

Institute of Management Studies, Ghaziabad

Yoga sessions

An event by life Enrichment Programme

Report

|                                      |                                                               |
|--------------------------------------|---------------------------------------------------------------|
| Event Name: Yoga Sessions            | Date : 23 <sup>rd</sup> April – 27 <sup>th</sup> April , 2017 |
| Trainer:<br>Mr. Alek Singh Chauhan   | Anchor:-<br>1.DivyanshiNaresh                                 |
| For: All the members of IMSUC        | Event Timing: 2pm-4pm                                         |
| Number of Participants-150 (approx.) | Venue: IMS Ground                                             |

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind. Yoga postures, Pranayama and meditation are effective techniques to release stress. The session Organized by Life Enrichment Programme at 23<sup>rd</sup> April – 27<sup>th</sup> April , 2017 started seeking the blessings of the Almighty by chanting the Gayatri Mantra. Asanas starting with warming up and stretching were followed by a series of Padmasana, Sukhasana, Tadasana, BhujangAsana and ending with Shavasana. Exercises for relieving stress, reducing joint pain and enhancing the flexibility of the back were also done for the benefit of the teachers. A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily-in both the body and mind. Yoga postures, Pranayama techniques to release stress. The main aim was to raise awareness and ignite a passion for fitness and yoga among the students and teachers. In the present day when students face stress, tension, fear, etc., simple 'asanas' can help dispel these.





Event Name: Yoga Sessions

Date :25<sup>th</sup> April – 27<sup>th</sup> April , 2017

List of attendees:

|             |                 |     |         |
|-------------|-----------------|-----|---------|
| R1709351775 | BHANU TYAGI     | BCA | 2017-20 |
| R1709351492 | KUSHAGRA GOEL   | BBA | 2017-20 |
| R1709351579 | PRIYANSHI DHAMA | BBA | 2017-20 |
| R1709351690 | TUSHAR SHARMA   | BBA | 2017-20 |
| 169359577   | MUKESH YADAV    | BCA | 2016-19 |

|              |                    |        |         |
|--------------|--------------------|--------|---------|
| R1709352256  | DISHA SHARMA       | BJMC   | 2017-20 |
| 169359608    | BRUPAL SINGH       | BCA    | 2016-19 |
| 169356745    | SHRADHA BHARDWAJ   | BSC BT | 2016-19 |
| 169359076    | HITANSHU SHARMA    | BBA    | 2016-19 |
| R1709351839  | PRASHANT SHARMA    | BCA    | 2017-20 |
| 169359018    | AKSHAY KUMAR TYAGI | BBA    | 2016-19 |
| 170935132053 | VARSHITI TRAR      | BSC BT | 2017-20 |
| R1709351829  | NISHA SINGH        | BCA    | 2017-20 |
| 169351609    | HARSH SHARMA       | BJMC   | 2016-19 |
| 169359632    | MUKESH TYAGI       | BCA    | 2016-19 |



|              |                      |        |         |
|--------------|----------------------|--------|---------|
| R1709351355  | ABHINAV GARG         | BBA    | 2017-20 |
| 169359513    | DINESH KUMAR         | BCA    | 2016-19 |
| R1709351780  | DEEPANSHU SHARMA     | BCA    | 2017-20 |
| R1709351712  | VISHAKHA TYAGI       | BBA    | 2017-20 |
| 169359253    | SUSHEEL KUMAR SHARMA | BBA    | 2016-19 |
| 1593509050   | MEENAKSHI            | BCA    | 2015-18 |
| 170935132050 | SWATI SHARMA         | BSC BT | 2017-20 |
| 169359202    | SALEEM CHAUDHARY     | BBA    | 2016-19 |
| 169359629    | ASHOK KUMAR PURI     | BCA    | 2016-19 |
| R1709351705  | VASU AGARWAL         | BBA    | 2017-20 |
| R1709351399  | ANUVRAT VERMA        | BBA    | 2017-20 |
| R1709351586  | RAGHAV AGARWAL       | BBA    | 2017-20 |
| R1709351428  | DEEKSHA GUPTA        | BBA    | 2017-20 |
| R1709351689  | TUSHAR CHAUDHARY     | BBA    | 2017-20 |
| 169359136    | MUSKAN JAIN          | BBA    | 2016-19 |
| 1593509094   | SHIVANK SINGHAL      | BCA    | 2015-18 |
| R1709351873  | SHIVON SHANDILIYA    | BCA    | 2017-20 |
| 1593509641   | RINKI                | BBA    | 2015-18 |
| 169359155    | PALLAVI GARG         | BBA    | 2016-19 |
| 1593502666   | KHUSHBU              | BSC BT | 2015-18 |
| R1709352270  | NITESH SINGH         | BJMC   | 2017-20 |
| 1593509672   | SHUBHAM GAIROLA      | BBA    | 2015-18 |
| 169359108    | LAKSHYA TOMAR        | BBA    | 2016-19 |
| R1709356462  | SAKSHI CHAUHAN       | MSC BT | 2017-19 |
| 169359587    | DUSHYANT KUMAR       | BCA    | 2016-19 |
| R1709351386  | ANIRUDH GARG         | BBA    | 2017-20 |
| 169359550    | VIPIN KUMAR VERMA    | BCA    | 2016-19 |
| R1709351627  | SARTHAK SHARMA       | BBA    | 2017-20 |
| R1709351605  | ROHIT KUMAR SAH      | BBA    | 2017-20 |
| R1709351440  | DIVYANSHU SHARMA     | BBA    | 2017-20 |
| 170935132002 | AKSHITA SINHA        | BSC BT | 2017-20 |

|              |                      |        |         |
|--------------|----------------------|--------|---------|
| 170935132017 | KAJAL YADAV          | BSC BT | 2017-20 |
| R1709351550  | PAYAL BHATNAGAR      | BBA    | 2017-20 |
| R1709351841  | PRATEEK KUMAR SHARMA | BCA    | 2017-20 |
| 1593509097   | SHRISHTI GOYAL       | BCA    | 2015-18 |
| R1709351763  | ANAMIKA JOHARI       | BCA    | 2017-20 |



|              |                    |        |         |
|--------------|--------------------|--------|---------|
| 1593501516   | MANSI TYAGI        | BJMC   | 2015-18 |
| 169359171    | RACHIT RAJ         | BBA    | 2016-19 |
| 169359630    | S.P. SHARMA        | BCA    | 2016-19 |
| 169359129    | MOHD FAISAL        | BBA    | 2016-19 |
| 169351645    | VARTIKA SRINASTAVA | BJMC   | 2016-19 |
| R1709356442  | ABHILASHA          | MSC BT | 2017-19 |
| R1709351890  | TANYA BHARDWAJ     | BCA    | 2017-20 |
| R1709356452  | KUMUD GAUR         | MSC BT | 2017-19 |
| R1709351697  | VAISHNAVI KAUSHIK  | BBA    | 2017-20 |
| R1709351384  | ANIL KASHYAP       | BBA    | 2017-20 |
| 169351643    | VAIBHAV SHARMA     | BJMC   | 2017-20 |
| 169359070    | HARSHIT MADAN      | BBA    | 2016-19 |
| 1593509091   | SHIVA TOMER        | BCA    | 2015-18 |
| R1709351695  | VAIBHAV AGARWAL    | BBA    | 2017-20 |
| 1593509013   | AKSHIT GARG        | BCA    | 2015-18 |
| 1593509077   | RIDHIMA SAXENA     | BCA    | 2015-18 |
| 1593502668   | KM ANNAPURNA GUPTA | BSC BT | 2015-18 |
| 169351608    | DIVYA GHANSELA     | BJMC   | 2016-19 |
| 169359234    | SIDDHANT JAIN      | BBA    | 2016-19 |
| R1709351529  | NAMANN GUPTA       | BBA    | 2017-20 |
| 1593509552   | DEEPAK KUMAR       | BBA    | 2015-18 |
| R1709351903  | YUVRAJ BHADOURIYA  | BCA    | 2017-20 |
| R1709351382  | ANIKET BHATI       | BBA    | 2017-20 |
| R1709351790  | HARSHIT BHATNAGAR  | BCA    | 2017-20 |
| 170935132022 | MANPREET KAUR      | BSC BT | 2017-20 |
| R1709351442  | GARIMA TOMAR       | BBA    | 2017-20 |
| 169359204    | SAMBHAV YADAV      | BBA    | 2016-19 |
| 169351615    | KM ZUBAIDA         | BJMC   | 2016-19 |
| R1709351624  | SARTHAK GAUR       | BBA    | 2017-20 |
| 1593509533   | ANURAG MALIK       | BBA    | 2015-18 |
| 169359585    | FAROOK             | BCA    | 2016-19 |
| R1709351454  | HARSHIT JADON      | BBA    | 2017-20 |
| 1593501528   | SHIVENDRA SINGH    | BJMC   | 2015-18 |
| R1709351764  | ANANYA GUPTA       | BCA    | 2017-20 |
| 169359063    | GARIMA GOEL        | BBA    | 2016-19 |
| 169359603    | SUNIL DUTT SHARMA  | BCA    | 2016-19 |



|              |                       |        |         |
|--------------|-----------------------|--------|---------|
| R1709351654  | SHRUTI SETHI          | BBA    | 2017-20 |
| 169359502    | RAJEEV CHECKER        | BCA    | 2016-19 |
| R1709351597  | RIA GUPTA             | BBA    | 2017-20 |
| 1593509026   | DEEP SHARMA           | BCA    | 2015-18 |
| R1709351621  | SANSKRITI TYAGI       | BBA    | 2017-20 |
| 169356924    | SANJANA BHATI         | BSC MB | 2016-19 |
| R1709351804  | KHUSHI PURI           | BCA    | 2017-20 |
| R1709351767  | ANUSHTHA KAUSHIK      | BCA    | 2017-20 |
| 1593502661   | GAURAV KUMAR          | BSC BT | 2015-18 |
| 169359256    | TANYA DUA             | BBA    | 2016-19 |
| R1709351715  | VISHAL KUMAR JAISWAL  | BBA    | 2017-20 |
| 1593509664   | SHIVAM YADAV          | BBA    | 2015-18 |
| 1593509066   | PRASHANT KUMAR TIWARI | BCA    | 2015-18 |
| 169359565    | AMBRISH KUMAR SHARMA  | BCA    | 2016-19 |
| 1593509635   | RAJAT BANSAL          | BBA    | 2015-18 |
| 169359084    | JITENDRA KUMAR        | BBA    | 2016-19 |
| 1593509049   | MANOJ YADAV           | BCA    | 2015-18 |
| 1593509017   | APEKSHA GOEL          | BCA    | 2015-18 |
| 1593509056   | NAVEEN CHAUDHARY      | BCA    | 2015-18 |
| 169359145    | NEHAL JAIN            | BBA    | 2016-19 |
| 169359521    | MUKESH CHOUDHARY      | BCA    | 2016-19 |
| 170935135028 | TANU CHOUDHARY        | BSC MB | 2017-20 |
| 169359161    | PRAKARSH TYAGI        | BBA    | 2016-19 |
| R1709351714  | VISHAL SINGH          | BBA    | 2017-20 |
| R1709356446  | FARHEEN               | MSC BT | 2017-19 |
| 169359551    | OMVEER SINGH          | BCA    | 2016-19 |
| 170935132035 | PREETI CHAVAK         | BSC BT | 2017-20 |
| 1593502664   | KAJAL SAINI           | BSC BT | 2015-18 |
| 1593509033   | HIMANSHU SACHDEVA     | BCA    | 2015-18 |
| 1593502688   | SACHIN TOMER          | BSC BT | 2015-18 |
| R1709352275  | PULKIT MODI           | BIMC   | 2017-20 |
| 169359192    | ROBIN GANGWAR         | BBA    | 2016-19 |
| 169359616    | SANDEEP JAIN          | BCA    | 2016-19 |
| 1593509027   | DEEPAK GOEL           | BCA    | 2015-18 |
| 169359573    | SHAMEEM AHMED ANSARI  | BCA    | 2016-19 |
| 169359213    | SHIKHAR KUMAR         | BBA    | 2016-19 |



|             |                      |        |         |
|-------------|----------------------|--------|---------|
| R1709351619 | SANJEEV KUMAR        | BBA    | 2017-20 |
| R1709351802 | KASHISH SHISHODIA    | BCA    | 2017-20 |
| 1593509594  | MEHFOOZ ALAM         | BBA    | 2015-18 |
| 169359181   | RICHA CHAUDHARY      | BBA    | 2016-19 |
| R1709351576 | PRIYA SINGH          | BBA    | 2017-20 |
| R1709351519 | MOHD FAIZAN          | BBA    | 2017-20 |
| 169359555   | SURENDER JAIN        | BCA    | 2016-19 |
| 1593509506  | ABHISHEK CHAUDHARY   | BBA    | 2015-18 |
| 1593509534  | ARPIT AGARWAL        | BBA    | 2015-18 |
| R1709351692 | UDIT VARSHNEY        | BBA    | 2017-20 |
| 1593509025  | DANISH               | BCA    | 2015-18 |
| 169359512   | KAPIL SHARMA         | BCA    | 2016-19 |
| 1593509092  | SHIVAM SHARMA        | BCA    | 2015-18 |
| 1593509679  | SHWETA               | BBA    | 2015-18 |
| R1709351879 | SONAM SHARMA         | BCA    | 2017-20 |
| 169353215   | NIKUNJ VASHISTHA     | MSC BT | 2016-18 |
| 1593509729  | YASH MITTAL          | BBA    | 2015-18 |
| R1709351441 | EVA SRIVASTAVA       | BBA    | 2017-20 |
| 169356709   | CHIRAG SINGH         | BSC BT | 2016-19 |
| 169359229   | SHUBHAM GARG         | BBA    | 2016-19 |
| 169353208   | JYOTI GOYAL          | MSC BT | 2016-18 |
| 1593509669  | SHRISTI GOEL         | BBA    | 2015-18 |
| 169359273   | VARNITA GOYAL        | BBA    | 2016-19 |
| R1709351676 | SUDHANSHU SINGH      | BBA    | 2017-20 |
| 1593509707  | UTKARSH PRATAP SINGH | BBA    | 2015-18 |
| R1709351383 | ANIKET VISHNOI       | BBA    | 2017-20 |
| 169359594   | ANIL SHARMA          | BCA    | 2016-19 |

Event Coordinator: Ms. Shanti Tyagi & Mr. Dhruv Sharma



Institute of Management Studies, Ghaziabad

Yoga sessions

An event by life Enrichment Programme

Report

|                                      |                                                      |
|--------------------------------------|------------------------------------------------------|
| Event Name: Yoga Sessions            | Date : 18 <sup>th</sup> – 25 <sup>th</sup> aug ,2017 |
| Trainer:<br>Mr. Alok Singh Chauhan   | Anchor:-<br><br>1.Vanshika Singh                     |
| For: All the members of IMSUC        | Event Timing: 2pm-4pm                                |
| Number of Participants-140 (approx.) | Venue: IMS Ground                                    |

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind. Yoga postures, Pranayama and meditation are effective techniques to release stress. The session Organized by Life Enrichment Programme at 18<sup>th</sup> – 25<sup>th</sup> aug, 2017 Event started seeking the blessings of the Almighty by chanting the Gayatri Mantra. Asanas starting with warming up and stretching were followed by a series of Padmasana, Sukhasana, Tadasana, Bhujangasana and ending with Shavasana. Exercises for relieving stress, reducing joint pain and enhancing the flexibility of the back were also done for the benefit of the teachers. A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily-in both the body and mind. Yoga postures, Pranayama techniques to release stress. The main aim was to raise awareness and ignite a passion for fitness and yoga among the students and teachers. In the present day when students face stress, tension, fear, etc., simple 'asanas' can help dispel these.



Event Name: Yoga Sessions Date : 18<sup>th</sup> – 25<sup>th</sup> aug ,2017



List of attendees:

|             |                   |        |         |
|-------------|-------------------|--------|---------|
| 169359505   | JAGDISH CHAND     | BCA    | 2016-19 |
| R1709351461 | HRITIK THAKUR     | BBA    | 2017-20 |
| R1709351435 | DHARMENDER        | BBA    | 2017-20 |
| 169356723   | MANSI SRIVASTAVA  | BSC BT | 2016-19 |
| 1593509678  | SHUKDEV AGNIHOTRI | BBA    | 2015-18 |
| 1593509687  | SUMIT KUMAR       | BBA    | 2015-18 |
| R1709351394 | ANUBHAV AGGARWAL  | BBA    | 2017-20 |
| R1709351679 | SURAJ BALODI      | BBA    | 2017-20 |
| 169359260   | TARUN TRIVEDI     | BBA    | 2016-19 |
| 9358049     | MANISH (NAGAR)    | BCA    | 2015-18 |
| R1709351546 | PARAS CHHABRA     | BBA    | 2017-20 |
| R1709351813 | MANISH KUMAR      | BCA    | 2017-20 |
| 169359090   | KARAN             | BBA    | 2016-19 |

|              |                      |        |         |
|--------------|----------------------|--------|---------|
| 1593509096   | SHREYA BHATT         | BCA    | 2015-18 |
| 169359190    | RIYA SHARMA          | BBA    | 2016-19 |
| 1593509652   | SANSKAR ASTHANA      | BBA    | 2015-18 |
| 169359628    | ARVIND PARASHAR      | BCA    | 2016-19 |
| 169356754    | UJWAL KUSHWAHA       | BSC BT | 2016-19 |
| R1709351500  | MAHIMA TYAGI         | BBA    | 2017-20 |
| 1593501532   | UMAKANT UPADHYAY     | BIMC   | 2015-18 |
| 169359071    | HARSHIT TYAGI        | BBA    | 2016-19 |
| 170935132037 | RAVI KUMAR           | BSC BT | 2017-20 |
| 169359532    | RAKESH GUPTA         | BCA    | 2016-19 |
| 169359019    | AKSHIT PUNDIR        | BBA    | 2016-19 |
| 169359254    | TANMAY               | BBA    | 2016-19 |
| 169351632    | SHIZA FATIMA         | BIMC   | 2016-19 |
| R1709351656  | SHUBHAM KUMAR        | BBA    | 2017-20 |
| 169359631    | MANOJ GUPTA          | BCA    | 2016-19 |
| 1593509075   | RAVINDER SINGH       | BCA    | 2015-18 |
| 169351630    | SARTHAK DAS          | BIMC   | 2016-19 |
| 170935132020 | MAMTA YADAV          | BSC BT | 2017-20 |
| 1593509070   | PUSHPENDER CHAUDHARY | BCA    | 2015-18 |
| R1709351652  | SHREY GARG           | BBA    | 2017-20 |
| 1593501517   | MULAYAM SINGH YADAV  | BIMC   | 2015-18 |
| 169359503    | JIVENDRA SINGH       | BCA    | 2016-19 |
| 1593509508   | ABHISHEK KUMAR       | BBA    | 2015-18 |
| 1593509532   | ANLI                 | BBA    | 2015-18 |
| 170935132023 | MANSI PANDEY         | BSC BT | 2017-20 |
| R1709351459  | HIMANSHU SINGH       | BBA    | 2017-20 |
| R1709351824  | MUSKAN SINGH         | BCA    | 2017-20 |
| R1709356448  | JYOTI POONIA         | MSC BT | 2017-19 |
| 1593502671   | KM. JYOTI SHAKYA     | BSC BT | 2015-18 |
| 169359180    | REETIKA AGGARWAL     | BBA    | 2016-19 |
| 1593509613   | NISHANT YADAV        | BBA    | 2015-18 |
| R1709351474  | KARAN AGRAWAL        | BBA    | 2017-20 |
| R1709351467  | JYOTI                | BBA    | 2017-20 |
| 169359613    | MOHAMMAD NASIR       | BCA    | 2016-19 |
| 169359239    | SONIKA               | BBA    | 2016-19 |
| 169353219    | SHIVANI NEHRA        | MSC BT | 2016-18 |

|             |                       |     |         |
|-------------|-----------------------|-----|---------|
| 1593509518  | AKASHDEEP             | BBA | 2015-18 |
| 1593509677  | SHUBHAM SHARMA        | BBA | 2015-18 |
| R1709351795 | HIMANSHU              | BCA | 2017-20 |
| R1709351785 | DIVYANSHU KUMAR SINGH | BCA | 2017-20 |
| R1709351568 | PRATIK KUMAR          | BBA | 2017-20 |
| 169359107   | LAKSHITA ARORA        | BBA | 2016-19 |

|              |                   |         |         |
|--------------|-------------------|---------|---------|
| 170935132003 | AMAN SHARMA       | BSC BT  | 2017-20 |
| R1709351405  | ARPITA GUPTA      | BBA     | 2017-20 |
| 169359266    | UTKARSH AGARWAL   | BBA     | 2016-19 |
| 169359160    | PRAGYA GARG       | BBA     | 2016-19 |
| 169359026    | ANKIT PANDEY      | BBA     | 2016-19 |
| 169359524    | MAHESH SHARMA     | BCA     | 2016-19 |
| 1593509048   | MANISHA           | BCA     | 2015-18 |
| 169353210    | KM NIDHI VARSHNEY | MISC BT | 2016-18 |
| 169359139    | NALIN KISHORE     | BBA     | 2016-19 |
| 169356753    | TWINKLE MEENA     | BSC BT  | 2016-19 |
| 169359222    | SHIVAM SOLANKI    | BBA     | 2016-19 |
| R1709351756  | AKASH KUMAR       | BCA     | 2017-20 |
| 169351646    | YASH SHARMA       | BIMC    | 2016-19 |
| 1593509106   | TUSHAR TEOTIA     | BCA     | 2015-18 |
| 169359133    | MOHIT SINGH       | BBA     | 2016-19 |
| 170935132047 | SIDDHANT MANOHAR  | BSC BT  | 2017-20 |
| 169359217    | SHIVA VARSHNEY    | BBA     | 2016-19 |
| 1593509647   | SALONI MISHRA     | BBA     | 2015-18 |
| 169356752    | SUNIL DHASMANA    | BSC BT  | 2016-19 |
| R1709351678  | SUMIT CHOUDHARY   | BBA     | 2017-20 |
| 169359612    | ABDUL QAADIR      | BCA     | 2016-19 |
| 169359148    | NIKITA GARG       | BBA     | 2016-19 |
| R1709351786  | DUSHYANT VARSHNEY | BCA     | 2017-20 |
| 1593502700   | URVASHI SHARMA    | BSC BT  | 2015-18 |
| R1709351448  | HARSH SHARMA      | BBA     | 2017-20 |
| 1593509567   | HEENA MALHOTRA    | BBA     | 2015-18 |
| 169359571    | HAJI MD MAHFUJ    | BCA     | 2016-19 |
| 1593509646   | SAKSHI AIMA       | BBA     | 2015-18 |
| 170935132056 | YASHI PANDEY      | BSC BT  | 2017-20 |
| 169359575    | MUKESH AGARWAL    | BCA     | 2016-19 |

|             |                  |        |         |
|-------------|------------------|--------|---------|
| 169359022   | AMAN SENGAR      | BBA    | 2016-19 |
| 1593509535  | ARPIT JAIN       | BBA    | 2015-18 |
| 1593509576  | KHADEEJA NAFEEES | BBA    | 2015-18 |
| R1709356453 | LAKSHIT SHARMA   | MSC BT | 2017-19 |
| 169356911   | JYOTI PAL        | BSC MB | 2016-19 |
| R1709351807 | KONICA CHAUDHARY | BCA    | 2017-20 |
| R1709351857 | RIZWAN KHAN      | BCA    | 2017-20 |
| R1709351823 | MOHIT YADAV      | BCA    | 2017-20 |
| 1593509087  | SEEMA PARTIYAL   | BCA    | 2015-18 |
| 169359596   | DINESH SHARMA    | BCA    | 2016-19 |
| 169359118   | MARIA RASHID     | BBA    | 2016-19 |

|              |                         |        |         |
|--------------|-------------------------|--------|---------|
| R1709351885  | SUDHIR SHARMA           | BCA    | 2017-20 |
| R1709351811  | MALVIKA WALIA           | BCA    | 2017-20 |
| R1709351810  | MADAN PRATAP SINGH      | BCA    | 2017-20 |
| R1709351618  | SANDEEPT KUMAR ROUT     | BBA    | 2017-20 |
| 169359044    | ATISHAY JAIN            | BBA    | 2016-19 |
| 169356739    | SAKSHI TYAGI            | BSC BT | 2016-19 |
| 170935135021 | SAHIL KUMAR             | BSC MB | 2017-20 |
| R1709351673  | SPARSH SHARMA           | BBA    | 2017-20 |
| 169359182    | RIDIMA GOEL             | BBA    | 2016-19 |
| 169359142    | NANDINI SHARMA          | BBA    | 2016-19 |
| 169356719    | KARMESHWAR              | BSC BT | 2016-19 |
| R1709351900  | VISHAL                  | BCA    | 2017-20 |
| 1593509693   | TANISHAA SAXENA         | BBA    | 2015-18 |
| R1709351369  | AKASH KUMAR             | BBA    | 2017-20 |
| 169356706    | ARCHIKA GUPTA           | BSC BT | 2016-19 |
| R1709356445  | AYESHA                  | MSC BT | 2017-19 |
| 1593509654   | SATVIK SRIVASTAVA       | BBA    | 2015-18 |
| 1593509504   | ABHISHEK BHADOURIA      | BBA    | 2015-18 |
| R1709351882  | SRIISTI SHARMA          | BCA    | 2017-20 |
| R1709351855  | RITIK KUMAR MISHRA      | BCA    | 2017-20 |
| R1709351659  | SHUBHAM KUMAR KANSYAKAR | BBA    | 2017-20 |
| 170935135005 | AZAD ALI                | BSC MB | 2017-20 |
| 169359096    | KAVITA YADAV            | BBA    | 2016-19 |
| R1709351872  | SHIVANI SHARMA          | BCA    | 2017-20 |



|              |                    |        |         |
|--------------|--------------------|--------|---------|
| R1709351648  | SHIVANI MITTAL     | BBA    | 2017-20 |
| 170935135004 | ARNIKA CHAUDHARY   | BSC MB | 2017-20 |
| 169359564    | RAJU GAUTAM        | BCA    | 2016-19 |
| 169359116    | MANSI GARG         | BBA    | 2016-19 |
| 170935132045 | SHEETAL TIWARI     | BSC BT | 2017-20 |
| R1709351432  | DEEPIKA GOYAL      | BBA    | 2017-20 |
| 170935135012 | MANORMA DIXIT      | BSC MB | 2017-20 |
| R1709351534  | NIKHIL SIDDHARTH   | BBA    | 2017-20 |
| R1709351580  | PURUSHOTTAM KUMAR  | BBA    | 2017-20 |
| 169359567    | YOGENDRA CHOUDHARY | BCA    | 2016-19 |
| 1593509587   | MANISH KUMAR       | BBA    | 2015-18 |
| R1709351426  | CHANDNI AGARWAL    | BBA    | 2017-20 |
| 1593509014   | ALOK KUMAR RAI     | BCA    | 2015-18 |
| R1709351666  | SNEHA CHAUHAN      | BBA    | 2017-20 |
| 170935132006 | AYUSHI BHARDWAJ    | BSC BT | 2017-20 |
| R1709351686  | TARUN CHAUHAN      | BBA    | 2017-20 |
| 169359265    | UDAI RAJ SINGH     | BBA    | 2016-19 |
| 169359199    | SAIF ALI KHAN      | BBA    | 2016-19 |
| 169356918    | RASHMI KUMARI      | BSC MB | 2016-19 |
| 169353204    | BHARTI SHARMA      | MSC BT | 2016-18 |

Event Coordinator: Ms. Shikha Tyagi & Mr. Dhruv Sharma



Institute of Management Studies, Ghaziabad

Meditation sessions

An event by life Enrichment Programme

Report

|                                      |                               |
|--------------------------------------|-------------------------------|
| Event Name: Meditation Sessions      | Date : 29 Aug- 6 Sept ,2017   |
| Trainer:<br>Mr. Suresh Mishra        | Anchors-<br>1.Aishanya Mehta  |
| For: All the members of IMSUC        | Event Timing: 8:30 Am onwards |
| Number of Participants-200 (approx.) | Venue: IMS Auditorium         |

Meditation has been around since the beginning of mankind. This ancient practice calms the mind and body, relieves stress, and boost brain function. Its health benefits are well-documented. In today's hectic world, students are struggling with the demands of school and personal life. Many times, they end up feeling overwhelmed. External factors, such as social media, peer pressure, and family problems, only make things worse.

Meditating for just a few minutes a day can change your life forever. It's a simple, proven way to relax your senses and find comfort. Regular practice can sharpen your mind, clear doubts, and boost your overall health.

Meditation is not about becoming a different, new or even a better person. It is about mentoring one's own-self towards a healthy lifestyle and tranquil mind. The practice of meditation is lucrative in over-all development of individual and can have a strong influence on brain and personality. The life Enrichment Programme of IMS Ghaziabad, University Courses Campus has organized a Meditation session for the students and faculty on **29 aug- 6 Sept,2017** in Auditorium of IMS Ghaziabad, University Courses Campus from 8:30 Am onwards. Where students learn to rejuvenate and how to generate freshness in such a tiring environment.





**Event Name: Meditation Sessions**

**Date : 29 Aug - 6 Sept ,2017**

**List of attendees:**

|              |                     |        |         |
|--------------|---------------------|--------|---------|
| R1709352277  | RITVIK DAS          | BJMC   | 2017-20 |
| R1709351616  | SANASKRITI GHUGTYAL | BBA    | 2017-20 |
| 169356716    | KAJAL RANA          | BSC BT | 2016-19 |
| 169359005    | ABHISHEK GARG       | BBA    | 2016-19 |
| 169359609    | SHERPAL             | BCA    | 2016-19 |
| R1709351515  | MAYANK REHANI       | BBA    | 2017-20 |
| 1593509093   | SHIVAM TOMAR        | BCA    | 2015-18 |
| 170935132040 | RUPAL KUMARI        | BSC BT | 2017-20 |
| 1593509667   | SHREYA CHAWLA       | BBA    | 2015-18 |
| 169356732    | PRANJAL JOSHI       | BSC BT | 2016-19 |
| 170935132008 | BEENU               | BSC BT | 2017-20 |
| 169359554    | PIARA SINGH         | BCA    | 2016-19 |
| 1593509040   | KANIKA MAHORI       | BCA    | 2015-18 |
| 169359589    | MAYANK SHARMA       | BCA    | 2016-19 |



|              |                       |        |         |
|--------------|-----------------------|--------|---------|
| 170935132036 | RAHUL JHA             | BSC BT | 2017-20 |
| 169359052    | DEEPANSHU SINGH       | BBA    | 2016-19 |
| R1709351748  | ABHINAV PANDEY        | BCA    | 2017-20 |
| 169359042    | ASHUTOSH PRATAP SINGH | BBA    | 2016-19 |
| R1709351460  | HITENDRA PRATAP SINGH | BBA    | 2017-20 |
| 169359131    | MOHD QADIR            | BBA    | 2016-19 |
| R1709351647  | SHIVANGI VERMA        | BBA    | 2017-20 |
| R1709351398  | ANURAG KAPOOR         | BBA    | 2017-20 |
| R1709351447  | HARSH MUNDHRA         | BBA    | 2017-20 |
| 1593502686   | RITIK YADAV           | BSC BT | 2015-18 |
| 1593509512   | ACHAL GUPTA           | BBA    | 2015-18 |
| R1709351843  | PRIYA PARSURAM PURIA  | BCA    | 2017-20 |
| 1593509561   | GAURAV TYAGI          | BBA    | 2015-18 |
| 169359584    | HITESH KUMAR GARG     | BCA    | 2016-19 |
| 169359542    | PRNOBENDU LAHIRI      | BCA    | 2016-19 |
| 170935132042 | SAHIL KUMAR SINGH     | BSC BT | 2017-20 |
| 169359619    | SUNIL KUMAR TYAGI     | BCA    | 2016-19 |
| 169359086    | KALPANA DHAMA         | BBA    | 2016-19 |
| R1709356441  | AARTI                 | MSC BT | 2017-19 |
| 1593502653   | ADITI SRIVASTAVA      | BSC BT | 2015-18 |
| R1709356451  | KM UJALA              | MSC BT | 2017-19 |
| 169359100    | KRATIKA KARNWAL       | BBA    | 2016-19 |
| 169359598    | KAMAL KISHOR MITTAL   | BCA    | 2016-19 |
| R1709351791  | HARSHIT GOEL          | BCA    | 2017-20 |

|             |                    |        |         |
|-------------|--------------------|--------|---------|
| 169356746   | SHWETA             | BSC BT | 2016-19 |
| 169359590   | NAVIN KUMAR GARG   | BCA    | 2016-19 |
| 169359169   | PURVA              | BBA    | 2016-19 |
| 169359270   | VAIBHAV SHARMA     | BBA    | 2016-19 |
| 169359290   | SOURAV TOMER       | BBA    | 2016-19 |
| 169359055   | DHRUV PRATAP SINGH | BBA    | 2016-19 |
| 1593509728  | YASH KUMAR         | BBA    | 2015-18 |
| 169359089   | KAPISH GOUR        | BBA    | 2016-19 |
| 1593501526  | SAVERA YADAV       | BJMC   | 2015-18 |
| 169359014   | AKANKSHA DEEP      | BBA    | 2016-19 |
| R1709351710 | VINITA MAHUR       | BBA    | 2017-20 |
| 1593509653  | SARTHAK GARG       | BBA    | 2015-18 |



|              |                    |        |         |
|--------------|--------------------|--------|---------|
| 169359525    | SURESH KUMAR SINGH | BCA    | 2016-19 |
| R1709351375  | AMAN RAJ           | BBA    | 2017-20 |
| 169359130    | MOHD MUJEEB        | BBA    | 2016-19 |
| 169359185    | RISHABH GOEL       | BBA    | 2016-19 |
| 169356756    | VISHAKHA CHOUDHARY | BSC BT | 2016-19 |
| 1593509078   | RISHABH SONI       | BCA    | 2015-18 |
| 169359552    | JITENDRA           | BCA    | 2016-19 |
| 169351617    | MANDEEP SINGH      | BJMC   | 2016-19 |
| R1709351438  | DIVYA KAPOOR       | BBA    | 2017-20 |
| R1709352253  | BULBUL             | BJMC   | 2017-20 |
| 1593509531   | ANSHUL SHARMA      | BBA    | 2015-18 |
| R1709351562  | PRASHANT RAWAT     | BBA    | 2017-20 |
| 170935132041 | SADAF              | BSC BT | 2017-20 |
| R1709351803  | KESHAV MAKHNOTRA   | BCA    | 2017-20 |
| 170935135022 | SAHIL SHARMA       | BSC MB | 2017-20 |
| R1709351522  | MOHIT SHARMA       | BBA    | 2017-20 |
| R1709351356  | ABHISHEK GOSWAMI   | BBA    | 2017-20 |
| 170935132034 | PREETI BAHUGUNA    | BSC BT | 2017-20 |
| R1709351603  | RITIK SHARMA       | BBA    | 2017-20 |
| 169359240    | SONU SANSKRITI     | BBA    | 2016-19 |
| R1709351825  | NANDINI KAUSHIK    | BCA    | 2017-20 |
| 1593509089   | SHEETAL CHAUDHARY  | BCA    | 2015-18 |
| R1709351741  | AAKASH CHAUHAN     | BCA    | 2017-20 |
| R1709351536  | NISHA SHARMA       | BBA    | 2017-20 |
| R1709351888  | KM SURABHI GUPTA   | BCA    | 2017-20 |
| R1709351516  | MEGHNA TOMAR       | BBA    | 2017-20 |
| R1709351752  | ABHISHEK SENGAR    | BCA    | 2017-20 |
| 169359122    | MAYANK SINGH       | BBA    | 2016-19 |
| 169351611    | HIMANSHU MISHRA    | BJMC   | 2016-19 |

|              |                          |        |         |
|--------------|--------------------------|--------|---------|
| 169359546    | JAIMINI KUMAR SRIVASTAVA | BCA    | 2016-19 |
| 169353206    | HEENA NAAZ               | MSC BT | 2016-18 |
| R1709351865  | SHATAKSHI MISHRA         | BCA    | 2017-20 |
| 1593509060   | PANKAJ SHUKLA            | BCA    | 2015-18 |
| 169353201    | AKANSHA PATHAK           | MSC BT | 2016-18 |
| 170935132030 | PARU BANSAL              | BSC BT | 2017-20 |
| R1709351606  | SACHIN SHARMA            | BBA    | 2017-20 |



|             |                      |        |         |
|-------------|----------------------|--------|---------|
| R1709351665 | SMRITI SINGH         | BBA    | 2017-20 |
| R1709351431 | DEEPANKAR            | BBA    | 2017-20 |
| 1593501512  | JAFAR ABBAS ZAIDI    | BJMC   | 2015-18 |
| 1593509545  | AYUSHI SHARMA        | BBA    | 2015-18 |
| 169359138   | MUZAMMIL ANSARI      | BBA    | 2016-19 |
| R1709351486 | KRISHNA RAJ          | BBA    | 2017-20 |
| R1709352259 | JYOTI RAJPOOT        | BJMC   | 2017-20 |
| R1709351498 | MADHAV GABA          | BBA    | 2017-20 |
| R1709351602 | RITIK AGARWAL        | BBA    | 2017-20 |
| R1709351838 | PRASHANT KUMAR       | BCA    | 2017-20 |
| 1593501522  | RAHUL TANEJA         | BJMC   | 2015-18 |
| R1709351897 | VIKAS SHARMA         | BCA    | 2017-20 |
| 169359134   | MOHIT KUMAR SHARMA   | BBA    | 2016-19 |
| 169359284   | YASH YADAV           | BBA    | 2016-19 |
| R1709351798 | HRITIK CHITKARA      | BCA    | 2017-20 |
| 169356720   | KM. DEEPSHIKHA TOMAR | BSC BT | 2016-19 |
| R1709351595 | RHYTHM GUPTA         | BBA    | 2017-20 |
| 1593509073  | RAMZAN ALI           | BCA    | 2015-18 |
| 169359147   | NIKHIL JAIN          | BBA    | 2016-19 |
| 169359614   | BRAJESH YADAV        | BCA    | 2016-19 |
| 169356901   | ANAS                 | BSC MB | 2016-19 |
| R1709351496 | LAKSHYA              | BBA    | 2017-20 |
| R1709351517 | MILIND TEWATIA       | BBA    | 2017-20 |
| R1709351799 | JASMINE ATWAL        | BCA    | 2017-20 |
| 1593509034  | HIMANSHU SHARMA      | BCA    | 2015-18 |
| 169359278   | VINAY KUMAR          | BBA    | 2016-19 |
| 169359002   | AARUSHI CHUGH        | BBA    | 2016-19 |
| 1593509603  | MUKESH SHISHODIA     | BBA    | 2015-18 |
| R1709351414 | ATUL KUMAR SHARMA    | BBA    | 2017-20 |
| 169359276   | VASU SHARMA          | BBA    | 2016-19 |
| 169359007   | ADITYA PANDEY        | BBA    | 2016-19 |
| 169353217   | SANJANA RAWAT        | MSC BT | 2016-18 |
| 169359627   | SANJEEV BATRA        | BCA    | 2016-19 |
| 1593501527  | SHIVAM TIWARI        | BJMC   | 2015-18 |

|            |                 |     |         |
|------------|-----------------|-----|---------|
| 169359607  | SATYA PAL SINGH | BCA | 2016-19 |
| 1593509666 | SHRADHA CHAUHAN | BBA | 2015-18 |



|              |                    |        |         |
|--------------|--------------------|--------|---------|
| 169359196    | SAGAR BANSAL       | BBA    | 2016-19 |
| 1593509527   | ANCHIT MAHESHWARI  | BBA    | 2015-18 |
| 169359179    | RAVI VISHWAKARMA   | BBA    | 2016-19 |
| 1593509068   | PREETI GAUR        | BCA    | 2015-18 |
| 169359226    | SHREY TOMAR        | BBA    | 2016-19 |
| 169356902    | ANKIT BHARTI       | BSC MB | 2016-19 |
| 1593509021   | AYUSH SHARMA       | BCA    | 2015-18 |
| 169356736    | RISHITA SINGH      | BSC BT | 2016-19 |
| 169359215    | SHIV KRISHNA RAMAN | BBA    | 2016-19 |
| 169359025    | ANKIT KUMAR        | BBA    | 2016-19 |
| 169356733    | PRIYA CHAUDHARY    | BSC BT | 2016-19 |
| 169359150    | NISHA KUMARI       | BBA    | 2016-19 |
| 1593502695   | SHIVANI TALAN      | BSC BT | 2015-18 |
| 1593509617   | POOJA KATYAL       | BBA    | 2015-18 |
| 169359016    | AKASHDEEP TAMTA    | BBA    | 2016-19 |
| 1593501533   | VIKAS KUMAR SHARMA | BJMC   | 2015-18 |
| 169359140    | NAMARATA GUPTA     | BBA    | 2016-19 |
| 169359506    | SANJAY KUMAR SINGH | BCA    | 2016-19 |
| 169359223    | SHIVANG VERMA      | BBA    | 2016-19 |
| 1593509700   | UDIT SINGH         | BBA    | 2015-18 |
| 170935132051 | SWATI TOMAR        | BSC BT | 2017-20 |
| 169359549    | TEJVEER SINGH      | BCA    | 2016-19 |
| R1709352254  | CHODHARY YASHIM    | BJMC   | 2017-20 |
| R1709351475  | KARAN MATTU        | BBA    | 2017-20 |
| 169356915    | MILAN RAGHAV       | BSC MB | 2016-19 |
| 169356731    | NUPUR SAXENA       | BSC BT | 2016-19 |
| 169356903    | ASTHA PANDEY       | BSC MB | 2016-19 |
| 1593509691   | SWETA KAIN         | BBA    | 2015-18 |
| R1709351658  | SHUBHAM YADAV      | BBA    | 2017-20 |
| R1709351845  | RADHIKA GARG       | BCA    | 2017-20 |
| 1593509709   | VAIBHAV AGRAWAL    | BBA    | 2015-18 |
| 169359104    | KUNAL TYAGI        | BBA    | 2016-19 |
| 169351640    | TRIPTI VARUN       | BJMC   | 2016-19 |
| R1709351711  | VIPUL AHLAWAT      | BBA    | 2017-20 |
| 1593502694   | SHIVANI MALIK      | BSC BT | 2015-18 |
| R1709351607  | SACHIN KUMAR SINGH | BBA    | 2017-20 |
| 1593509579   | KRITIKA SHISHODIA  | BBA    | 2015-18 |



|             |                       |        |         |
|-------------|-----------------------|--------|---------|
| 169359287   | YOGESH PAL            | BBA    | 2016-19 |
| 1593509600  | MOHD SUHAIL QURESHI   | BBA    | 2015-18 |
| 169359610   | HARIOM SINGH RAWAL    | BCA    | 2016-19 |
| R1709351744 | ABHAY PRATAP SINGH    | BCA    | 2017-20 |
| R1709351481 | KESHAV AGRAWAL        | BBA    | 2017-20 |
| 1593509648  | SANCHIT GARG          | BBA    | 2015-18 |
| 169356917   | PRIYA RAJ             | BSC MB | 2016-19 |
| 169359050   | CHANDAN KUMAR         | BBA    | 2016-19 |
| 1593509651  | SANJANA YADAV         | BBA    | 2015-18 |
| R1709352264 | KSHITIZ MITTAL        | BJMC   | 2017-20 |
| 169359144   | NEHA CHAUDHARY        | BBA    | 2016-19 |
| R1709351600 | RISHABH GOLCHHA       | BBA    | 2017-20 |
| 169356910   | GAGAN AGARWAL         | BSC MB | 2016-19 |
| 169359119   | MAYANK                | BBA    | 2016-19 |
| 169351641   | TUSHITA SHARMA        | BJMC   | 2016-19 |
| 1593509053  | MONIKA                | BCA    | 2015-18 |
| 1593509580  | KSHITIJ SINGH RATHORE | BBA    | 2015-18 |
| R1709352262 | KAUSHIKI GUPTA        | BJMC   | 2017-20 |
| 1593509690  | SURYA PRATAP SINGH    | BBA    | 2015-18 |
| R1709351372 | AKUL DHAIL            | BBA    | 2017-20 |

Event Coordinator: Ms. Sheela Tyagi & Mr. Dhruv Sharma



Institute of Management Studies, Ghaziabad

ATMARAKSHA

An event by life Enrichment Programme

Report

|                                               |                                                            |
|-----------------------------------------------|------------------------------------------------------------|
| Event Name: Atmaraksha                        | Date : 14 <sup>th</sup> Sept – 19 <sup>th</sup> Sept ,2017 |
| Organizer:<br>Mar al arts and Fitness Academy | Anchor:-<br><br>1. Divyanshi<br>2. Naresh                  |
| For: All the members of IMSUC                 | Event Timing: 2pm-4pm                                      |
| Number of Participants-170 (approx.)          | Venue: IMSUC Ground                                        |

The most important things to do for self-defense are not to take a material arts class or get a gun, but to think like the opposition and know where you are most at risk.

With this IMSUC Ghaziabad conducted Atmaraksha class from 14<sup>th</sup> Sept – 19<sup>th</sup> Sept ,2017 with atmarakshan material art and fitness academy.

The event saw a great response by a large number of enthusiastic students who actively participated in learning the methods of self - defense. They were made to understand the importance of defending themselves at times of need and given out the basics of easy to learn methods of defending themselves.

The event was thoroughly enjoyed by the participants as it provided them with life changing ways to protect themselves.

"A tree never hits an automobile except in self - defense"





List of attendees:

|             |                     |        |         |
|-------------|---------------------|--------|---------|
| 1593509521  | AMAN SHARMA         | BBA    | 2015-18 |
| 169359227   | SHREYA RAKESH       | BBA    | 2016-19 |
| 169353207   | HEENA VERMA         | MSC BT | 2016-18 |
| R1709351851 | RIDAM RASTOGI       | BCA    | 2017-20 |
| R1709351819 | MANVI SINGH         | BCA    | 2017-20 |
| 169359091   | KARAN AGARWAL       | BBA    | 2016-19 |
| 169359017   | AKSHAY SHARMA       | BBA    | 2016-19 |
| R1709351721 | YACHANA SHARMA      | BBA    | 2017-20 |
| 169359562   | RAJIVIR SHARMA      | BCA    | 2016-19 |
| 1593509639  | RAKSHITA SHISHODIA  | BBA    | 2015-18 |
| 1593502659  | DAZY CHAUDHARY      | BSC BT | 2015-18 |
| R1709351555 | PRABHAT SHARMA      | BBA    | 2017-20 |
| 1593509569  | JYOTI AHIRWAR       | BBA    | 2015-18 |
| 169359004   | ABHINEET SINGH NEGI | BBA    | 2016-19 |
| 169359282   | YASH GARG           | BBA    | 2016-19 |
| R1709351899 | VIPIN KUMAR         | BCA    | 2017-20 |
| 1593502691  | SANJEEV SINGH       | RSC BT | 2015-18 |
| 169359023   | AMAN KUMAR SHARMA   | BBA    | 2016-19 |
| 169359175   | RAJAT JINDAL        | BBA    | 2016-19 |



|             |                |     |         |
|-------------|----------------|-----|---------|
| 169359269   | VAIBHAV GARG   | BBA | 2016-19 |
| 169359205   | SANDEEP KAPOOR | BBA | 2016-19 |
| R1709351541 | NIVEDITA SINGH | BBA | 2017-20 |

|              |                       |        |         |
|--------------|-----------------------|--------|---------|
| R1709351757  | AKASH SHARMA          | BCA    | 2017-20 |
| R1709351365  | AGEYA SINGH           | BBA    | 2017-20 |
| R1709351876  | SHUDHANSHU BADAL      | BCA    | 2017-20 |
| 169356726    | MONIKA RAY            | BSC BT | 2016-19 |
| 169359583    | DEVENDRA SINGHAL      | BCA    | 2016-19 |
| 169356750    | SIMRAN VERMA          | BSC BT | 2016-19 |
| 1593509546   | BHAVYA TYAGI          | BBA    | 2015-18 |
| R1709351809  | LAVI TOMAR            | BCA    | 2017-20 |
| 1593509731   | YOGYA MEHROTRA        | BBA    | 2015-18 |
| 169359009    | ADITYA VARSHNEY       | BBA    | 2016-19 |
| 169359247    | SUMIT KUMAR           | BBA    | 2016-19 |
| 169356928    | SIMRAN KAUR BHATT     | BSC MB | 2016-19 |
| R1709351625  | SARTHAK RATHI         | BBA    | 2017-20 |
| R1709351419  | BATOOL ZEHRAL         | BBA    | 2017-20 |
| R1709351707  | VIBHOR JAISWAL        | BBA    | 2017-20 |
| R1709351651  | SHRAYANSH KOHLI       | BBA    | 2017-20 |
| 169356727    | NIKITA CHAUDHARY      | BSC BT | 2016-19 |
| R1709352286  | TANISHQ THAKRAL       | BIMC   | 2017-20 |
| R1709351875  | SHUBHAM CHAUDHARY     | BCA    | 2017-20 |
| R1709351412  | ASTHA SARASWAT        | BBA    | 2017-20 |
| R1709351418  | AYUSHMAN SINGH BISHT  | BBA    | 2017-20 |
| 169359208    | SHAMSHAD ALI          | BBA    | 2016-19 |
| R1709351794  | HARSHITA KAMAL        | BCA    | 2017-20 |
| 170935132010 | DEEPANSHI             | BSC BT | 2017-20 |
| 169359580    | HAKMIN                | BCA    | 2016-19 |
| 170935135007 | DIXA ANAND            | BSC MB | 2017-20 |
| 1593509006   | ABHISHEK SINGH        | BCA    | 2015-18 |
| R1709351782  | DHARAM YOGESH SINGH   | BCA    | 2017-20 |
| 169351638    | SUMIT CHAUHAN         | BIMC   | 2016-19 |
| R1709351591  | RAJEEV KUMAR          | BBA    | 2017-20 |
| 1593509722   | VISHAKHA GUPTA        | BBA    | 2015-18 |
| 1593509686   | SUMIT CHAUDHARY       | BBA    | 2015-18 |
| 169356905    | BHUPENDRA SINGH RAWAT | BSC MB | 2016-19 |
| R1709351693  | UJJAWAL KUMAR         | BBA    | 2017-20 |
| R1709352255  | DANISH HUSAIN         | BIMC   | 2017-20 |
| 1593509104   | TARUSHI JINDAL        | BCA    | 2015-18 |

|              |                     |        |         |
|--------------|---------------------|--------|---------|
| R1709351548  | PARIKSHIT KUMAR     | BBA    | 2017-20 |
| 169359046    | AVANTIKA AGARWAL    | BBA    | 2016-19 |
| 170935132038 | RICHA TEOTIA        | BSC BT | 2017-20 |
| 9352033      | PRIYANKA SINGH      | BSC BT | 2015-18 |
| 1593502682   | PRACHI TEOTIA       | BSC BT | 2015-18 |
| 169356712    | DIKSHA SRIVASTAVA   | BSC BT | 2016-19 |
| R1709351518  | MOHAMMED FAISAL ALI | BBA    | 2017-20 |
| 169351626    | PRIYANKA PANT       | BJMC   | 2016-19 |

|              |                     |        |         |
|--------------|---------------------|--------|---------|
| R1709351504  | MANAV GUPTA         | BBA    | 2017-20 |
| 1593509047   | MANISH SHARMA       | BCA    | 2015-18 |
| R1709351456  | HARSHITA TYAGI      | BBA    | 2017-20 |
| R1709351544  | PALAK SONI          | BBA    | 2017-20 |
| R1709351393  | ANMOL GUPTA         | BBA    | 2017-20 |
| 169359198    | SAHIL TYAGI         | BBA    | 2016-19 |
| 169359586    | UPENDRA MITTAL      | BCA    | 2016-19 |
| 1593502697   | SHUBHANGI RASTOGI   | BSC BT | 2015-18 |
| R1709351429  | DEEPAK KUMAR        | BBA    | 2017-20 |
| R1709356458  | NIKITA              | MSC BT | 2017-19 |
| 169356725    | MITALI TARIKA       | BSC BT | 2016-19 |
| 1593509584   | KUNAL SHARMA        | BBA    | 2015-18 |
| 169359029    | ANUJ KUMAR          | BBA    | 2016-19 |
| 1593509002   | AASHNA KHANNA       | BCA    | 2015-18 |
| 169359231    | SHUBHAM KUMAR       | BBA    | 2016-19 |
| R1709351506  | MANGALAM TIWARI     | BBA    | 2017-20 |
| 169356743    | SHIVANGI            | BSC BT | 2016-19 |
| 1593509086   | SATYAM KUMAR        | BCA    | 2015-18 |
| R1709351547  | PARAS GOEL          | BBA    | 2017-20 |
| 169353211    | KM SHWETA JAIN      | MSC BT | 2016-18 |
| R1709352265  | MARHABA AKHTAR      | BJMC   | 2017-20 |
| 170935132005 | ANJALI OJHA         | BSC BT | 2017-20 |
| 169359115    | MANUL GUPTA         | BBA    | 2016-19 |
| 1593509115   | VISHAL KUMAR RAJ    | BCA    | 2015-18 |
| 169359293    | S M GUFRAN          | BBA    | 2016-19 |
| R1709351530  | NAVDEEP SINGH       | BBA    | 2017-20 |
| 169356741    | SHIKHA TEOTIA       | BSC BT | 2016-19 |
| 169351642    | URVASHI SINGH       | BJMC   | 2016-19 |
| 1593509699   | TUSHAR MITTAL       | BBA    | 2015-18 |
| 170935132054 | VIMANSH KAPOOR      | BSC BT | 2017-20 |
| 169359635    | KISHOR KUMAR SHARMA | BCA    | 2016-19 |



|              |                    |        |         |
|--------------|--------------------|--------|---------|
| R1709351598  | RINI AGARWAL       | BBA    | 2017-20 |
| 170935132018 | Km. MANSI MISHRA   | BSC BT | 2017-20 |
| 1593509542   | AYUSH DAVE         | BBA    | 2015-18 |
| 170935132039 | RISHABH GUPTA      | BSC BT | 2017-20 |
| 169359177    | RAMSUDISHT JHA     | BBA    | 2016-19 |
| 1593509069   | PRIYANSHI PANDEY   | BCA    | 2015-18 |
| R1709351696  | VAIBHAV GUPTA      | BBA    | 2017-20 |
| R1709351623  | SARTHAK AGARWAL    | BBA    | 2017-20 |
| 1593509711   | VAISHALI KHARBANDA | BBA    | 2015-18 |
| 1593509712   | VARDAAN            | BBA    | 2015-18 |
| R1709351892  | VAIBHAV SINGH      | BCA    | 2017-20 |
| R1709351827  | NAVED ALAM         | BCA    | 2017-20 |
| R1709351556  | PRABHU NAVAL       | BBA    | 2017-20 |

|              |                    |        |         |
|--------------|--------------------|--------|---------|
| 169351635    | SONALI DAS         | BIMC   | 2016-19 |
| R1709351413  | ATIN KHAIJURIA     | BBA    | 2017-20 |
| 169356740    | SAVANTA CHAUDHARY  | BSC BT | 2016-19 |
| 169359601    | MUKESH KUMAR       | BCA    | 2016-19 |
| 170935135025 | SHIVANI SHARMA     | BSC MB | 2017-20 |
| R1709351874  | SHOBHA SINGH       | BCA    | 2017-20 |
| 169356926    | SHIKHA PANDEY      | BSC MB | 2016-19 |
| 169359520    | BHANU PRATAP SINGH | BCA    | 2016-19 |
| 169359622    | ANANDI SINGH       | BCA    | 2016-19 |
| 1593509100   | SHUBHAM GOSWAMI    | BCA    | 2015-18 |
| 169359572    | SANJAY MUDGAL      | BCA    | 2016-19 |
| 1593509085   | SANANUL ISLAM      | BCA    | 2015-18 |
| 1593509067   | PRASHANT RATHI     | BCA    | 2015-18 |
| 169359526    | SHAMI KUMAR        | BCA    | 2016-19 |
| R1709351554  | POOJA YADAV        | BBA    | 2017-20 |
| 169359074    | HIMANSHU KUMAR     | BBA    | 2016-19 |
| R1709351725  | YUV RAJ SINGH      | BBA    | 2017-20 |
| R1709351638  | SHASWAT GOYAL      | BBA    | 2017-20 |
| R1709356464  | SUGANDHA GUPTA     | MSC BT | 2017-19 |
| R1709351821  | MAYANK SHARMA      | BCA    | 2017-20 |
| R1709351364  | ADNAN CHAUDHARY    | BBA    | 2017-20 |
| 169359054    | DHRUV TOMAR        | BBA    | 2016-19 |
| R1709356450  | KM PRIYA YADAV     | MSC BT | 2017-19 |
| 169359255    | TANYA CHHABRA      | BBA    | 2016-19 |
| R1709351854  | RISHI OBEROI       | BCA    | 2017-20 |



|              |                        |        |         |
|--------------|------------------------|--------|---------|
| 1593509107   | UPENDRA PANDEY         | BCA    | 2015-18 |
| 1593509510   | ABHISHEK TIWARI        | BBA    | 2015-18 |
| R1709351644  | SHIVAM KUMAR YADAV     | BBA    | 2017-20 |
| R1709351357  | ABHISHEK SHARMA        | BBA    | 2017-20 |
| R1709351575  | PRINCE CHAUDHARY       | BBA    | 2017-20 |
| R1709351462  | INTKHAB ALAM           | BBA    | 2017-20 |
| 170935132049 | SOMI PARVEEN           | BSC BT | 2017-20 |
| R1709351742  | AAKASH BHAASKAR        | BCA    | 2017-20 |
| 169359504    | BUENDRA SINGH TOMER    | BCA    | 2016-19 |
| 169359263    | TUSHAR TYAGI           | BBA    | 2016-19 |
| R1709351637  | SHASHI BHUSHAN         | BBA    | 2017-20 |
| 1593509660   | SHIVAM SHARMA          | BBA    | 2015-18 |
| R1709351503  | MANAV GARG             | BBA    | 2017-20 |
| R1709351380  | AMRISH PANCHAL         | BBA    | 2017-20 |
| 169359267    | UTKARSH AGARWAL        | BBA    | 2016-19 |
| R1709351560  | PRANAV SINGH           | BBA    | 2017-20 |
| 169359150    | MAHIMA ATTREYA         | BBA    | 2016-19 |
| R1709351641  | SHIVAM GAUR            | BBA    | 2017-20 |
| 169351612    | JESSICA KUSHWAHA       | BIMC   | 2016-19 |
| 169350092    | KARAN SHARMA           | BBA    | 2016-19 |
| 1593509503   | ABDUL MUFEZ KHAN       | BBA    | 2015-18 |
| R1709351615  | SAMIKSHA DUA           | BBA    | 2017-20 |
| 1593509528   | ANMOL NAYAK            | BBA    | 2015-18 |
| R1709351866  | SHEETAL CHANDRA        | BCA    | 2017-20 |
| 169359109    | MADHUR GUPTA           | BBA    | 2016-19 |
| 1593509072   | RAJAT KUMAR SRIVASTAVA | BCA    | 2015-18 |
| 169351618    | MANISH JHA             | BIMC   | 2016-19 |
| R1709352282  | SHIVAM BATRA           | BIMC   | 2017-20 |
| 169359124    | MEENAL GIRI            | BBA    | 2016-19 |
| 1593509042   | KAVITA SHARMA          | BCA    | 2015-18 |
| 169353212    | KM PALLAVI             | MSC BT | 2016-18 |
| 1593509642   | RISHABH SHARMA         | BBA    | 2015-18 |
| 169359576    | ARVIND SINGH PAL       | BCA    | 2016-19 |
| R1709356443  | AISHWARYA SINGH        | MSC BT | 2017-19 |
| 170935135001 | ANUSHKA GOEL           | BSC MB | 2017-20 |

Event Coordinator: Ms. Shashi Tyagi & Mr. Dhruv Sharma



**Institute of Management Studies, Ghaziabad**  
**Workshop on Adobe workshop**  
**An event by life Enrichment Programme**  
**Report**

|                                     |                                                          |
|-------------------------------------|----------------------------------------------------------|
| Event Name: Hands on Adobe Workshop | Date : 10 <sup>th</sup> Oct – 11 <sup>th</sup> Oct ,2017 |
| Trainer :<br>Mr. Girish Kumar       | Anchor-<br>1.BatulZehra Ali                              |
| For: All the members of IMSUC       | Event Timing: 2PM -3:30PM                                |
| Number of Participants-60 (approx.) | Venue: Lab no. 02                                        |

To survive this digital and ever-growing era, overall growth and holistic development of the students is the need of the hour, and to ensure the same the Life-skill and Enrichment program of IMS Ghaziabad, University Courses Campus organized a workshop on Adobe Photoshop i.e hands on Adobe photoshop on 10<sup>th</sup> Oct – 11 Oct, 2017. by- Prof. Girish Kumar Singh. The workshop was designed for all the courses. Which helped the students to know the basic editing of pictures, design graphics and to understand how to use Adobe Photoshop for fun as a career opportunity. He explained how to use all the editing tools available in photoshop. It was a great learning experience for all the 60 participants. Overall, the session was interactive and full of functions which will help the students ahead in future.

The formal Vote of thanks was presented by the faculty coordinator, Prof. Sheni/Tyagi and event was graced by eminent faculty members and faculty coordinators, Dhruv sir and Sandhya ma'am.





Event Name: Hands on Adobe Workshop

Date : 10<sup>th</sup> Oct – 11<sup>th</sup> Oct ,2017

List of attendees:

|              |                    |        |         |
|--------------|--------------------|--------|---------|
| 169353212    | KM PALLAVI         | MSC BT | 2016-18 |
| 170935132046 | SHUBHAM SINGHAL    | BSC BT | 2017-20 |
| 169359172    | RAGHAV AGARWAL     | BBA    | 2016-19 |
| R1709351771  | ATAL TIWARI        | BCA    | 2017-20 |
| R1709351577  | PRIYA SINGH        | BBA    | 2017-20 |
| 169359251    | SURBHI RATHI       | BBA    | 2016-19 |
| R1709351781  | DEV KAUSHIK        | BCA    | 2017-20 |
| 1593509513   | ADITYA AGRAWAL     | BBA    | 2015-18 |
| 169351630    | SARTHAK DAS        | BUMC   | 2016-19 |
| 1593509651   | SANJANA YADAV      | BBA    | 2015-18 |
| 169359111    | MAITHILY KEJARIWAL | BBA    | 2016-19 |
| R1709351480  | KAUSHAL SINGH      | BBA    | 2017-20 |
| R1709351758  | ALOK KUMAR MISHRA  | BCA    | 2017-20 |
| R1709351700  | VANSH MEHAN        | BBA    | 2017-20 |
| 169359276    | VASU SHARMA        | BBA    | 2016-19 |
| 169359512    | KAPIL SHARMA       | BCA    | 2016-19 |
| R1709351426  | CHANDNI AGARWAL    | BBA    | 2017-20 |
| 170935132054 | VIMANSH KAPOOR     | BSC BT | 2017-20 |
| 169359235    | SIDDHARTH KAMBOJ   | BBA    | 2016-19 |
| 169351635    | SONALI DAS         | BUMC   | 2016-19 |
| R1709351596  | RHYTHM MITTAL      | BBA    | 2017-20 |
| 170935132029 | NISHU NAGAR        | BSC BT | 2017-20 |
| 169359136    | MUSKAN JAIN        | BBA    | 2016-19 |
| 1593509069   | PRIYANSHI PANDEY   | BCA    | 2015-18 |



|              |                     |        |         |
|--------------|---------------------|--------|---------|
| 1593509709   | VAIBHAV AGRAWAL     | BBA    | 2015-18 |
| R1709351614  | SAMEKSHA GUPTA      | BBA    | 2017-20 |
| 169359598    | KAMAL KISHOR MITTAL | BCA    | 2016-19 |
| 1593502657   | ARCHANA CHAUHAN     | BSC BT | 2015-18 |
| 1593509597   | MOHD DANISH         | BBA    | 2015-18 |
| 1593509631   | RAGHAV CHOPRA       | BBA    | 2015-18 |
| 170935135011 | MAHAMMAD IRFAN      | BSC MB | 2017-20 |
| 170935135006 | DEEPAK KUMAR        | BSC MB | 2017-20 |
| 1593509566   | HARSHIT JAIN        | BBA    | 2015-18 |
| R1709351356  | ABHISHEK GOSWAMI    | BBA    | 2017-20 |
| 169359571    | Haji MD MAHFUJ      | BCA    | 2016-19 |
| 169359574    | MOHD SAGIR          | BCA    | 2016-19 |
| 169353215    | NIKUNJ VASHISTHA    | MSC BT | 2016-18 |
| 169359196    | SAGAR BANSAL        | BBA    | 2016-19 |
| 1593509702   | UJJWALA RANA        | BBA    | 2015-18 |
| 1593501520   | PAYAL CHOUDHURY     | BMC    | 2015-18 |
| 169359108    | LAKSHYA TOMAR       | BBA    | 2016-19 |
| 169359187    | RISHI RAJ GUPTA     | BBA    | 2016-19 |
| 1593509714   | VARSHA SHARMA       | BBA    | 2015-18 |
| R1709351607  | SACHIN KUMAR SINGH  | BBA    | 2017-20 |
| 1593502652   | AANCHAL             | BSC BT | 2015-18 |
| 1593509558   | DURGESH PANDEY      | BBA    | 2015-18 |
| R1709351397  | ANUKRITI PANDEY     | BBA    | 2017-20 |
| 169356926    | SHIKHA PANDEY       | BSC MB | 2016-19 |
| 1593502697   | SHUBHANGI RASTOGI   | BSC BT | 2015-18 |
| R1709351853  | RISHABH SHAHI       | BCA    | 2017-20 |
| 169359069    | HARSH CHAUHAN       | BBA    | 2016-19 |
| R1709356458  | NIKITA              | MSC BT | 2017-19 |
| R1709351428  | DEEKSHA GUPTA       | BBA    | 2017-20 |
| R1709351652  | SHREY GARG          | BBA    | 2017-20 |
| 1593502693   | SHIKHA DHAMA        | BSC BT | 2015-18 |
| R1709351483  | KOMAL GUPTA         | BBA    | 2017-20 |
| 169359206    | SARIKA KUMARI       | BBA    | 2016-19 |
| R1709351710  | VINITA MAHUR        | BBA    | 2017-20 |
| 169359209    | SHATAKSHI           | BBA    | 2016-19 |
| 169359145    | NEHAL JAIN          | BBA    | 2016-19 |

Event Coordinator: Ms. Shekityagi & Mr. Dhruv Sharma



Institute of Management Studies, Ghaziabad  
Yoga sessions Report  
An event by life Enrichment Programme

|                                      |                                                         |
|--------------------------------------|---------------------------------------------------------|
| Event Name: Yoga Sessions            | Date : 10 <sup>th</sup> oct -16 <sup>th</sup> oct ,2017 |
| Trainer:<br>Mr. Alok Singh Chauhan   | Anchor-<br>1.Rashi Rajput                               |
| For: All the members of IMSUC        | Event Timing: 2pm-4pm                                   |
| Number of Participants-160 (approx.) | Venue: IMS Ground                                       |

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind. Yoga postures, Pranayama and meditation are effective techniques to release stress. The session Organized by life Enrichment Programme at 10<sup>th</sup>oct -16<sup>th</sup>oct,2017 . Event started seeking the blessings of the Almighty by chanting the Gayatri Mantra. Asanas starting with warming up and stretching were followed by a series of Padmasana, Sukhasana, Tadasana, BhujangAsana and ending with Shavasana. Exercises for relieving stress, reducing joint pain and enhancing the flexibility of the back were also done for the benefit of the teachers. A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily-in both the body and mind. Yoga postures, Pranayama techniques to release stress. The main aim was to raise awareness and ignite a passion for fitness and yoga among the students and teachers. In the present day when students face stress, tension, fear, etc., simple 'asanas' can help dispel these.





Event Name: Yoga Sessions Date : 10<sup>th</sup> Oct -16<sup>th</sup> Oct ,2017

List of attendees:

|              |                 |        |         |
|--------------|-----------------|--------|---------|
| R1709352261  | KASHISH MITTAL  | BJMC   | 2017-20 |
| 169359286    | YESH MALHOTRA   | BBA    | 2016-19 |
| 169359037    | ARNAV RASTOGI   | BBA    | 2016-19 |
| R1709351850  | RASHMI YADAV    | BCA    | 2017-20 |
| 1593509502   | ABDUL AHAD      | BBA    | 2015-18 |
| 1593509632   | RAGHAV GOEL     | BBA    | 2015-18 |
| R1709351698  | VANI MITTAL     | BBA    | 2017-20 |
| 1593509574   | KAWALJEET KAUR  | BBA    | 2015-18 |
| R1709351599  | RISHABH AGRAWAL | BBA    | 2017-20 |
| 1593509698   | TEZAN RASTOGI   | BBA    | 2015-18 |
| R1709352267  | MOHIT SAINI     | BJMC   | 2017-20 |
| 169350164    | PRANAB BHARDWAJ | BBA    | 2016-19 |
| 170935135017 | MUKUL KUMAR     | BSC MB | 2017-20 |
| 1593509674   | SHUBHAM JAISWAL | BBA    | 2015-18 |
| 169359137    | MUSKAN MEHROTRA | BBA    | 2016-19 |
| 1593509586   | MANISH BHATI    | BBA    | 2015-18 |
| 169359051    | DAKSHI AGARWAL  | BBA    | 2016-19 |
| 1593509708   | UTTAM SHARMA    | BBA    | 2015-18 |

|              |                         |        |         |
|--------------|-------------------------|--------|---------|
| 169351619    | MAYANK TOMAR            | BIMC   | 2016-19 |
| R1709351631  | SHAILVI SINGH           | BBA    | 2017-20 |
| 169359078    | ISHITA BANSAL           | BBA    | 2016-19 |
| 169359126    | MITANSH GUPTA           | BBA    | 2016-19 |
| R1709351881  | SPARSH CHHABRA          | BCA    | 2017-20 |
| 170935132027 | NAMAN KATHERIA          | BSC BT | 2017-20 |
| 169359259    | TANYA TYAGI             | BBA    | 2016-19 |
| 1593509725   | VIVEK MUSRAN            | BBA    | 2015-18 |
| 1593502678   | MOHD HAMID ALI          | BSC BT | 2015-18 |
| 1593509619   | PRAGYA SINGH            | BBA    | 2015-18 |
| 1593509625   | PRIYA GUPTA             | BBA    | 2015-18 |
| 1593501510   | GARIMA (Yadav)          | BIMC   | 2015-18 |
| R1709351387  | ANJULA MITTAL           | BBA    | 2017-20 |
| 169359514    | RAMAQTAR MITTAL         | BCA    | 2016-19 |
| 169359511    | RAJENDRA SINGH KUSHWAHA | BCA    | 2016-19 |
| R1709351834  | PAVISH KASHYAP          | BCA    | 2017-20 |
| R1709351664  | SIMRAN SINGH            | BBA    | 2017-20 |
| R1709351510  | MANSI GARG              | BBA    | 2017-20 |
| 1593509593   | MAYANK PRAKASH          | BBA    | 2015-18 |
| 169353202    | ASHUTOSH                | MSC BT | 2016-18 |
| R1709351682  | SUYASH RASTOGI          | BBA    | 2017-20 |
| R1709351507  | MANI BHARDWAJ           | BBA    | 2017-20 |
| R1709351784  | DIVYANSHU GARG          | BCA    | 2017-20 |
| R1709351858  | ROHAN SINDHU            | BCA    | 2017-20 |
| 169359262    | TUSHAR TITORIA          | BBA    | 2016-19 |
| 1593509676   | SHUBHAM SHARMA          | BBA    | 2015-18 |
| R1709351377  | AMAR PRATAP SHISHODIA   | BBA    | 2017-20 |
| 1593509609   | NIDA                    | BBA    | 2015-18 |
| R1709351704  | VARUN TYAGI             | BBA    | 2017-20 |
| 169359634    | DINESH PATIL            | BCA    | 2016-19 |
| 170935132015 | HEMANT SINGH            | BSC BT | 2017-20 |

|              |                 |        |         |
|--------------|-----------------|--------|---------|
| 169356751    | SOMYA GAUTAM    | BSC BT | 2016-19 |
| 1593509101   | SHUBHAM TALWAR  | BCA    | 2015-18 |
| 170935132013 | DIPALI TIWARI   | BSC BT | 2017-20 |
| 169359003    | ABHAY AGGARWAL  | BBA    | 2016-19 |
| 169359237    | SIMRAN KUMARI   | BBA    | 2016-19 |
| R1709356460  | RUBY SHARMA     | MSC BT | 2017-19 |
| R1709351527  | MUKUL TYAGI     | BBA    | 2017-20 |
| 169359245    | SUDHANSHU GUPTA | BBA    | 2016-19 |
| 1593509573   | KARTIKEY MISHRA | BBA    | 2015-18 |



|              |                    |        |         |
|--------------|--------------------|--------|---------|
| 169359047    | AVIRAL SHUKLA      | BBA    | 2016-19 |
| R1709351773  | AYON NEOGI         | BCA    | 2017-20 |
| 1593509714   | VARSHA SHARMA      | BBA    | 2015-18 |
| 169359272    | VANSHAJ BATRA      | BBA    | 2016-19 |
| 169351633    | SHUBHAM CHAUDHARY  | BJMC   | 2016-19 |
| 170935132021 | MANISHA CHAUDHARY  | BSC BT | 2017-20 |
| 1593509622   | PRINCE GUPTA       | BBA    | 2015-18 |
| 1593509572   | KAPIL SINGH        | BBA    | 2015-18 |
| 1593509024   | DAMINI CHAUHAN     | BCA    | 2015-18 |
| R1709352287  | TANYA AGARWAL      | BJMC   | 2017-20 |
| R1709351629  | SAUMYA SHARMA      | BBA    | 2017-20 |
| R1709351870  | SHIVAM CHAUDHARY   | BCA    | 2017-20 |
| 169359559    | RADHEY RAM ARYA    | BCA    | 2016-19 |
| 1593509540   | AVANTIKA AGARWAL   | BBA    | 2015-18 |
| 169359517    | ANIL JOSHI         | BCA    | 2016-19 |
| 169351637    | SUGANDHA RANA      | BJMC   | 2016-19 |
| R1709351901  | WILSON MASIH       | BCA    | 2017-20 |
| R1709351702  | VANSHIKA GUPTA     | BBA    | 2017-20 |
| R1709351367  | AJAY CHAUHAN       | BBA    | 2017-20 |
| 169359034    | ANUSHA TYAGI       | BBA    | 2016-19 |
| 1593509015   | KM ANJALI CHAUHAN  | BCA    | 2015-18 |
| R1709351688  | TEJASVI DIXIT      | BBA    | 2017-20 |
| 169359128    | MOHAMMAD OMAN KHAN | BBA    | 2016-19 |
| 1593509011   | AKSHAT SHARMA      | BCA    | 2015-18 |
| 1593509530   | ANSHEKA JAIN       | BBA    | 2015-18 |
| 1593509108   | URVASHI SHISHODIA  | BCA    | 2015-18 |
| 1593509620   | PRAKHAR GOEL       | BBA    | 2015-18 |
| 1593509041   | KANIKA SISODIA     | BCA    | 2015-18 |
| R1709351511  | MANSI PRAKASH      | BBA    | 2017-20 |
| 169359633    | NAWIN KUMAR        | BCA    | 2016-19 |
| R1709351610  | SAKSHAM AGARWAL    | BBA    | 2017-20 |

|              |                      |        |         |
|--------------|----------------------|--------|---------|
| 1593509656   | SHAILESH TRIPATHI    | BBA    | 2015-18 |
| R1709351640  | SHEFALI SHARMA       | BBA    | 2017-20 |
| R1709351781  | DEV KAUSHIK          | BCA    | 2017-20 |
| 170935132052 | UJJAWAL PRATAP SINGH | BSC BT | 2017-20 |
| 169359039    | ASHISH CHAUDHARY     | BBA    | 2016-19 |
| 1593509044   | KRATIKA SINGH        | BCA    | 2015-18 |
| R1709351514  | MAYANK GARG          | BBA    | 2017-20 |
| 169359206    | SARIKA KUMARI        | BBA    | 2016-19 |
| 1593509043   | KAVYA AGARWAL        | BCA    | 2015-18 |



|              |                   |        |         |
|--------------|-------------------|--------|---------|
| 169356921    | RITIKA GUPTA      | BSC MB | 2016-19 |
| 1593509578   | KRISHAN GOEL      | BBA    | 2015-18 |
| R1709351540  | NITIN SHARMA      | BBA    | 2017-20 |
| R1709351700  | VANSH MEHAN       | BBA    | 2017-20 |
| 1593509629   | RACHIT SRIVASTAVA | BBA    | 2015-18 |
| R1709351573  | PREETI VERMA      | BBA    | 2017-20 |
| R1709351817  | MANISHA SINGH     | BCA    | 2017-20 |
| 169359535    | VIRENDER TOMER    | BCA    | 2016-19 |
| 169353216    | POOJA SHARMA      | MSC BT | 2016-18 |
| 169359062    | FARHANA PERVEEN   | BBA    | 2016-19 |
| 1593509616   | POOJA DHINGRA     | BBA    | 2015-18 |
| R1709351635  | SHASHANK VARSHNEY | BBA    | 2017-20 |
| 169359189    | RIYA AGARWAL      | BBA    | 2016-19 |
| 169356925    | SHAILLY SHARMA    | BSC MB | 2016-19 |
| R1709352290  | VIKAS SACHDEVA    | BJMC   | 2017-20 |
| 169359606    | MUKESH KUMAR JAIN | BCA    | 2016-19 |
| 169359073    | HIMANSHU BHARDWAJ | BBA    | 2016-19 |
| 169359592    | SUNIL BAJAJ       | BCA    | 2016-19 |
| 1593509670   | SHUBHAM           | BBA    | 2015-18 |
| 169359578    | MEGHRAJ MITTAL    | BCA    | 2016-19 |
| 169359149    | NILISHA REGIS     | BBA    | 2016-19 |
| R1709351776  | BRJESH DAMANI     | BCA    | 2017-20 |
| 1593501524   | ROHIT KUMAR SINGH | BJMC   | 2015-18 |
| 1593509605   | NEELAM PACHAURI   | BBA    | 2015-18 |
| 1593509592   | MAYANK KUMAR      | BBA    | 2015-18 |
| 169359626    | RAJESH GUPTA      | BCA    | 2016-19 |
| 169356707    | ARCHITA SINGH     | BSC BT | 2016-19 |
| R1709351403  | ARJUN CHITKARA    | BBA    | 2017-20 |
| R1709351449  | HARSH VARDHAN     | BBA    | 2017-20 |
| R1709351812  | MAMTA KUMARI      | BCA    | 2017-20 |
| 1593509659   | SHIVAM CHOUDHARY  | BBA    | 2015-18 |
| R1709351778  | DEEPAK            | BCA    | 2017-20 |
| 170935132046 | SHUBHAM SINGHAL   | BSC BT | 2017-20 |
| R1709351604  | RITIKA SHARMA     | BBA    | 2017-20 |
| 169356927    | SHIVAM CHAUDHARY  | BSC MB | 2016-19 |
| R1709351505  | MANAV KAPOOR      | BBA    | 2017-20 |
| R1709351836  | PRANAV BHARDWAJ   | BCA    | 2017-20 |
| 169359529    | INDU SHEKHAR JHA  | BCA    | 2016-19 |
| R1709351578  | PRIYANSH CHAUHAN  | BBA    | 2017-20 |
| 169359099    | KOMAL SINGHAL     | BBA    | 2016-19 |
| 1593509511   | ABHISHEK TYAGI    | BBA    | 2015-18 |

|             |                   |        |         |
|-------------|-------------------|--------|---------|
| 1593509591  | MANYA BAHRANI     | BBA    | 2015-18 |
| 1593509522  | AMAR RAJ          | BBA    | 2015-18 |
| R1709351361 | ADESH KUMAR TYAGI | BBA    | 2017-20 |
| R1709351435 | HARSHITA GOEL     | BBA    | 2017-20 |
| 169359117   | MANVI VISHNOI     | BBA    | 2016-19 |
| 1593501684  | PRIYA SAINI       | BSC BT | 2015-18 |
| R1709351567 | PRATHAM JAIN      | BBA    | 2017-20 |
| R1709351699 | VANSH GARG        | BBA    | 2017-20 |
| R1709351887 | SUMIT YADAV       | BCA    | 2017-20 |
| 169359257   | TANYA DWIVEDI     | BBA    | 2016-19 |
| 169351605   | DEEPANKAR SHUKLA  | B/MC   | 2016-19 |

Event Coordinator: Ms.  Tyagi & Mr.  Dhruv Sharma



Institute of Management Studies, Ghaziabad

PHOTOGRAPHY TRAINING PROGRAM

An event by life Enrichment Programme

|                                              |                                                               |
|----------------------------------------------|---------------------------------------------------------------|
| Event Name: Photography Workshop             | Date & Day: 15 <sup>th</sup> Nov – 16 <sup>th</sup> Nov, 2017 |
| Guest / Trainer Name: Mr. Girish Kumar Singh | Designation / Organization: IMSUC                             |
| Topic: Photography Workshop                  | Schedule Timing: 3 PM onwards                                 |
| Number of Students: 80                       | Venue: Auditorium                                             |
| Budget Approved: –                           | Total Expenditure: Nil                                        |

**Summary of the Event:** To survive this digital and ever growing era, overall growth and holistic development of the students is the need of the hour, and to ensure the same by Life Enrichment Programme of IMS Ghaziabad, University Courses Campus organized a General Photograph Workshop 'The Ultimate Wild' by a renowned wildlife photographer Mr. Girish Kumar Singh, a fiery artistic soul with a very pragmatic approach towards life following his passion.

The workshop was commenced by the kind words of wisdom of the director of the institute and the introduction of guest by the student coordinator. Mr. Girish talked in length about his expeditions and experience during shoots in the wild. Sir also gave insights on the use of appropriate light and use of editing tools for photo enhancement.

The formal Vote of thanks was presented by the faculty coordinator, Prof. Shenki Tyagi and event was graced by eminent faculty members and faculty coordinators, Dhruv sir and Sandhya ma'am.

**Learning Outcome:** During this time of global pandemic where the utility of a student is threatened, various time to time activities that enrolls them play a key role for survival of their talent and strength. The students enjoyed the recreational workshop and learned the basic camera handling and wildlife photography skills.



Event Name: Photography Workshop

Date & Day: 13<sup>th</sup> Nov – 16<sup>th</sup> Nov, 2017



List of attendees:

|              |                      |        |         |
|--------------|----------------------|--------|---------|
| R1709351899  | VIPIN KUMAR          | BCA    | 2017-20 |
| 169359612    | ABDUL QAADIR         | BCA    | 2016-19 |
| 170935135010 | KM PREETI YADAV      | BSC MB | 2017-20 |
| 1593509521   | AMAN SHARMA          | BBA    | 2015-18 |
| 169356751    | SOMYA GAUTAM         | BSC BT | 2016-19 |
| 1593501515   | MANISH KUMAR         | BIMC   | 2015-18 |
| R1709351890  | TANYA BHARDWAJ       | BCA    | 2017-20 |
| 169359087    | KANIKA GOEL          | BBA    | 2016-19 |
| 169359548    | GYANENDER SINGH BANA | BCA    | 2016-19 |
| R1709352275  | PULKIT MODI          | BIMC   | 2017-20 |
| 1593509544   | KM AYUSHI            | BBA    | 2015-18 |
| 1593509576   | KHADEEJA NAFEEES     | BBA    | 2015-18 |

|            |                  |     |         |
|------------|------------------|-----|---------|
| 169359008  | ADITYA SHISHODIA | BBA | 2016-19 |
| 169359633  | NAWIN KUMAR      | BCA | 2016-19 |
| 169359104  | KUNAL TYAGI      | BBA | 2016-19 |
| 1593509660 | SHIVAM SHARMA    | BBA | 2015-18 |

|              |                  |        |         |
|--------------|------------------|--------|---------|
| 169359016    | AKASHDEEP TAMTA  | BBA    | 2016-19 |
| R1709351515  | MAYANK REHANI    | BBA    | 2017-20 |
| 169351637    | MANDEEP SINGH    | BJMC   | 2016-19 |
| 1593509520   | AKSHAT AGRAWAL   | BBA    | 2015-18 |
| R1709351832  | PARTH SHARMA     | BCA    | 2017-20 |
| R1709351419  | BATOOL ZEHRU ALI | BBA    | 2017-20 |
| R1709351568  | PRATIK KUMAR     | BBA    | 2017-20 |
| R1709351861  | SAGAR SHARMA     | BCA    | 2017-20 |
| 170935135003 | APARNA SHARMA    | BSC MB | 2017-20 |
| 1593509593   | MAYANK PRAKASH   | BBA    | 2015-18 |
| 169359106    | LAKSHAY MITTAL   | BBA    | 2016-19 |
| R1709351533  | NIKHIL ARORA     | BBA    | 2017-20 |
| 169356714    | HIMANI SINGH     | BSC BT | 2016-19 |
| 1593509653   | SARTHAK GARG     | BBA    | 2015-18 |

Event Coordinator: Ms. Shikha Tyagi & Mr. Dhruv Sharma



Institute of Management Studies, Ghaziabad  
Meditation sessions  
An event by Life Enrichment Programme  
Report

|                                              |                                      |
|----------------------------------------------|--------------------------------------|
| Event Name: <b>Meditation Sessions</b>       | Date : 4 Dec to 11 Dec ,2017         |
| Trainer:<br><b>Mr. Suresh Mishra</b>         | Anchor-<br><b>1.Prashant kumar</b>   |
| For: <b>All the members of IMSUC</b>         | Event Timing: <b>8:30 Am onwards</b> |
| Number of Participants- <b>200 (approx.)</b> | Venue: <b>IMS Auditorium</b>         |

Meditation has been around since the beginning of mankind. This ancient practice calms the mind and body, relieves stress, and boost brain function. Its health benefits are well-documented. In today's hectic world, students are struggling with the demands of school and personal life. Many times, they end up feeling overwhelmed. External factors, such as social media, peer pressure, and family problems, only make things worse.

Meditating for just a few minutes a day can change your life forever. It's a simple, proven way to relax your senses and find comfort. Regular practice can sharpen your mind, clear doubts, and boost your overall health.

Meditation is not about becoming a different, new or even a better person. It is about mentoring one's own-self towards a healthy lifestyle and tranquil mind. The practice of meditation is lucrative in over-all development of individual and can have a strong influence on brain and personality. The Life Enrichment Programme of IMS Ghaziabad, University Courses Campus is organizing a Meditation session for the students and faculty on **4 Dec to 11 Dec, 2017** in Auditorium of IMS Ghaziabad, University Courses Campus from 8:30 Am onwards. Where students learn to rejuvenate and how to generate freshness in such a tiring environment.





Event : Meditation

Date : 4th Dec - 11<sup>th</sup> Dec 2017

List of attendees:

|             |                           |     |         |
|-------------|---------------------------|-----|---------|
| R1709351683 | TABISH ZAIDI              | BBA | 2017-20 |
| 169359528   | PAWAN KUMAR JAIN          | BCA | 2016-19 |
| 169359224   | SHIVANSHU BHASKAR         | BBA | 2016-19 |
| 169359008   | ADITYA SHISHODIA          | BBA | 2016-19 |
| R1709351415 | AYUSH JAIN                | BBA | 2017-20 |
| R1709351726 | YUVRAJ CHANDRAMAULI SINGH | BBA | 2017-20 |
| 1593509550  | CHARU SINGH               | BBA | 2015-18 |
| 1593509548  | BUNTY YADAV               | BBA | 2015-18 |
| 1593509037  | KAJAL RANA                | BCA | 2015-18 |
| R1709351577 | PRIYA SINGH               | BBA | 2017-20 |
| 1593509116  | VISHAL TYAGI              | BCA | 2015-18 |
| 1593509684  | SONIA                     | BBA | 2015-18 |
| 169359011   | AJAY SIROHI               | BBA | 2016-19 |
| 1593509695  | TANYA BATRA               | BBA | 2015-18 |
| 169359534   | RAJESH SHARMA             | BCA | 2016-19 |

|              |                          |        |         |
|--------------|--------------------------|--------|---------|
| R1709351421  | BHAVIKA VAISH            | BBA    | 2017-20 |
| 169356748    | SIMRAN RANA              | BSC BT | 2016-19 |
| R1709351553  | PIYUSH SINGH SENGAR      | BBA    | 2017-20 |
| 1593502665   | KHUSHBOO YADAV           | BSC BT | 2015-18 |
| R1709351869  | SHIVAM BANSAL            | BCA    | 2017-20 |
| R1709351680  | SURYA PRATAP SINGH       | BBA    | 2017-20 |
| 1593509581   | KSHITIJ VISHNOI          | BBA    | 2015-18 |
| 170935132007 | BABITA JANA              | BSC BT | 2017-20 |
| R1709351694  | UJJWAL SHARMA            | BBA    | 2017-20 |
| 169356714    | HIMANI SINGH             | BSC BT | 2016-19 |
| R1709351609  | SAGOLSEM BENJAMIN SINGH  | BBA    | 2017-20 |
| 169359159    | POOJA DALANIA            | BBA    | 2016-19 |
| R1709351488  | KSHITIJ AGARWAL          | BBA    | 2017-20 |
| 1593509539   | ASHISH GOEL              | BBA    | 2015-18 |
| R1709351584  | RAGHAV GOEL              | BBA    | 2017-20 |
| 169359574    | MOHD SAGIR               | BCA    | 2016-19 |
| 1593509723   | VISHAKHA MATHUR          | BBA    | 2015-18 |
| R1709351789  | HARSH                    | BCA    | 2017-20 |
| R1709351657  | SHUBHAM KUMAR            | BBA    | 2017-20 |
| R1709351351  | AADHYA JAIN              | BBA    | 2017-20 |
| 1593509627   | PURUSHOTTAM KUMAR BANSAL | BBA    | 2015-18 |
| 169359624    | ANOOP AGARWAL            | BCA    | 2016-19 |
| 170935132033 | POOJA TIWARI             | BSC BT | 2017-20 |
| 169359510    | DEVENDRA KUMAR SHARMA    | BCA    | 2016-19 |
| 1593501520   | PAYAL CHOUDHURY          | B/MC   | 2015-18 |
| 169359243    | SPARSH CHHABRA           | BBA    | 2016-19 |
| R1709351434  | DHANANJAY MAAN           | BBA    | 2017-20 |
| R1709351611  | SAKSHI AGARWAL           | BBA    | 2017-20 |
| 1593509719   | VIKRANT VARSHNEY         | BBA    | 2015-18 |
| R1709351537  | NISHANT SHISHODIA        | BBA    | 2017-20 |
| R1709351532  | NEHA SINGH               | BBA    | 2017-20 |
| 1593502656   | ANJALI SINGH             | BSC BT | 2015-18 |
| 1593509080   | RUDRA SHARMA             | BCA    | 2015-18 |
| 169351624    | PRASHANT KUMAR           | B/MC   | 2016-19 |
| 1593509721   | VIPLAV KUMAR             | BBA    | 2015-18 |
| 169359515    | NARESH CHAND SHARMA      | BCA    | 2016-19 |
| 169359569    | CHANDER SEN              | BCA    | 2016-19 |
| R1709351559  | PRAKRITI GOEL            | BBA    | 2017-20 |
| R1709351645  | SHIVANG SAHANI           | BBA    | 2017-20 |



|              |                        |        |         |
|--------------|------------------------|--------|---------|
| 1593509727   | VIVEK TYAGI            | BBA    | 2015-18 |
| 1593509557   | DIVYESH VERMA          | BBA    | 2015-18 |
| 1593509051   | MEGHA SHARMA           | BCA    | 2015-18 |
| R1709351508  | MANIK VARSHNEY         | BBA    | 2017-20 |
| R1709351713  | VISHAL SINGH           | BBA    | 2017-20 |
| 169356930    | SUMIT KUMAR SHARMA     | BSC MB | 2016-19 |
| R1709351871  | SHIVAM KUMAR SAXENA    | BCA    | 2017-20 |
| R1709351433  | DEVANK SHARMA          | BBA    | 2017-20 |
| 170935135030 | VISHAKHA AHALAWAT      | BSC MB | 2017-20 |
| 169359604    | SIYAPAL SINGH          | BCA    | 2016-19 |
| 169359230    | SHUBHAM GAUR           | BBA    | 2016-19 |
| 1593509538   | ASHI GARG              | BBA    | 2015-18 |
| 169351628    | SALONI GARG            | BIMC   | 2016-19 |
| 169359281    | VISHAL SHARMA          | BBA    | 2016-19 |
| R1709351852  | RISHABH BHATNAGAR      | BCA    | 2017-20 |
| 1593502673   | KM. REETU PAL          | BSC BT | 2015-18 |
| 169356711    | DEV RAJAN YADAV        | BSC BT | 2016-19 |
| 1593509046   | MANISH KUMAR JHA       | BCA    | 2015-18 |
| 169359553    | GYANENDRA KUMAR VERMA  | BCA    | 2016-19 |
| R1709352260  | KARAN YADAV            | BIMC   | 2017-20 |
| 170935132025 | MUSKAN KHANDLWAL       | BSC BT | 2017-20 |
| R1709351407  | ARSHAD CHAUDHRY        | BBA    | 2017-20 |
| 169359113    | MANISH KUMAR           | BBA    | 2016-19 |
| 170935135015 | MOHD RAHEES KHAN       | BSC MB | 2017-20 |
| 169359101    | KRITI JAIN             | BBA    | 2016-19 |
| 169356728    | NIKITA SHARMA          | BSC BT | 2016-19 |
| 169359210    | SHEKHAR VERMA          | BBA    | 2016-19 |
| R1709351535  | NIKITA KUMARI JAISWAL  | BBA    | 2017-20 |
| 169359617    | VIBHASH KUMAR          | BCA    | 2016-19 |
| 170935132012 | DHRUV GARG             | BSC BT | 2017-20 |
| 1593509517   | AKASH YADAV            | BBA    | 2015-18 |
| R1709351848  | RAJENDER KUMAR SAMI    | BCA    | 2017-20 |
| 1593509589   | MANISH KUMAR DWIVEDI   | BBA    | 2015-18 |
| R1709351485  | KOUSHIKI SHARMA        | BBA    | 2017-20 |
| R1709351457  | HIMANSHU KASHYAP       | BBA    | 2017-20 |
| 1593509059   | PALLAK GARG            | BCA    | 2015-18 |
| 1593509505   | ABHISHEK BHATTACHARJEE | BBA    | 2015-18 |
| 169359178    | RASHI GUPTA            | BBA    | 2016-19 |
| 1593509631   | RAGHAV CHOPRA          | BBA    | 2015-18 |
| 169359292    | ANMOL ATRISH           | BBA    | 2016-19 |
| 169359027    | ANSH BHATIA            | BBA    | 2016-19 |



|              |                       |        |         |
|--------------|-----------------------|--------|---------|
| R1709351779  | DEEPAK KUMAR KASHYAP  | BCA    | 2017-20 |
| 169359541    | ASIT KUMAR            | BCA    | 2016-19 |
| R1709352268  | MOHIT SHARMA          | BJMC   | 2017-20 |
| R1709351533  | NIKHIL ARORA          | BBA    | 2017-20 |
| 1593509703   | UPKAR KHOSLA          | BBA    | 2015-18 |
| 169356755    | VUJAY KUMAR           | BSC BT | 2016-19 |
| 1593502701   | VARUN CHAUDHARY       | BSC BT | 2015-18 |
| 169356705    | ANKUR PANDEY          | BSC BT | 2016-19 |
| 170935135010 | KM PREETI YADAV       | BSC MB | 2017-20 |
| R1709351808  | SAGAR SRIVASTAVA      | BBA    | 2017-20 |
| 1593509604   | NAKUL SIROHI          | BBA    | 2015-18 |
| 170935135029 | VIKASH KUMAR          | BSC MB | 2017-20 |
| R1709351587  | RAHUL GUPTA           | BBA    | 2017-20 |
| 1593509658   | SHITIJ TYAGI          | BBA    | 2015-18 |
| 169359114    | MANISHA RAWAT         | BBA    | 2016-19 |
| 1593509065   | PRAJWALDEEP SINGH     | BCA    | 2015-18 |
| 170935135018 | NABEELA AKHTAR        | BSC MB | 2017-20 |
| 1593509009   | AKASH SAHANI          | BCA    | 2015-18 |
| 169359103    | KUNAL BHAKTA          | BBA    | 2016-19 |
| 1593509730   | YOGESH VERMA          | BBA    | 2015-18 |
| 1593502667   | KM AAKIRTI NAGAR      | BSC BT | 2015-18 |
| R1709351743  | AASTHA GUPTA          | BCA    | 2017-20 |
| 1593509509   | ABHISHEK MISHRA       | BBA    | 2015-18 |
| R1709351672  | SPARSH GOEL           | BBA    | 2017-20 |
| R1709351359  | ABHISHEK KUMAR TIWARI | BBA    | 2017-20 |
| 1593509520   | AKSHAT AGRAWAL        | BBA    | 2015-18 |
| 169359248    | SUMIT TEOTIA          | BBA    | 2016-19 |
| R1709351476  | KARTIK CHOUDHARY      | BBA    | 2017-20 |
| 170935132019 | LOVELY RANI           | BSC BT | 2017-20 |
| R1709351660  | SHYAM SUNDER YADAV    | BBA    | 2017-20 |
| 1593501514   | KARTIKEY CHAWHAN      | BJMC   | 2015-18 |
| 169351644    | VARNIKA MALGURI       | BJMC   | 2016-19 |
| 169359105    | LAKSHAY JHURIA        | BBA    | 2016-19 |
| 1593501507   | KM ASHA               | BJMC   | 2015-18 |
| 169359123    | MD SAHIR              | BBA    | 2016-19 |
| R1709351687  | TARUNA YADAV          | BBA    | 2017-20 |
| R1709351636  | SHASHANK SHEKHAR      | BBA    | 2017-20 |
| 169359111    | MAITHILY KEJARIWAL    | BBA    | 2016-19 |
| 1593509563   | HARDIK SETHI          | BBA    | 2015-18 |
| 169359516    | SUNIL KUMAR PANDEY    | BCA    | 2016-19 |



|              |                     |        |         |
|--------------|---------------------|--------|---------|
| R1709351601  | RISHAV SHARMA       | BBA    | 2017-20 |
| R1709351420  | BHARTI SINGHAL      | BBA    | 2017-20 |
| R1709041821  | YUGANSHI BHATNAGAR  | BCA    | 2017-20 |
| 169359152    | NITESH KUMAR SHARMA | BBA    | 2016-19 |
| 169359088    | KANTH TANEJA        | BBA    | 2016-19 |
| 169359545    | GOVIND MISHRA       | BCA    | 2016-19 |
| 169359158    | PEEYUSH KANSAL      | BBA    | 2016-19 |
| 170935132044 | SAVITA RANI         | BSC BT | 2017-20 |
| 1593502690   | SAMREEN KHAN        | BSC BT | 2015-18 |
| 169359040    | ASHISH KUMAR        | BBA    | 2016-19 |
| 1593502657   | ARCHANA CHAUHAN     | BSC BT | 2015-18 |
| 169359238    | SONALI JAISWAL      | BBA    | 2016-19 |
| R1709351585  | RAGHAV MISHRA       | BBA    | 2017-20 |
| 169359125    | MEGHA GABA          | BBA    | 2016-19 |
| 1593509560   | DUSHYANT KUMAR      | BBA    | 2015-18 |
| 169351629    | SANKET NARANG       | BJMC   | 2016-19 |
| R1709351464  | ISHIKA PARASHAR     | BBA    | 2017-20 |
| R1709351358  | ABHISHEK TOMAR      | BBA    | 2017-20 |
| R1709351368  | AKASH BAIDYA        | BBA    | 2017-20 |
| R1709351762  | AMANDEEP JUNEJA     | BCA    | 2017-20 |
| 169359275    | VARUN KUMAR CHECHI  | BBA    | 2016-19 |
| R1709351902  | YUGAM SHARMA        | BCA    | 2017-20 |
| 169359174    | RAHUL SEHGAL        | BBA    | 2016-19 |
| R1709351896  | VIKAS CHAUHAN       | BCA    | 2017-20 |
| R1709351884  | SUDHEER KUMAR       | BCA    | 2017-20 |
| 1593509570   | KALPANA RAI         | BBA    | 2015-18 |
| 1593501506   | ANKIT               | BJMC   | 2015-18 |
| 169359623    | YASH PAL KHANNA     | BCA    | 2016-19 |
| 1593509607   | NEHA GOYAL          | BBA    | 2015-18 |
| 169359597    | KESHAV SHARMA       | BCA    | 2016-19 |
| 1593509713   | VARDAN SINGHAL      | BBA    | 2015-18 |
| 1593509057   | NISHANT KUMAR VERMA | BCA    | 2015-18 |
| R1709351837  | PRANJAL SINGH       | BCA    | 2017-20 |
| R1709352288  | TANYA SINGH         | BJMC   | 2017-20 |
| 169353218    | SHIKHA SINHA        | MSC BT | 2016-18 |
| 169359563    | BHEEM RAO           | BCA    | 2016-19 |
| R1709351895  | VASU PARASHAR       | BCA    | 2017-20 |
| 169359274    | VARUN GOEL          | BBA    | 2016-19 |
| R1709351670  | SOMYA GOYAL         | BBA    | 2017-20 |
| 1593509634   | RAHUL SHAKYA        | BBA    | 2015-18 |



|             |                     |      |         |
|-------------|---------------------|------|---------|
| 1593509519  | AKRITI MOHAN        | BBA  | 2015-18 |
| R1709351862 | SAHIL KUMAR         | BCA  | 2017-20 |
| 169359557   | TRILOK CHAND SHARMA | BCA  | 2016-19 |
| 1593509099  | SHUBHAM GOEL        | BCA  | 2015-18 |
| 1593501509  | DEEPANSHI BORA      | BJMC | 2015-18 |

Event Coordinator: Ms. Shekityagi & Mr. Dhruv Sharma

