills Pvt. Limited. The workshop was organized for 2nd year CSE students and Faculty.

Mr. Rohit started the workshop by explaining the Data Science and Machine Learning skills and techniques. He shed light on the various applications of Data Science and how Data Science skills continue to be in huge demand across industries. He explained to the students about machine learning techniques and the algorithms that come under

these techniques. He also explained how to use different python libraries and how to extract the information using data analytics with the help of a dummy data set. Students raised multiple queries and found this workshop highly beneficial. The workshop was very informative and interactive.

Students were highly benefited and would help them to explore different areas of Data Analytics which they would be studying in next semester. As a token of gratitude saplings were given to the speaker and his team for conducting such a wonderful workshop.

## Seminar Organized on the topic 'International Education: Australia, UK, USA and Canada'

**Ghaziabad:** A Seminar on the topic 'International Education—Australia, UK, USA and Canada' was organized by the International Liaison Cell, IMS Engineering College, Ghaziabad on 24 May 2022. The speaker was Ms. Ruchika Behera, Subject Matter Expert and Counsellor for Career Prospects Overseas, IDP Education Limited. Approximately 80 pre-final and final year students participated in this seminar. Ms. Behera started the seminar by presenting the destination introduction for USA, UK, Canada, Australia and other English speaking countries like



Ireland and New Zealand. She threw light on the various opportunities available in education and careers ahead. She guided the students about application process to universities, minimum criteria for acceptance and examinations required like

IELTS, TOEFL, GMAT, GRE etc. She also explained the expected costs, available scholarships and career opportunities for post-graduate students. The enthusiastic participants inquisitively raised multiple queries and found this seminar highly beneficial.

## FACES Club organised Tech Quiz & Debate



**Ghaziabad:** FACES Club of Electronics & Communication Engineering Department organised Tech Quiz & Debate on 9 May 2022 for 2nd & 3rd Year students of ECE & EN departments. The Tech Quiz covered the topic 'Basics of Electrical & Electronics Engineering' which was followed by the debate, which was on the

topic – 'Is Honesty Still the Best Policy?' & 'Are Machines gaining control over man?' Overall, 40 students of ECE & EN participated in the event. The event was organised and managed by Prof. Mayurika Saxena of ECE Department as Faculty Coordinator and Riddhi Agarwal of ECE 3rd Year as Student Coordinator.

## A Seminar on the topic 'Innovative Idea in IoT based Embedded System' Organized

**Ghaziabad:** The Department of Electronics & Communication Engineering and Department of Electrical & Electronics Engineering successfully organized a seminar on the topic 'Innovative Idea in IoT based Embedded System' by Mr. Kartik Gupta, Expert in IoT and Embedded System at CETPA on 9 May 2022 for third year students of ECE & EN Departments. He discussed the recent scope and job opportunities in IoT based industries and motivated the students to look career opportunities in this field. Total 57 students attended the



session. Faculty members of ECE and EN department also attended the seminar. The event was coordinated by Ms. Jyoti Guglani (HOD-ECE) and Dr. Vijay Kumar (HOD-EN).



## News Brief

## IMS Ghaziabad Awarded 'Best Private B School in North India'

**Ghaziabad:** Dr. Urvashi Makkar, Director, IMS Ghaziabad

**International Icons Award 2022**



Dr. Urvashi Makkar, Director, IMS Ghaziabad received the award from Ms. Lara Dutta

received the coveted 'Best Private B School in North India' Award for Institute of Management Studies, Ghaziabad from Former Miss Universe Lara Dutta during 'International Icons 2022' Awards at Radisson Blu, Dwarka on April 29, 2022. The award was conferred by World Business Review Corporation (WBR Corp) in presence of leading stalwarts from media, industry and academia. The institute received the award in appreciation of its admirable growth and differentiating factors.

## An Alumni Talk Series organized on 'How to convert SIP to PPO?'



**Ghaziabad:** IMS Ghaziabad organized an Alumni Talk Series on 'How to convert SIP to PPO?', for learners of PGDM Batch 2021-23 on May 14, 2022. The session was graced by IMS alumni Mr. Sunil Tahiliani, Manager-Tax, KPMG (PGDM Batch 2012-14) and Mr. Chitransh Mathur, Category Lead, Trell.in (PGDM Batch 2013-15). Speaking on the occasion, Dr. Urvashi welcomed the alumni and congratulated them for their achievements and bringing glory to the institute. The alumni inspired the young minds with their success stories which were earned by practicing a growth mindset and a rigorous routine. They shared many anecdotes from their professional journey and motivated their juniors to inculcate the qualities of 'willingness' and 'ownership'.

## TEDx Talk by Faculty of IMS Ghaziabad at D. Y. Patil University in Pune



**Ghaziabad:** Dr. Surabhi Singh, Professor-Marketing, was invited as a Keynote Speaker in the prestigious TEDx Talks on 'Neuromarketing: Breaking the Shackles of Consumer Mind' on May 21, 2022. The event was organized by TEDxDYAKurdi at D. Y. Patil University, Pune and witnessed deliberations by leading icons from industry and academia.

## Value Added Certification Programme Organized on 'Yellow Belt Six Sigma' By MSME



**Ghaziabad:** IMS organized a 12 Hours Value Added Certification Programme on 'Yellow Belt Six Sigma' by the Ministry Of Micro, Small, And Medium Enterprises (MSME) for students of PGDM Batch 2021-23 from May 4-6 & May 10, 2022. The certification programme was delivered by Mr. Rajeev Pathak, the expert Resource Person from MSME. The session was also graced by the presence of Mr. Abhishek Mukherjee, Founder & Director, Knowledge Talks. Addressing the learners during the Inaugural Session, Dr. Urvashi inspired them to develop and believe in the 'Power of Positive Words' which would create a vibrating impact and enhance their learning outcomes. Emphasizing on the importance of the certification programme, she highlighted that a foundational knowledge of Six Sigma is relevant for each and every management professional for ensuring quality and zero error processes in all functional domains.

## In association with IMS, DME Management School organised Corporate Readiness Week



**Ghaziabad:** In association with IMS, DME Management School Placement Cell recently organised Corporate Readiness Week -2 for Batch 2020-23 Batch from 10th May, 2022 to 12th May, 2022. The event marked the culmination of the academic session along with an aim to prepare the students for the Internship which they shall pursue during their summer break after exams. The activities included Group discussions and Personal Interviews conducted by DME Management School Faculty members along with faculty from IMS Ghaziabad.

Students were also assessed on their personality and communication skills, formal dressing and CV writing. More than 170 students participated in the event over a span of 3 days. 15 students were selected to be the best speakers and were awarded for their exemplary performance in the event.

## AICTE Sponsored Two Days National Conference 'NCETADI 2022'



**Ghaziabad:** In line with its endeavours for academic excellence through research and innovation, IMS Ghaziabad organized the prestigious AICTE sponsored National Conference on 'Emerging Technologies in Artificial Intelligence, Data Science and Internet of Things (NCETADI-22)' on May 20-21, 2022 under the patronage of Shri Naresh Agarwal, Chairman, IMS Group of Institutions; Shri. Nitin Agarwal, Managing Trustee, Governing Body, IMS Ghaziabad and leadership of Dr. Urvashi Makkar, Director, IMS Ghaziabad. An audience of over 500 delegates, participants, distinguished guests, students, media representatives, faculty and staff members of various institutes benefitted from the sessions.

Delivering the Inaugural Address, Dr. Urvashi Makkar

welcomed Chief Guest, Mr. Anupam Gupta, Vice President, Global Analytics, UHG (United Health Group); Distinguished Expert Speaker, Dr. Prabal Pratap, Scientist & Dy. Director, Information Security, DRDO Ministry of Defence, Kanpur, and many more leading icons from industry and academia in the glittering Inaugural & Plenary Session. The Plenary Session on the theme 'Intelligent Computing and Innovation on Data Science'

held on Day II was graced by Dr. Urvashi Makkar, Director, IMS Ghaziabad & Eminent Chief Guest, Mr. Gurveen Singh Rekhi, Director-Data Analytics, Sunlife and Distinguished Expert Speakers, Mr. Sushil Kumar Agarwal, Chairman & Director, AVRO Furniture and Mr. Shubham Tripathi, Lead, Zee Media. As advised by one of the experts "Youngsters must be ready to Learn, Unlearn and Relearn and plunge in for



different opportunities that the digital age offers".

She highlighted that though 80% of jobs in the coming decade will be revolving around key areas of AI, Data Science, and Machine Learning, yet, the youngsters must never forget the uniqueness of human intelligence and humanistic traits such as compassion, empathy, attitude, and enthusiasm.

The experts from the healthcare and defence sectors

shared their insights on the myriad of applications, breakthroughs, and developments in the technological domain. In the Valedictory Session, Best Paper Awards were presented for each Technical Session which was enriched with inputs from many corporate and academic stalwarts as Session Chairpersons & Co-Chairpersons. An exclusive session was dedicated to presentations by students.

## Celebration of NBA Accreditation for PGDM Program



**Ghaziabad:** IMS Ghaziabad, the premier league name in the domain of Management Education, got the prestigious NBA Accreditation successfully for its PGDM Two Year Full Time Program from the Academic Year 2022-23 to 2024-25 (upto June 30, 2025) based on the inspection conducted in the

month of February 2022.

IMS Ghaziabad is amongst very few B-Schools of the country, who have got uninterrupted NBA accreditation since 2005. Speaking on the glorious occasion, Dr. Urvashi thanked Shri Naresh Agarwal, Chairman, IMS Group of Institutions; Shri Nitin Agarwal,

Managing Trustee, IMS Ghaziabad and all the members of the Governing Council for their constant enablement in taking the institute forward. She expressed her gratitude to the trust exhibited by the visiting NBA team in the genuine initiatives undertaken by the institute for the holistic development of the student fraternity. Appreciating the collaborative efforts of the faculty and staff team of the institute in achieving the glittering certification, she inspired them to work together with renewed zeal, energy and passion in earning many more laurels for themselves and the institute.

## Summer Internship Project (SIP) Sensitization Workshop- II Organized

**Ghaziabad:** Carrying forward its endeavors to provide the budding professionals an opportunity to gain experience of real-world scenarios in a professional environment, IMS Ghaziabad organized the second phase of Summer Internship Project (SIP) Sensitization Workshop for PGDM Batch 2021-23 on May 02, 2022. The vital session was instrumental in enhancing the effectiveness of the learning experience of the students in their forthcoming Summer Internships.

Speaking on the occasion, Dr. Urvashi Makkar, Director, IMS Ghaziabad, highlighted the



significance of the term 'sensitization' in terms of giving the young minds a sense of purpose as to why they will be doing the SIP. Referring to Summer Internship as a 'milestone', she emphasized that students must try to draw maximum opportunities by converting their SIP into PPO and climbing up the corporate ladder.

## IMS Conferred with 'CSR Excellence in Education' Award



**Ghaziabad:** IMS has been conferred with the 'CSR Excellence In Education' Award by Competition Success Review (CSR) during the scintillating gala 'CSR Awards Night' organized at Hotel Le Meridien, New Delhi on May 15, 2022.

The award was received by Dr. Urvashi Makkar, Director, IMS on behalf of the institute for its significant contribution towards achieving Education Excellence in India from Mr. S.K Sachdeva,

Chairman and Editor of CSR. Dr. Makkar emphasized that these achievements would not have been possible without the constant guidance of Mr. Nitin Agarwal, Managing Trustee, Governing Body, IMS Ghaziabad and dedicated the accolades to the team effort of each member of IMS. Many senior and prominent personalities from the education sector were present in the glittering event.

## Organized Vibrant Farewell 'Odyssey' for PGDM



**Ghaziabad:** Dr. Urvashi Makkar, Director, IMS informed that the institute organized 'Odyssey', the grand Farewell of PGDM Batch 2020-22, on May 07, 2022. The junior batch of 2021-23 was in high spirits in putting up a day brimming with positivity, ecstasy and excitement for their seniors. Addressing the enthusiastic learners, Dr. Urvashi extended her best wishes to the outgoing batch for their bright future and career. Referring to them as 'The Star Batch', she congratulated them for grabbing excellent placements in



'A' listed organizations like Deloitte, Dabur, Mondelez, Byju's, Colgate, ICICI, Wipro, Bandhan Bank etc., thus bringing laurels for themselves, their parents and their

alma mater. Highlighting that the institute belongs to the students, she advised them to give wings to their dreams and never set boundaries while defining their goals.

## FDP Organized on 'Systematic Literature Review and Bibliometric Analysis'

**Ghaziabad:** IMS for strengthening the faculty fraternity, the institute organized a Faculty Development Programme on 'Systematic Literature Review and Bibliometric Analysis' on May 19, The Expert Resource Speaker for the session was Dr. Satish Kumar, Associate Professor, Department of Management Studies, Malaviya National Institute of Technology, Jaipur. In her Inaugural Address, Dr. Urvashi Makkar emphasized that the rich credentials of the expert and the insights shared by him would go a long way in amplifying the expertise of the delegates in research. Appreciating the faculty delegates for their learning zeal, she highlighted their crucial role in linking their research work with their classroom delivery and inspiring the young minds with their integrity and values.

## Director, IMS Ghaziabad Graced Indo-Global Entrepreneurship Conclave 2022 as Expert Speaker

**Ghaziabad:** Dr. Urvashi Makkar, Director, IMS Ghaziabad was invited as Expert Speaker in the premier Indo-Global Entrepreneurship Conclave 2022 on the theme 'Accelerating Business Growth in the Post Covid Scenario' on 27th May, 2022 at Hotel Hyatt Centric, New Delhi. Sharing her views, Dr. Urvashi traced the changing entrepreneurial landscape in the country from yesteryears to the current times. She highlighted that the crucial aspect of entrepreneurship must not be discussed in silos. According to her, it must be discussed in terms of the entrepreneurial ecosystem nurtured at home along with the stimulus given by the society and



country at large. Emphasizing the vital role of entrepreneurs in contributing to the economy of any country, she stressed that the nation needs an environment wherein being an entrepreneur must be one of the topmost priority in the career wish list of a child as he grows up. She drew the attention of the attentive

audience to the numerous initiatives undertaken at IMS Ghaziabad for fostering entrepreneurial mindset in the budding professionals.

Organized by Business Connect, one of India's eminent media houses, the glittering event was graced by insights from Chairperson, Ambassador Anil



Trigunayat, Former Ambassador of India to Jordan, Libya & Malta and insightful deliberations from an assemblage of luminaries hailing from Neeti Ayog, Foreign Embassies, known think tanks, FICCI/CII/PHDCCI, KPMG/Ernst & Young, Education space, Media fraternity and Entertainment industry.



## Seminar Organized on Media Scenario



**Ghaziabad:** IMS SJMC organise a Seminar on Media Scenario and provided a grand opportunity to the students and faculty members. The seminar graced with the presence of the prominent dignitaries with a highly remarkable reputation. Professor (Dr) Sanjay Dwivedi, Director-General IIMC Delhi and Mr. Arun Sharma, President, Media Federation of India. The seminar started with the opening address of the Director of IMS Ghaziabad, Dr Ajay Kumar, HOD, SJMC Dr Anil Kumar Nigam briefed about the topic of the seminar and welcoming the

guests. The Seminar started with the address of Mr Arun Sharma on the topic. He told all the students about the scenario of media, and the future prospects of media. He also shared his vast experience with the students also said that practical knowledge will be the key for the students to becoming good journalists. Professor (Dr) Sanjay Dwivedi also presented his views and he shared his experience with the audience and influenced the students. The students queries were very well answered. Vote of thanks given by Prof Sandhya Sharma.

## Mother's Day and Rabindranath Tagore Jayanti Celebration

**Ghaziabad:** The IMS Ghaziabad (University Courses Campus) celebrated Mother's Day and Rabindranath Tagore Jayanti on 09th May, 2022. The event was held in the IMSUC campus auditorium. The event was organized by the HR Club & Girl's Health CLUB in association with the Women's Cell of the institute.

Rabindranath Tagore Jayanti honors the birth anniversary of the poet, author, painter, philosopher, and short story writer, Rabindranath Tagore. This festival is celebrated with extreme joviality in East India, preferably in the Indian state of Bengal and the Bengali community. The Jayanti is celebrated all around the world to celebrate the great work of



Rabindranath Tagore in the fields of culture, literature, and poetry.

The session began with the welcoming of the faculty and staff members. Furthermore, the anchor welcomed, Prof (Dr) Ajay Kumar, Director, IMSUC, and requested him to provide the gathering with his deliberation.

Dr. Ajay manifested signs of happiness by seeing an enthusiastic gathering present at the celebration. He deliberated on the occasion of the celebration of mother's day by

sharing a few stories of his life. In his message, he said that every individual should imbibe their parent's teachings and positive spirit in every step of their life.

The Anchor then welcomed Dr. Indrani Bhattacharjee (Professor, IMS School of Management) and Dr. Gagan Varshney (Chairperson, IMS School of Information Technology) to share their thoughts on the occasion.

Following their deliberation, the anchor proceeded the event towards the fun activities.

## Expert Talk Session on 'Hidden Hunger: Food for Thought'



**Ghaziabad:** School of Biosciences, IMS Ghaziabad (University Courses Campus) organized an Expert Talk on 'Hidden Hunger: Food for Thought' for B.Sc. Food and Dairy Microbiology Specialization Students on a virtual platform. The eminent guest speaker was Dr. Geeta Mehra, Assistant Professor and HOD, Food Science at MCM DAV College for Women, Chandigarh. The event was held under the virtuous guidance of the Chairpersons, School of Biosciences, Dr. Surabhi Johri and Dr. Umesh Kumar.

The event began with a warm welcome of the guest speaker along with all the respected dignitaries followed by the introduction of our prestigious Institution, Dr. Ajay Kumar, Director, IMS Ghaziabad (University Courses Campus) and guest lecturer Dr. Geeta Mehra. An extremely informative session was held for the students to enlighten the significance of nutrition for healthy life style. The session focused on the importance of both the qualitative and the quantitative aspect of nutrition in one's health and immunity.

## 'IMS Today' YouTube Channel Launched

**Ghaziabad:** The School of Journalism and Mass Communication at IMS Ghaziabad (University Courses Campus) organised an event for the Launch of the YouTube Channel 'IMS Today' on 17 May 2022.

The motive behind launching this channel is to provide students an exposure in the field of media and to help them develop their skills. The event started with the divine blessings of Goddess Saraswati by tributing a flower showering. Dr. Ajay Kumar, Director, IMS Ghaziabad (University Courses Campus) gave speech, motivated the students and introduced them to the Chief Guest of the event. Dr Anil Kumar Nigam, HOD, School of Journalism and Mass



Communication, also addressed the audience. The students enthusiastically participated in the event and showed great interest during the launch of the channel.

The Chief Guest, Professor KG Suresh was welcomed in the Expression Studio of the Institute, by dint of ribbon cutting process, and was interviewed by one of the



student anchor of IMS Today. The Chief Guest took over the stage, shared his experiences and guided the team IMS Today on how to grow the channel. He created a new vision for IMS standing for I as 'Innovation', M as 'Modern' and S as 'Social'. Also, he addressed the importance of ground reporting in the field of media, solved the doubts of students and

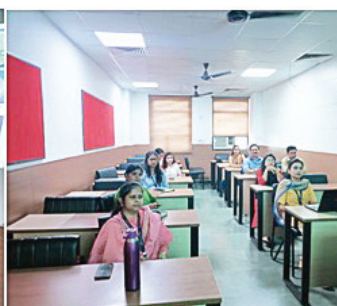
answered various questions.

Later, he expressed his joviality for the renovated studio of IMS Ghaziabad (University Courses Campus). The students cultured importance of ground reporting and the three formulas stated by the Chief Guest to live a better life-to always smile, help others and be an assertive communicator.

## Peer Enrichment Talk Series on "Role of Herbal Medicines in Disease Management"

**Ghaziabad:** In its pursuit for excellence in academics, School of Biosciences organized Peer Enrichment Talk Series. Such activities focus on enhancing and developing academic standards by engaging the individuals in high level of discussion with their peers. At the same time, it helps to develop interpersonal skills. In this reference, Dr. Swati Tyagi, Assistant Professor, School of Biosciences delivered her talk on "Role of Herbal Medicines in Disease Management" and was attended by her peers in faculty of Biosciences.

Dr. Swati presented a well-planned study on the development of new drugs by the plants as antibiotic resistance which is a global concern. She



explained that plants produce a large, diverse array of organic compounds that appear to have no direct function in growth and development. These substances are known as phytochemicals, natural products, secondary metabolites or secondary products. Therefore she studied the plant and screened out the antibacterial activity of Zamia furfuracea, an ornamental plant. She collected leaves of the

plant, prepared different solvent extracts and screened the antibacterial activity against two bacteria i.e. Gram Positive Bacillus coagulans and Gram negative Escherichia coli. In addition, she discussed that plants can be analyzed as isolation of different natural products present in each solvent extracts and can be good source of antibacterial activity individually.

## Guest Lecture by Mr. Nasir Abdullah

**Ghaziabad:** The School of Journalism and Mass Communication at IMS Ghaziabad (University Courses Campus) organized a guest lecture on Film Making and Acting: Challenges and Possibilities. The objective was to make the students understand the nuances of the film industry and the profession of acting. Understanding the industry is of paramount importance for students which provides good prospects to choose their career as an entertainment journalist, film reviewer, actor, and filmmaker. The main impetus was to give students an exposure to the relevant subject and external expert from the industry to enhance their thinking process about media trend particularly in film studies.

The expert speaker of the session was Mr. Nasir Abdullah. He is a renowned film actor and has featured in various films namely Page 3, Mittr, Om Shanti Om and most recently Bachchan Pandey. The event was



inaugurated with the National Anthem followed by the address of Prof. (Dr.) Ajay Kumar, Director, IMS Ghaziabad (University Courses Campus) and Head of Department, Prof. Anil Nigam. The guest speaker talked about his journey from behind the stage production person to a camera facing actor. He stressed on the importance of good accent, orating skills and body language. Shedding light on his pre production journey with the team of the film, Gandhi, Mr Nasir talked at length about the impact the industry had on his character. After the lecture, the students enthusiastically

participated in the question and answer session. Mr. Nasir answered all the doubts zealously. The lecture was concluded with a vote of thanks by Prof. Sandhya Sharma.

The event turned out to be a productive lecture session that helped students learn about the industry of film making and acting. Apart from the glossy nature of the profession, Mr. Nasir provided an effective insight into the actual scope and working of the industry. The event served its purpose in inculcating the practical knowledge of the industry in students.

## BNHAF 3rd Edition Presentation of Award of Excellence

**Ghaziabad:** The School of Journalism and Mass Communication at IMS UC in Association with Popcorn Flicks presented #BNHAF 3rd edition presentation of Award of Excellence Bol-News Hybrid Award Festival and a Master Class on 13 May 2022 by Mr. Pratham Khurana, a young film maker whose film 'Nauha' got selected officially in Cannes Film Festival 2022 under La Cinef category.



The event was embraced by the presence of the guest Mr. Amit R. Agarwal, Dr. Ajay Kumar, Director, IMS Ghaziabad

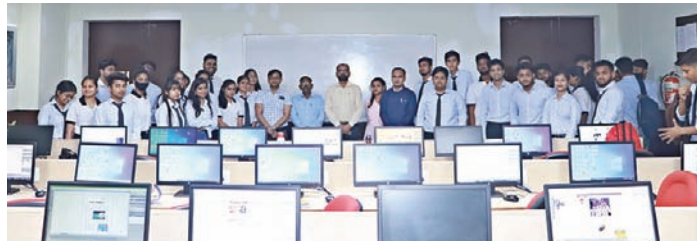
(University Courses Campus) and Dr. Anil Kumar Nigam (HOD, SJMC). Mr. Aggarwal interacted with the students in the campus and Mr. Khurana interacted on virtual mode from Mumbai. Mr. Khurana shared the basics of film production, importance of stage, selection of the content, technicalities and precautions to be taken during film production. He also shared his life experiences which were very encouraging.

Furthermore, he encouraged the students to traverse quality production. He also guided the students by answering queries on production of short films and documentaries. Students were made aware about the cinematic world. In question and answer session, all queries were answered by the guests. The students got motivated to venture into the film world and the event was a grand success.

## IMS School of J & MC Organized Workshop on QuarkXPress

**Ghaziabad:** The School of Journalism and Mass Communication at IMS UC organized a workshop on QuarkXPress on May 16, 2022. The resource person was Mr. Yograj Singh. Graphic design and desktop publishing processes were long overdue for innovation and disruption, so Quark Xpress came with its first release in 1987.

Mr. Yograj Singh told students about the need of creative professionals who depend on



QuarkXPress' power, speed and reliability for content designing on its own or alongside other graphic design tools. He told the students about native object conversion, conditional styles, synchronized

content and automatic backups make workflows dramatically faster to meet deadlines. Its digital publishing features are unmatched, quickly and easily converts documents into flex

websites and other interactive digital experiences to expand audiences and brand reach. Brilliant content begins with QuarkXPress, the world's most powerful page layout and digital publishing software. He also told the students about the technicalities and the precautions to be taken during the usage of different tools. The session was well organized and turned out to be a great learning experience for all.

## Big Ideas Club Activity "SHASTRARTH (Parliamentary Podium 2.0)"

**GHAZIABAD:** BIG IDEAS CLUB of IMS GHAZIABAD (University Courses Campus) organized an event SHASTRARTH (Parliamentary Podium) on 24TH MAY, 2022. The objective of this activity is to educate the students about the working process of nation's parliament, and also to develop skills in the youth to solve issues and manage negotiations.

The event is divided into three major parts i.e., Formal Debate, Informal Debate and the Sum up session. The Moderator of the session was Animesh Ojha, and the Co-moderators were Manan.



In panel of Judges there were Prof. Rajat, Prof. Tripti Goel, Prof. Aanchalluthra.

The participants have to act like Members of Parliament and have to speak in that capacity. There

were 3 groups namely: National Democratic Alliance (NDA), United Progressive Alliance (UPA), Federal Front

Then the session started with the opening speech by the

participant acting as Prime Minister Mr. Narendra Modi, followed by the participant acting as Home Minister of India Mr. Amit Shah talking about the various topic and putting their motto "SAB EK SAMAN HAI". Judges and Moderators also actively took participation in the event by asking questions. Opening speech then followed by the participant acting as Mr. Rajnath Singh, Rahul Gandhi after him Mr. Arvind Kejriwal continues with their opening speeches.

After the opening speeches moderators continues the session

with Formal Debate on topic "Does the Indian constitution really accepts secularism." The external affairs minister Mr. S. Jaishankar opens the discussion by stating some points like, does India really accepts secularism? Ever since they are in power, they tried to reduce fights, mob inching regarding a particular community. But on contrary to that Soniya Gandhi states they facts wrong and give statements supporting opposition party. Then everyone from all three groups states their points with facts and valid justifications to support them.

Then moderators switch the session into Informal Debate. Shivraj Chauhan starts the session by addressing the people about the statements given by Priyanka Gandhi on dresses and the opposition party contradicts on that. All over it was a very lively and energetic event.

In the sum up session, moderators asked for voting on the bills proposed by ruling and opposition. Through the process of voting by house members passes the bill implementation of uniform civil code and then after this the winners of Shastrarth were announced:

Awards	Character	Winner
Sansad Ratan	Mrs. Soniya Gandhi	Aaditya
Inquisitive leader	Mrs. S. Jaishankar	Soniya

The event was well coordinated by Vice President, Animesh Ojha, Secretary and the coordination team of Big Ideas Club namely, Deepika Kansal, Nandini Dhawan, Sachin Singh Rawat, Sajal.



# हम रहें या न रहें कल, कल याद आएंगे ये पल।

के.के का जन्म दिल्ली के एक हिन्दू-मलयाली परिवार में 23 अगस्त 1968 में हुआ था

‘तड़प-तड़प के इस दिल से’ गाने के लिए केके को फिल्मफेयर अवॉर्ड से सम्मानित किया गया

## सरवन कुमार कोरी

1999 में पल नामक एक एल्बम आता है जिसके गाने लोगों के दिलों को छू जाते हैं, तुरन्त एक नाम चारों तरफ सुनाई देने लगता है, और वह नाम होता है कृष्णकुमार कुन्ध उर्फ के.के. का, जो आगे चलकर हिंदी समेत तमिल, तेलुगु, कन्नड़, मलयालम, बंगाली आदि भाषाओं के कई गीतों में अपनी आवाज के जादू से लोगों को मंत्रमुग्ध कर देता है।

के.के का जन्म दिल्ली के एक हिन्दू-मलयाली परिवार में 23 अगस्त 1968 में हुआ था, उन्होंने अपनी शुरूआती पढ़ाई दिल्ली के माउंट सेंट मेरी स्कूल से की एवं वाणिज्य विषय से अपनी स्नातक दिल्ली विश्वविद्यालय के किरोड़ी मल कॉलेज से किया।

इन्होंने गायन शैली में कोई भी औपचारिक सीख नहीं ली थी, इसके बावजूद किशोर कुमार और आर.डी. बरमन से प्रभावित होकर गायन में अपना करियर बनाने की ठानी। शुरूआती दिन आसान नहीं थे, और अपने पहले हिट एल्बम तक पहुँचने से पहले उन्हें गुमनामी का लम्बा सफर तय करना पड़ा जिसमें के.के. ने कई विज्ञापनों के लिए छोटे-छोटे जिंगल गाये।

‘पल’ एल्बम आने के बाद के.के. युवाओं के बीच काफी लोकप्रिय हो गए जिससे उन्हें फिल्मों के लिए भी काम मिलने लगे, अगले साल 2000 में ही सलमान खान एवं ऐश्वर्या राय की फिल्म ‘हम दिल दे चुके सनम’ के एक गीत ‘तड़प-तड़प के इस दिल से’ के

लिए उन्हें फिल्मफेयर अवॉर्ड से सम्मानित किया गया।

आगे चलकर के.के ने कई गानों को अपनी रूहानी आवाज से अमर कर दिया जिनमें क्या मुझे प्यार है, तू ही मेरी शब है, आँखों में तेरी, खुदा जाने, तू जो मिला, जैसे गीत शामिल है।

के.के. अपने गानों की तरह ही वास्तविक जीवन में भी रोमानियत से भरे शख्स थे, उन्होंने अपने बचपन के प्यार ज्योति लक्ष्मी कृष्णा के साथ 1991 में शादी की, एक इंटरव्यू के दौरान

उन्होंने बताया कि दसवीं कक्षा में ही उन्होंने ज्योति से अपने प्रेम का इजहार कर दिया था, और ऐसा उन्होंने ‘प्यार दीवाना होता है’ गाने को गाकर किया था, शादी के बाद उनके दो बच्चे नकुल और तामरा हुए।

इस मंगलवार 31 दिसंबर के दिन पूरे सिनेमा जगत और संगीत प्रेमियों का हृदय तब थम सा गया, जब कलकत्ता के नजरुल मंच में एक संगीत कार्यक्रम के बाद के.के. के स्वास्थ्य बिगड़ने की खबर आयी, और उन्हें जल्दी में

लागभग 10:30 से बजे कलकत्ता मेडिकल रिसर्च अस्पताल ले जाया गया, जहाँ उन्हें मृत घोषित कर दिया गया। शुरूआती पोस्टमार्टम की रिपोर्ट में उनके मृत्यु की वजह हार्ट-अटैक बताई गयी, जिसकी वजह कार्यक्रम के दौरान अधिक उत्साह हो सकती है। अभी और भी जाँच होने बाकी है, जिसमें पुलिस कार्यक्रम को आयोजित करने वाले मैनेजर से भी पूछताछ कर रही है, क्योंकि एक आरोप यह भी लग रहा है कि कार्यक्रम को ठीक तरीके से

आयोजित नहीं किया गया था जिस वजह से यह दुर्घटना घटी। ढेर सारे सवाल हैं जिनके जवाब आने अभी बाकी हैं, पर एक सत्य जो अब नहीं बदल सकता वह यह कि के.के. मात्र 53 वर्ष की आयु में नहीं रहे, इस स्थिति में उनके सबसे पहले हिट एल्बम का गाना ही बार-बार जहन में आ रहा है और वह यह कि - हम रहे या न रहे कल, कल याद आएंगे ये पल। और इस तरह के.के. हमेशा अपने गीतों के द्वारा हमारी यादों में जिंदा रहेंगे।



## Creative Corner

### The Silent Girl

The silent girl ever too dangerous  
Don't know what is botherin  
The silent girl ever too dangerous  
She's keeping me all too smotherin



Saanuj Sood

With lips sealed tight, and a twinkle in her eye  
She's keeping me nice and guessing  
My girl won't reveal, what's on her mind  
Is it a curse or a blessing?

Her mouths all shut, I like her gut  
What should I do to break the silence?  
Her words not many, in fact hardly any  
Should I just nod in compliance?

The silent girl, ever too dangerous  
Forgive me if I have sinned  
The silent girl, ever too dangerous  
Let's dance together in the wind...

### बेटियाँ

माँ कहती है लक्ष्मी होती हैं बेटियाँ तो फिर क्यों मार दी जाती हैं बेटियाँ?

माँ कहती है किस्मत वाले होते हैं वो

जिनके घर जन्म लेती हैं बेटियाँ

पर फिर भी क्यों शोषण का शिकार हो जाती हैं बेटियाँ

जन्मी तो माँ की लाडली और पापा की गुड़िया

तो फिर क्यों एक लड़के की हवस का शिकार बनकर रह जाती हैं बेटियाँ

माँ क्यों एक लड़की सुरक्षा से नहीं जी पाती हैं

ख्वाब तो बहुत होते हैं

मगर फिर भी अपने पंखों से नहीं उड़ पाती हैं

माँ क्यों बेटियाँ इतनी कमजोर मान ली जाती हैं?

उनके भी सपने, उनकी भी खुद की जिंदगी है न?

तो फिर क्यों हर एक बंधन में ही

बंध कर रह जाती हैं

इस खुले आसमान की उड़ान भरना चाहती हूँ मैं

चाहती हूँ पूरी दुनिया मुझे मेरे नाम से जाने

मेरी खुद की पहचान से जाने

बस बड़े से ख्याब इन नहीं सी आँखों से देखना चाहती हूँ

खबर है मुझे मुश्किल बहुत है ये, मगर नामुमकिन नहीं

क्योंकि अगर आप साथ हैं मेरे

तो मेरे लिए नामुमकिन, कुछ भी नहीं।



खुशी वार्णाय

### खूबियों में खामियाँ

खूबियों में खामियाँ और खामियों में खूबियाँ हम देख नहीं पाते।

सच तो ये है कि हम सही मूल्यांकन कर ही नहीं पाते।

जो गिर जाए नजरों से उसकी खूबियाँ नजर नहीं आती,

और जो चढ़ जाए नजरों पे उसकी खामियाँ दिख नहीं पाती।

हम हो गए हैं पक्षपाती इतने कि तटस्थ रह नहीं पाते।

सच तो ये है.....

आज देश के कोने-कोने में फैला है संप्रदाय रूपा जहर,

एक संप्रदाय दूसरे पे बरपा रहा है अत्याचार और कहर।

जो नजर है हिंदू के लिए उससे मुस्लिम को देख नहीं पाते।

सच तो ये है.....

गर गरीब पिए तो एब जबकि अमीरों का शौक है,

एक से दुनिया भर की नफरत और दूसरे से खौफ है।

क्यूँ दोनों को बराबर सम्मान हम दे नहीं पाते?

सच तो ये है.....

हर सख्खा दुश्मनी और बैर भाव रखता है शूल से,

वो कितनी हिफाजत करता है ये जाके पूछे फूल से।

बस दिखाता है उसका चुभना प्रहरी भाव देख नहीं पाते।

सच तो ये है.....

बेशक सफलता है अच्छी और इसे चाहते हैं सभी,

जिसका पथ पथरीला और स्वभाव गवीला क्या ये सोचा है कभी?

क्यूँ सफल आदमियों के पांव के छाले हम देख नहीं पाते?

सच तो ये है.....

जब बात आए अपनी तो राम सा आदर्श दिखाते हैं,

उंगली उठें औरों पर तो उनका रावण ही जगाते हैं।

अगर बनना ही है राम तो अंदर के रावण को क्यूँ मार नहीं पाते?

सच तो ये है की हम सही मूल्यांकन कर ही नहीं पाते।



डॉ. अरविंद कुमार शर्मा

## नादान बच्ची थी वो

नादान बच्ची थी वो और इस दुनिया में कुछ ही साल पहले

आई थी वो,

ज्यादा बड़ी नहीं बस दस या बारह साल की थी वो।

दिल में हजारों सपने लिए खेलने में मशरूफ थी वो।

लेकिन दरवाजे पर उसके, एक खोफनाक दर्द दस्तक दे रही थी,

इस दुनिया की जालिम सोच से वाकिफ ना थी वो।

समाज की हर रीति-रिवाज से दूर थी वो,

दरवाजे पे दस्तक सुन नगे परे भाग रही थी वो,

शायद बाबा के ‘जल्दी आऊँगा’ कहने पर बहुत खुश थी वो।

माँ ने कहा था कि बेटा किसी की दस्तक सुनकर दरवाजा ना खोलना,

लेकिन बाबा के जल्दी आने की खुशी में माँ की कही हुई बातों को भी अनसुना कर रही थी वो।

खुशी से दौड़ती हुई दरवाजे की तरफ बढ़ रही थी वो,

शायद अपनी जिन्दगी में आने वाली परेशानी से अनजान थी वो।

होटों पर मुस्कान लिए अपने नन्हें-नन्हें हाथों से दरवाजा खोल रही थी वो,

पर दरवाजे पर एक अजनबी चेहरा देख परेशान होने लगी थी वो।

कहते हैं उस दिन बहुत बुरा हुआ था उसके साथ

पानी मँगाने के बहाने बलात्कार हुआ था उसके साथ

कुछ दिनों तक बहुत रोई थी वो,

अपनी एक छोटी सी गलती के लिए रोते-रोते ना जाने कितने रातों तक सोई नहीं थी वो।

समाज के ताने सुनते हुए अपने माँ-बाबा को देख नहीं पा रही थी वो,

दरवाजे पर अकेली खड़ी, अपने माँ-बाबा को रोते हुए देख रही थी वो।

फिर कमरे में अकेली बैठ आँखों में आँसु लिए कुछ सोच रही थी वो,

शायद पहली बार अपनी जिन्दगी का कोई फैसला खुद से ले रही थी वो,

और माँ-बाबा के आँसु को देख बन्द कमरे में मौत को गले से लगा रही थी वो।

सुना है जिस दरिन्दे ने बलात्कार किया था उसका, कुछ नहीं हुआ था।

उसके साथ,

उसके माँ-बाबा बहुत रोये थे उसके जाने के बाद,

और उस नादान बच्ची को दफना दिया गया था उसके चन्द खिलौनों के साथ।



असमीना



## डियर जिंदगी



सुहानी राय

आज का समय या ये कहें युग पूरी तरह आधुनिक हो चुका है, हमारा व्यवहार, पहनावा, बात करने का तरीका, यहाँ तक कि कोई भी काम क्यों न हो सभी आधुनिक हो चुके हैं। सभी के दिलों में ज़िद है कुछ न कुछ पाने की, चाहे वो चाहत सही हो या गलत ही क्यों न हो! लेकिन प्रयास यही करना होगा कि जिन्दगी में सही फैसले ले सकें। जिन्दगी को डियर जिन्दगी बनाकर जीवन बिताएं, तभी जीवन की छुपी सफलता मिलेगी।

जिन्दगी वो जिसमें पूरे मन से लगा जाए, जो हमारे किए गए कर्मों के आधार पर उचित परिणाम देती है, जो हम सभी जानते हैं।

एक बच्चा ऊँचे पहाड़ पर जाता है। वहाँ से पूरी ताकत लगाकर चिल्लाता है। वही चीख उसे वापस सुनाई देती है फिर वो दौड़ कर अपनी माँ के पास जाता है और सारा किस्सा सुनाता है। ये सुनकर माँ बात को समझ जाती है फिर बोलती है कि अब जाओ और जोर से बोलो आई लव यू, मैं तुमसे बहुत प्यार करता हूँ! बच्चे ने ऐसा ही किया, और फिर उसे उधर से भी वही आवाज सुनाई दी आई लव यू, मैं तुमसे बहुत प्यार करता हूँ! बच्चा बहुत खुश होकर वापस माँ के पास आया और बताया कि माँ वो भी मुझसे बहुत प्यार करता है।

यही होता है हमारे साथ भी, जिन्दगी भी इसी तरह की गूँज है, वापस वही मिलेगा, जो हम अपनी जिन्दगी को देंगे, अच्छा किया तो अच्छा परिणाम और बुरा किया तो निश्चित ही बुरा परिणाम।

कभी कभी हमारा जीवन फिल्मों की तरह होने लगता है। हम खुशियाँ पाने के लिए हर रोज बस भागते हैं, चिंता करते हैं, कभी दूसरों पर चिल्लाते हैं, ये सारी चीजें हमारे जीवन का हिस्सा बन जाती हैं।

हमें सीखना चाहिये, समंदर की लहरों से जो ऊँचाई पर उठती है तो नीचे गिरती भी है, जीवन भी तो एक उतार-चढ़ाव ही है, जिसमें कभी हम डर के कुछ फैसले लेते हैं तो कभी तेज चाल चल के अपनी मंजिल पाते हैं।

जिन्दगी वो रहस्यमय पहलू है, जिसमें हमारे साथ जो घटता है वो बिल्कुल बचपन में सुनी हुई कहानियों जैसा होता है, जैसे बचपन में हम उन कहानियों से कोई न कोई सीख लेते थे ठीक वही हाल जीवन का है, जो घटनाएं घटती हैं उनसे कुछ न कुछ सीख जरूर मिलती हैं। ये हमारे ऊपर निर्भर होता है कि हमने क्या सीखा। सबसे सुनहरे शब्द हैं जीवन के कि अच्छा सोचना होगा, तभी आने वाला कल अच्छा होगा। एक बेहतरीन जिन्दगी की यही सच्चाई है। जिन्दगी को बेहतरीन बनाने का एक अच्छा सुझाव है, लोगों से मिलना, हम जितने तरह के लोगों से मिलेंगे उतना सीख लेंगे, अपनी बातें साझा कर सकेंगे, तनाव खत्म करने का एक सही तरीका ये भी है।

इस संदर्भ में एक बात कहना जरूरी है कि कबीरदास जी का एक दोहा है ‘काल करे सो आज कर आज करे सो अब।’ अर्थात् किसी भी काम को करने में देर नहीं करना चाहिए। लेकिन कभी कभी जीवन के अनुभवों से समझ आता है ये बात सभी कामों के लिए सही नहीं है। कुछ काम ऐसे भी हैं, जिनमें जितनी देर हो उतना अच्छा है जैसे कि बहुत अधिक राग, द्वेष, वाद-विवाद, घमंड, पापकर्म इत्यादि कभी कभी समय के साथ साथ ये अवगुण हमारे व्यवहार में आ ही जाते हैं, इनकी अधिकता से जीवन की सुख-शांति नष्ट हो जाती है, जीवन से मधुरता चली जाती है।

अतः : कोई भी कार्य करने से पहले हजार बार विचार करें कि आखिर हम क्या करने जा रहे हैं, हमारे किये कर्मों का परिणाम क्या होगा। जीवन का प्रत्येक क्षण बेशकीमती है, इसकी कोई कीमत नहीं है, जब तक जीवन है पूरा प्रयास करिये, आनंदित जीवन व्यतीत हो। संसार में ऐसा कोई कार्य नहीं जो रुका हो, हमारे काम करने का तरीका ही हमें अधिक समय तक सफलतम शीर्ष पर जमाए रख सकता है। यही कोशिश होनी चाहिए कि जिन्दगी कोई सामान्य जिन्दगी न होकर प्यारी जिन्दगी हो जिसमें कूलों से खुशबू हो, झरनों की छनछनाहट हो, प्यार का असीमित भंडार हो, खुशियों की कोई तय सीमा न हो।

‘ये जरूरी नहीं कि हर वक्त हमारी मर्जी चले

जुस्तजु अब हमारी रखी हुई है दहलीज पर आपके।’